BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

Latest highlights (14 - 20 Jan)

- A study published in BMJ Sexual & Reproductive Health on first times sex made international headlines, including The Guardian, The International Business Times and Marie Claire.

- Research published in The BMJ on the links between a common genetic disorder and other conditions was picked up by Radio 4 Today, The Times and CNN.

- A study in The BMJ on inappropriate prescribing of antibiotics in the US generated extensive coverage, including Daily Mail, Bustle and WIRED.

- A paper published in BMJ Case Reports on a woman swallowing a plastic packet of tablets was picked up by The Guardian, The Daily Mail and The Times.

PRESS RELEASES

The BMJ | BMJ Sexual & Reproductive Health | Journal of Epidemiology & Community Health

OTHER COVERAGE

The BMJ
Annals of the Rheumatic Diseases | Archives of Disease in Childhood
BMJ Case Reports | BMJ Global Health
BMJ Open | BMJ Open Diabetes Research & Care
BMJ Open Science & Exercise Medicine | BMJ Quality & Safety
BMJ Supportive & Palliative Care | British Journal of Sports Medicine
Drug and Therapeutics Bulletin | Emergency Medicine Journal
Journal of Investigative Medicine | Journal of Medical Ethics
Journal of NeuroInterventional Surgery | Journal of Neurology, Neurosurgery & Psychiatry
Journal of the Royal Army Medical Corps | Occupational & Environmental Medicine
Practical Neurology | Thorax
Trauma Surgery & Acute Care Open | Vet Record

This Pongal, make ‘kolams’ with colours from discarded flowers (The BMJ awards 2018)
The BMJ

Research: Financial interests of patient organisations contributing to health technology assessment at England’s National Institute for Health and Care Excellence: policy review

Patient groups assessing NHS drugs receive undeclared industry funds  The Guardian 17/01/2019
Financial interests common in patient reps on NICE appraisal  OnMedica 17/01/2019
Two thirds of patient groups assessing drugs and treatments for use on the NHS receive undeclared money from manufacturers, study reveals  Daily Mail 17/01/2019

Also in: Pharma Technology Focus, BrightSurf, Medical Xpress, National Health Executive, Medibulletin, Medical Health News, National Health Executive, Mogaz News, WorldPRONews, AuntMinnieEurope, Brinkwire, Health Medicine Network

Research: Common conditions associated with hereditary haemochromatosis genetic variants: cohort study in UK Biobank

The UK’s most common genetic disorder has been found to cause serious health problems in far more patients than previously thought  BBC Radio 4 Today 17/01/2019 (1:05:30 - 1:06:35)
Test for hidden liver cancer risk, NHS urged  The Times 17/01/2019
'Stealth condition' found to multiply risk of cancer and chronic conditions, study reveals  CNN 17/01/2019


Research: Appropriateness of outpatient antibiotic prescribing among privately insured US patients: ICD-10-CM based cross sectional study

Almost a QUARTER of antibiotic prescriptions are unnecessary: One in 6 adults received drugs they didn’t need in 2016 - driving us towards antibiotic resistance  Daily Mail 16/01/2019
ANTIBIOTICS ARE FAILING US. CRISPR IS OUR GLIMMER OF HOPE  WIRED 16/01/2019
25% Of Antibiotic Prescriptions May Not Be Necessary, According To A New Study, & Here’s Why That Matters  Bustle 17/01/2019


**Other coverage for The BMJ**

*Medway hospital admits childbirth swab left in woman* BBC News 14/01/2019
*Typhoid test to worry about* The Citizen 14/01/2019
*Dr Miriam: It's vital that doctors talk to a patient's family* Mirror 14/01/2019

**Also in:** Medical Health News

*Voice of the Mirror: Brexit compromise is the only way but it must be a good deal for all* The World News 14/01/2019
*Cowper's Cut: The NHS Long-Term Plan For The Time Being is all about the pinot* Medical Health News 14/01/2019

**Also in:** Health Service Journal

*What happens when the doctor blames you for your own lung cancer?* Jewish World Review 14/01/2019

**Also in:** Leisure Guy

**Further coverage for Coca-Cola and China's obesity policy**

*Coca-Cola Shapes Obesity Policies in China, Harvard Anthropologist Says* Laboratory Equipment 14/01/2019
*Flawed China food 'study'* San Francisco Chronicle 12/01/2019

**Also in:** Food Navigator Asia, Food Politics, Paper Blog England, Salon, Health and Fitness Trends, The News-Herald

**Further coverage for non-sugar sweeteners**

*Are sugar substitutes healthier than sugar?* Star2 14/01/2018
*Assessing Artificial Sweeteners* The New York Times 15/01/2019

**Also in:** MSN MY, Asia One, Endocrinology Advisor, The Daily Star

**Further coverage for HRT tablets**

*HRT Tablets but Not Patches or Gels Increase Risk of Blood Clots* Brinkwire 15/01/2019

**Also in:** TCT MD, Healthline, MENAFN

*And I thought gout went out with Queen Anne* The Times 15/01/2019

**Also in:** The Irish Times

*6 things to keep in mind before your first intercourse* Medical Health News 15/01/2019

*Medical and pharma translation fails are no laughing matter. Here’s one reason why they happen* aia translations 15/01/2019

**Further coverage for CT scans**

*Radiation doses from CT scans should be more consistent* The Nation (Kenya) 15/01/2019
**Also in:** Endocrinology Advisor, The Mercury News, East Bay Times

**How to live longer: Avoid early death by following this diet plan** The Amed Post 15/01/2019

**Also in:** Daily Express

*Woman, 25, nearly died from blood clots in her lungs after taking acne pill Dianette banned in several countries* i news 15/01/2019

**Also in:** Medical Health News

*Screening mammogram critic Gøtzsche to start new institute* AuntMinnieEurope 15/01/2019

*Why Britons are sick of single-payer health care* The Washington Times 15/01/2019

**Further coverage for cognitive decline**

*Use it or lose it’ might not be backed by science but don’t give up Sudoku just yet* The National 15/01/2019

*Importance of intellectual pursuits* The Independent (Bangladesh) 20/01/2019

*How Tai Chi Can Relieve Chronic Pain* Care2 15/01/2019

*Why don’t men talk about the stuff they really worry about?* The Daily Telegraph 15/01/2019

*50 funny questions no one asks themselves* MSN UK 16/01/2019

**Further coverage for baby boxes**

*Lidl is giving away free baby boxes to new parents* Yahoo Style 16/01/2019

**Obesity increases risk of kidney failure: BMJ** Medical Dialogues 16/01/2019

*Against inequality, firmly pro pharmacy* F3 16/01/2019

*Gouty Arthritis Market Trend Increases Steadily in Emerging Countries by 2026* Industry Today 16/01/2019

*Why Britons are sick of single-payer health care* Pacific Research Institute 16/01/2019

*The Veganistas: How Veganism Is Becoming A Way Of Life* Outlook India 16/01/2019

*How to tell if you have a vitamin B12 deficiency or pernicious anaemia* RSVP Live 16/01/2019

*Smoking reduces the risk of Dementia?* Pattaya Mail 17/01/2019

**Further coverage for low carb diet**

*Show 1149: Is Cutting Carbs More Important Than Cutting Calories?* People’s Pharmacy 17/01/2019

*LETTER: Safe injection sites save lives, but aren't the whole solution* BarrieToday 17/01/2019

*Is your thyroid gland malfunctioning? You may get a heart attack* The Health Site 17/01/2019

*Pradaxa Uncontrollable Bleeding Cases Result in Injuries and Lawsuits* Top Class Actions 17/01/2019

*Teenage girls more likely to suffer 'social media depression' when spending five hours a day online* SW Londoner 17/01/2019

*Smoking reduces the risk of Dementia?* Pattaya Mail 17/01/2019

*The Noom diet was one of the most Googled diets of 2018 - here’s why* MyBody+Soul 17/01/2019

*Short-term DAPT may reduce subsequent strokes compared with aspirin alone* Healio 18/01/2019

*The FDA Still Has No Warning About Hernia Mesh* The Legal Examiner 18/01/2019

*Surgeons Admit That Mammography is Outdated and Harmful to Women* Daily Health Post
18/01/2019
*Short-term DAPT may reduce subsequent strokes compared with aspirin alone* Healio

18/01/2019
*Further coverage for risk of heart attack over holidays and at sporting events*

6 Dreaded Tasks That Are Actually Great For Managing Stress Mental Floss 18/01/2019

IRA Offers Tools to Help Address Opioid Epidemic Bloom Magazine 18/01/2019

’Why Sudan is shooting medics’ BBC News 18/01/2019

Also in: Times of News, remonews, News Vire

Response to opioids epidemic should be modeled on response to AIDS epidemic San Diego Union Tribune 19/01/2019

Alcohol Calories: Do You Know How Many You’re Drinking? SoDelicious 20/01/2019

Take your ego back to school, surgeons told The Sunday Times 20/01/2019

Arrogant surgeons who bully patients and staff should be sent to ’ego classes’ or be banned from operating say doctors Daily Mail (+ Scottish version) 20/01/2019

Also in: LongRoom

The time before cigarettes were bad for your health Cairns Post 20/01/2019


**JOURNALS**

*TheBMJ Sexual & Reproductive Health*

Research: Prevalence and correlates of ‘sexual competence’ at first heterosexual intercourse among young people in Britain

Many in UK lose virginity before they are ready – study The Guardian 14/01/2019 x 2

What Is The Right Age To Lose One’s Virginity? International Business Times 14/01/19

4 in 10 women weren’t ‘ready’ when they lost their virginity Marie Claire 15/01/2019


*Journal of Epidemiology & Community Health*

Research: Housing and health: new evidence using biomarker data

Renters have higher levels of harmful stress markers than home owners, study finds The Independent 14/01/2019

Biomarker may link stress to housing type and tenure Medscape 15/01/19

Eat To Feel Happy  Natural Health 14/01/2019

Free, universal preschool exists in DC—so why not the rest of the country?  Motherly 16/01/2019

This heroic mom carried her baby to term knowing her organs would go to other families  Motherly 16/01/2019

Evidence suggests glyphosate standards are failing to protect the public  Chemical News 16/01/2019

Natural remedies that can reduce the darkness of your lips due to smoking  The Heath Site 17/01/2019

The association between our dates of birth and death  The Irish Times 17/01/2019

Annals of the Rheumatic Diseases
Lutikizumab May Not Improve Outcomes in Erosive Hand Osteoarthritis  Rheumatology Advisor 14/01/2019

Trial results support management of cardiovascular risk factors in RA patients  Medical Health News 15/01/2019
Also in: Medwire News

Randomized data back EULAR guidelines for mycophenolate mofetil use in AAV  Medwire News 15/01/2019
Also in: Medical Health News

Phosphatidylinositol 3-Kinase Delta: A Potential Target Pathway in Sjogren Syndrome  Rheumatology Advisor 16/01/2019

MMF proves viable as alternative option in moderate ANCA-associated vasculitis  MD Edge 17/01/2019

Archives of Disease in Childhood
Make vaccination a pain-free experience for your baby  The Health Site 17/01/19

BMJ Case Reports
Why open water swimming is great, according to science  Red Bull 14/01/2019

Woman swallowed her tablets while they were STILL in the foil packet in the middle of the night... and claims she had no idea until 17 days later when surgeons removed them  Daily Mail 15/01/2019
Woman had plastic pill packet lodged in her throat for 17 days  The Guardian 16/01/2019
Pill packaging was stuck in throat for days  The Times 17/01/2019

Man, 29, accidentally swallows 50p and 20p coin after his friends put them in his beer for a joke. Daily Mail 15/01/2019

Rare Tracheal Infection with Achromobacter in Bronchiectasis Patient Reported in Case Study. Bronchiectasis News Today 17/01/2019

Man, 36, develops swollen 'megacolon' after rare growths spread across his tongue and insides leaving him constipated for THREE MONTHS. Daily Mail 18/01/2019

BMJ Global Health
Reducing out of pocket health costs associated with better population health: study. Medical Xpress 14/01/2019

January 2019 Issue Of BMJ Global Health Available Online. Kaiser Family Foundation 16/01/19

BMJ Open
Screen time has ‘tiny’ impact on children. The Telegraph 15/01/2019
No proof screen time is toxic, but ill effects remain: Study. Khaleej Times 19/01/2019

Further coverage for female surgeons
Over half of UK female surgeons experience discrimination. World News 14/01/2019

No, Chocolate Isn't the Best Cure for a Cough (misattributed to The BMJ). Health 16/01/2019

The Brutal Crackdown On The Yellow Vests. Before It's News 17/01/2019

Lack of job and poor housing conditions increased likelihood of people attending A&E. News Medical Network 18/01/2019
Young & poor more likely to go to A&E. Sunday Mirror 20/01/2019

Why carbohydrates are good for you. The Times x 2 19/01/2019

BMJ Open Diabetes Research & Care
So should you go Vegan? About Manchester 16/01/2019

Type 2 diabetes: The 5 best nuts for blood sugar control and weight reduction. TimesNow
News 16/01/19

**BMJ Open Sport & Exercise Medicine**
*Rugby injuries get worse as weight of stars leaps 25%* The Times + Sunday Times 20/01/2019
*Rugby stars have become so heavy they are now considered clinically obese* Daily Mail 21/01/2019
Also in: Sky News (Broadcast), Stuff (New Zealand)

**BMJ Quality & Safety**
*CVS CEO's vision for health* Politico 14/01/2019

The proudest day of Grace’s life was graduating as a doctor. Then she began treating patients The Guardian 15/01/19

AI in healthcare - not so fast? Study outlines challenges, dangers for machine learning Healthcare IT News 16/01/2019

6 clinical quality, safety issues to consider before deploying AI in the hospital Becker’s Hospital Review 18/01/19

**BMJ Supportive & Palliative Care**
*Further coverage for rose geranium oil treatment*
*Home Remedies: Rose geranium oil treatment for cancer patients* Mayo Clinic 16/01/2019

**British Journal of Sports Medicine**
The average American takes 5,117 steps per day. How 10,000 steps helped me reach my weight-loss goal The Herald 14/01/2019
10,000 daily steps helped me reach goals (print) Chicago Tribune 20/01/2019
Also covered extensively by US local news outlets

15 Ways Exercise Makes You Look and Feel Younger MSN 15/01/2019

Mental health issues in female athletes: Focusing on the body while forgetting about the brain My Central Jersey 19/01/2019
Also in: Medical Health News

**Drug and Therapeutics Bulletin**
*Low FODMAP diet may help reduce exercise-caused tummy issues* NutraIngredients USA 16/01/2019

**Emergency Medicine Journal**
*Jiu jitsu move may curb blood loss after limb trauma* MD Alert 14/01/2019

City’s A&E waiting times in December the worst since records began Nottingahmshire Live 14/01/2019
Also in: Nottingham Post

Lack of universal disinfection protocols for O2 equipment Gas World 14/01/2019

Calls to build a new, more centralised Shoalhaven Hospital at South Nowra South Coast
Maze recognized for health project in Nepal

The Sheridan Press 15/01/2019

FEMALE GENITAL MUTILATION LAW HAS BEEN DEEMED 'UNCONSTITUTIONAL' TO ALLOW BOYS ACROSS U.S. TO BE CIRCUMCISED | OPINION

Newsweek 14/01/2019

Also in: Att net

Going beyond DAWN and DEFUSE 3: New studies point to need for expanded selection criteria in real-world application

NeuroNews 18/01/2019

Early and Consistent Weight Loss Linked to Poorer Outcomes in ALS, Study Suggests

ALS News 15/01/2019

Also in: Sporty Bel

High-dose Vitamin B12 May Improve ALS Prognosis if Started Early, Study Suggests

ALS News Today 17/01/2019

Fewer RRMS Patients Relapse, Discontinue Treatment with Gilenya, Study Finds

Multiple Sclerosis 17/01/2019

Military spouses have higher risk of perinatal depression, study says

UPI 14/01/2019

Also in: Daily Express, SciTech Europa, AirforceTimes.com, PsychCentral.com

New study links exposure to household chemical with heart disease and cancer

Yahoo News UK 17/01/2019

Also in: Jakarta Post, Daily Magazine, Malay Mail

UK Experts Propose New Guidelines to Treat Women with MS Before, During, After Pregnancy

Multiple Sclerosis News Today 15/01/2019

Get your arsenal ready against sudden lung attacks this winter

TheHealthSite 17/01/19

Further coverage on insect injuries in the US

Insect injuries keep ERs buzzing

The Journal Gazette 15/01/2019

Staff slump hits turnover at Irish supervet's firm

Irish Independent 13/01/2019

Last chance to nominate for Ceva Awards

Pet Business World 14/01/2019