BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

**Latest highlights (12 - 18 Nov):**

- Results of a study in The BMJ on benefits of a low-carb diet were presented by the authors at an event in Nashville, and the research made global headlines, including The Today Show, The Times and The Japan Times.


- A study in BMJ Case Reports on the dangers of inhaling deodorant spray made headlines in The Washington Post, CNN and the Mirror, and was tweeted by Ricky Gervais.

**BMJ**

Nursing leader urges profession to back ‘people’s vote’ on Brexit deal [Nursing Times](https://www.nursingtimes.net/News/International/2018/11/14/News/Nursing-leader-urges-profession-to-back-people-s-vote-on-Brexit-deal) 14/11/18 (Fi Godlee mentioned)

BMJ South Asia Awards 2018 to be held on December 1 [APN News (India)](https://www.apnnews.in) 16/11/2018

Also in: International News and Views Corporation

**The BMJ**

Research: [Effects of a low carbohydrate diet on energy expenditure during weight loss maintenance: randomized trial](https://www.bmj.com/content/363/bmj.kf2367)

Low-carb diet is best for weight loss? Dr. Oz talks new study [The Today Show](https://www.cbsnews.com) 15/11/2018

Low-carb dieters ‘shed more weight’ [The Times](https://www.thetimes.co.uk) 15/11/2018

Low-carb diet helps keep weight off [The Japan Times](https://www.japantimes.co.jp) 15/11/2018

Also in:

**UK + Ireland**

MSN UK + Ireland, The Sun, Metro, i, Daily Mail, The Telegraph, Mirror

**International**


Other

Research: Sodium glucose cotransporter 2 inhibitors and risk of serious adverse events: nationwide register based cohort study

SGLT2 inhibitors tied to ketoacidosis, limb amputation in diabetics  Cardiovascular Business 17/11/2018

Also in: MyHeadlinez, Health News Digest, Monthly Prescribing Reference, BioPortfolio, Diabetes in Control

Research: Prevalence of potentially inappropriate prescribing in older people in primary care and its association with hospital admission: longitudinal study

Hospital stays linked to higher risk of incorrect drug prescriptions  The Irish Times 14/11/2018
Elderly patients 72% more likely to get inappropriate prescription following hospitalisation  Irish Examiner 15/11/2018
Inappropriate Prescription Common among Older People Post Hospitalization  MedIndia 15/11/2018

Also in: MyHeadlinez, Sciencemag, Medical Express, Medical Health News, Practice Business, BioPortfolio, The Medical Independent, Science Codex, Breaking News (Ireland)

Editorial: Brexit will damage health

Nursing leader urges profession to back ‘people’s vote’ on Brexit deal  Nursing Times 14/11/2018
Medical leaders urge NHS to ensure universal smoking cessation help  OnMedica 15/11/2018

Other coverage for The BMJ:
South Africa: Dros Rape Accused Perpetuates Mental Health Stigma  AllAfrica 11/11/2018

Further coverage for risks of heart attack in women
Family awareness highlighted during World Diabetes Day Nutrition Insight 14/11/2018
Fasting could give you a shot against diabetes The Times of India 14/11/2018
Wellbeing: Can turmeric help fight cancer? Beauty Bible 15/11/2018
Give all smokers tobacco dependence treatment on the NHS, medics say MSN UK 15/11/2018
The Best Medicine for Cough and Colds That Beats Over-the-Counter Drugs Smart Parenting 15/11/2018
Equating pilots and doctors can fly in the face of common sense The Medical Independent 15/11/2018
JUUL Removes Some Flavors from Market, but Vaping Epidemic Among Teens Remains The Legal Examiner 15/11/2018
Cocaine Tooth Powder – useful for toothache and spongy gums The Irish Times 15/11/2018
Medical leaders urge NHS to ensure universal smoking cessation help OnMedia 15/11/2018
You can bid farewell to Type II Diabetes: Study The Siasat Daily (India) 15/11/2018
Added Mirtazapine Doesn't Help Treatment-Resistant Depression Psych Congress Network 15/11/2018
Consumers bear brunt as law ineffective New Age (Bangladesh) 16/11/2018
When to Schedule Surgery Newsmax Health 16/11/2018
Experts raise safety concerns about cardboard baby boxes OGP News 16/11/2018
Tofurky Wants to Save the World, One Thanksgiving Roast at a Time. It's Now Sold 5 Million Yahoo News UK 16/11/2018
Tofurky Wants to Save the World, One Thanksgiving Roast at a Time Food & Wine 17/11/2018
Also in: Fortune (American Business Magazine)
EARLY SIGNS OF DIABETES TO WATCH OUT FOR AND HOW TO REDUCE YOUR RISK WS Tale 16/11/2018
FT Health: Antibiotic angst Financial Times 16/11/2018
6 small tweaks for big fitness gains Red Bull 16/11/2018
Farmers must cut down antibiotic use in their animals, experts warn Daily Mail 16/11/2018
UK medics call for government ban to cut antibiotic resistance The Guardian 16/11/2018
Also in: Express Digest, Health Medici Net, Yahoo UK,
It's A Shameful Truth, But Our Health Services Are Failing Women Huff Post UK 16/11/2018
Also in: MSN UK
Has the U.S. Become a Medical Police State? How Doctors Deny Due Process to Kidnap Children Through CPS Health Impact News 17/11/2018
Palestine Solidarity at the Crossroads Al-Jazeerah 17/11/2018
Shoulder Pain: Beware the Common Surgery That Doesn't Help Bottom Line Inc 17/11/2018
The latest way to perk up your love life? Tuning in to strangers having couples therapy with this series of remarkable podcasts Daily Mail 17/11/2018
Global Automated Dispensing Machines Market Overview by Key Finding, Scope, Top Impacting Factors, Key Trends in terms of Volume and Value 2018 WBOC 16 17/11/2018
Also covered widely by US local radio outlets
Tobacco Smoke Associated With Increased Risk Of Diabetes LabRoots 17/11/2018
Hospital wards are too noisy and the problem is getting worse affecting staff and patients The London Economic 18/11/2018
Hospital noise 'affecting patients' ability to rest, heal and recover' ITV News 18/11/2018
Also in: MyHeadlinez, BT.com, AOL

JOURNALS

BMJ Case Reports
Research: **Cardiac arrest by inhalation of deodorant spray**

19-year-old dies after inhaling deodorant spray to get high (misattributed to The BMJ) CNN 15/11/2018

A teen inhaled deodorant spray to get high. Then he went into cardiac arrest The Washington Post 16/11/2018

Teens are inhaling DEODORANT to get high - despite the fact it can be fatal Mirror 16/11/2018 + tweeted by Ricky Gervais


Traveller left with 'rotting zombie skin' after spending 12 hours in the Arctic sun with lime juice on his hands in 'bizarre' reaction Daily Mail 12/11/2018

Also in: Fox News, Live Science

A 14-year-old girl has reportedly been crying bloody tears for years, but her condition is still a mystery Business Insider Australia 15/11/2018

Also in: INSIDER

**British Journal of Sports Medicine**

Research: **Cardiovascular incidents in male professional football players with negative preparticipation cardiac screening results: an 8-year follow-up**

ATTACK FEARS Professional footballers could be 'at much greater risk of a heart attack' than previously feared The Sun + Scottish + Irish editions 16/11/2018

Also in: Medical Xpress, The World News


8 Simple Ways to Boost Your Immunity and Beat a Cold Localiiz (Hong Kong Lifestyle outlet) 12/11/2018

The latest office fitness gadget could help you live longer My Style News 13/11/2018

The 20 Best Foods for Exercise Cramps MSN India 13/11/218

Pedal desks don’t take you far, but they can help you live longer MarketWatch 13/11/2018

The latest office fitness gadget could help you live longer New York Post 13/11/2018

Also in: Newsline
I Tried Fasted Cardio For 2 Weeks – Here's What Happened  Women’s Health 13/11/2018

Transdermal nitroglycerin may help ease tendon pain  MD Alert 14/11/2018
Nitroglycerin patches may help ease tendon pain  MenaFN 18/11/2018
Also in: Reuters, Medical Health News, My Times Now (Nigeria), MDLinx, The Asian Age and numerous US local radio stations

Why we're all eating too much protein  (no link available)  The Times (Weekend) 17/11/2018

Annals of the Rheumatic Diseases
No Benefit Found for Low-Dose Radiation Therapy for in Treatment of Knee Osteoarthritis  Rheumatology Advisor 13/11/2018
Also in: Medical Health News, Medical News Bulletin

No worsening in disease activity with switch to biosimilar etanercept  MedWire News 15/11/18

Archives of Disease in Childhood
How the only NHS transgender clinic for children 'buried' the fact that 372 of 1,069 patients were autistic  Medical Health News 17/11/2018

BMJ Evidence Based Health
Correcting the Record On That Critique of the Cochrane HPV Vaccine Review  PloS blogs 16/11/18

BMJ Global Health
Further coverage for decline in FGM
Aid groups welcome 'significant decline' in FGM rates among African girls  SBS Australia 12/11/2018
Policy for progress: ending FGM and forced marriage  Mentioned in Sajid Javid’s speech to the International Conference on Ending FGM and Forced Marriage 15/11/2018

Public health programmes failed to address anaemia among girls, women: study  Livemint (India) 12/11/2018

Nutrition programmes, education help lowering anaemia in India  Outlook India 13/11/2018
Also in: India4u, WebIndia123, Business Standard, Can-India News, ProKerala (India), MedIndia, Council on Foreign Relations (blog), NewKerala.com, NDTV, DaijiWorld

The GFF Replenishment Raised $1 Billion. Here Are 5 Ways the Money Will Help Moms and Babies  Global Citizen 16/11/2018

BMJ Open
Beware Hidden Sugar in 'Healthy' Foods  Newsmax Health 12/11/2018

Processed Foods Make Up 60% of the American Diet?! Healthy Swaps to the Rescue!  Dr
Why has adolescent smoking declined dramatically?  
Aspire 2025 14/11/2018

Patient engagement as a new blockbuster drug, not quite yet, study finds  
World Pharma News 15/11/2018

Also in: Medical Xpress, Radiology Business, Health Medicine.Net, EN-CPhl.CN (Pharma industry trade platform), News-Medical.net, Cardiovascular Business

40 Ways Your Priorities Should Change After 40  
Best Life 14/11/2018

Surgeon’s warning: stabbings are spreading just like a disease  
(misattributed to The BMJ)
The Times 13/11/2018

Stabbings are ‘spreading like a disease’ because friends and family of victims are arming themselves, warns top trauma surgeon  
Daily Mail 13/11/2018

Also in: Canada Live News, Sec Ed, Mogaz News, Daily Express

New study finds less understanding and implementation of patient engagement  
News-medical.net 15/11/2018

Widespread plagiarism detected in many medical journals based in Africa  
Nature.com 16/11/18

BMJ Open Diabetes Research and Care  
Type 2-diabetes symptoms: Following THIS diet plan helps lower blood sugar levels  
Daily Star 15/11/2018

BMJ Open Sports and Exercise Medicine  
Researchers claim 'scrum caps make rugby up to 47% safer'  
The Times (misattributed to The BMJ) 13/11/2018

Rugby protective headgear 'cuts impact by almost half'  
(misattributed to The BMJ) BBC News 13/11/2018

Also in: The Roar, The Irish Times, Daily Express, The Scotsman, The Eagle Online (Nigeria), South China Morning Post, Health Medicine.Net,

Heading soccer balls can lead to cell damage: UBC study  
Global News Canada 13/11/2018

Heading in football damages nerve cells in the brain, according to a new study by Canadian neuroscientist  
South China Morning Post 16/11/2018

Also in: CTV News, Medical Xpress, Gulf Times

More than an endurance test  
The Medical Independent 15/11/2018

British Journal of Ophthalmology  
Further coverage for childhood short-sightedness:  
More screen time ups kids’ odds for nearsightedness  
Spectrum Health Beat 12/11/2018

Babies Born in This Season May Have Worse Eyesight, Study Suggests  
Invision 14/11/2018


Emergency Medicine Journal  
Helicopter emergency medical services uneven across Europe  
Yahoo UK 12/11/2018
**Also in:** Reuters + Reuters India, MD Alert, Medical Health News, Channel NewsAsia, Business Insider, Yahoo UK + extensive coverage by US local radio outlets

**Gut**
*Antibiotics, Antacids Linked to Obesity Risk in Kids* Healthline 12/11/2018
Also covered by Brinkwire, Infosurhoy

**Journal of Epidemiology & Community Health**
*Could your diet impact the age you start menopause?* Advocate Health Care 12/11/2018

**Class, social mobility and its impact on our health** World Economic Forum 15/11/2018

**Journal of Medical Ethics**
*'Controversial ideas' journal where academics can publish under pseudonyms for fear of backlash* The Daily Telegraph 12/11/2018
Also in: TalkRadio, Yahoo News UK

**Journal of Neurology Neurosurgery & Psychiatry**
*The Haunting Prevalence of Alzheimer’s Disease* Newswire 13/11/2018
Also in: The Times (Weekend) 17/11/18

**Journal of the Royal Army Medical Corps**
*Provisional Negative Pressure Dressing Provides Abdominal Closure* Hospi Medica 14/11/2018

**Occupational & Environmental Medicine**
*Seven chemicals that should be blacklisted to prevent obesity* Down to Earth 16/11/18

**Tobacco Control**
*Study links tobacco availability to smoking in pregnancy* BBC News 12/11/2018
Also in: TheHealthSite, News-Medical.net, Medical Xpress, The Siasat Daily, Times Now News

**Vet Record**
*Badger cull: Blaming wildlife while neglecting cheap farming improvements 'severely hampering' bovine TB fight, review finds* The Independent 12/11/2018

Vets urged to help farmer clients with medicine storage Vet Times 12/11/18
Farmers and vets urged to remove expired livestock medicines Farming UK 13/11/2018