BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

Latest highlights (8-14 Oct):

- A study in The BMJ on the benefits of standing office desks generated widespread coverage, including BBC News, Daily Mail Gulf Today, and United Press International Online

- An article in The BMJ on common cold treatments generated global media headlines, including Huffington Post, CBS News, Good Morning Britain, and Qatar-Tribune.com

- A study in Journal of Investigative Medicine on a link between air pollution and mouth cancer generated global coverage, including The Guardian, Newsweek, Irish Independent and extensive local US broadcast

The BMJ

Research: Effectiveness of the Stand More AT (SMArT) Work intervention: cluster randomised controlled trial

Standing desks 'boost work performance' - BBC News Online 11/10/2018
Replacing regular desks with standing work stations increases engagement in staff and means less joint and bone pain, medical chiefs claim - Daily Mail 10/10/2018


Research: An evaluation of the diet-wide contribution to serum urate levels: meta-analysis of population based cohorts

Genes, not diet, main cause of gout: study - News.com.au 11/10/2018
Genes more important than diet for gout risk, suggests study - Nursing Times 11/10/2018
Diet Might Play Less of a Role in Gout Than Previously Thought - NEJM Journal Watch 11/10/2018
Also covered by: The Irish Times, Otago Daily Times, Clinical Advisor, News-Medical.net, Medical XPress, World News, WebMD, Internal Medicine News Online, Consumer Affairs, HealthDay, Genetic Engineering & Biotechnology News Online, HealingWell.com, Physician's Briefing, Geelong Advertiser Online, Dundee Messenger, Yahoo News UK, Aged Care INsite, India4u.com, Health Medici Net, Drugs.com, WDEF-TV Online, Physician's Briefing, Yahoo Sports, Medical Dialogues, Everyday Health, Rheumatology News Online, MinnPOst

Uncertainties: What treatments are effective for common cold in adults and children?

Don't give children decongestants! Experts warn blocked nose medicines don't work and may be harmful for children under 12 - Daily Mail 10/10/2018
Researchers advise against decongestants for colds symptoms in young children - Nursing Times 11/10/2018
Decongestants 'not suitable for child with cold' - The Independent.ie 12/10/2018


Investigation: How mesh became a four letter word

Victoria Derbyshire show - BBC 2 11/10/2018
British mesh investigation paints 'hair raising' picture of 'scandal' - NewsHub NZ 11/10/2018
Investigation exposes vaginal mesh "scandal" that has left thousands of women irreversibly harmed - New Zealand Doctor 12/10/2018
Investigation exposes 'scandal' that has left thousands of women irreversibly harmed - Medical XPress 11/10/2018
The Million-Dollar Deal Behind the Vaginal Mesh Implant Mess - The Daily Beast 13/10/2018
Vaginal Mesh Controversy Examined - NEJM Journal Watch 11/10/2018
James Shaw agrees Gov should formally apologise over Mesh - Scoop 15/10/2018
Have you suffered from mesh implants? Attend safety hearing in Cambridge - Wisbech Standard 13/10/2018

Feature: Is cancer fundraising fuelling quackery?

Crowd-funding sites promoting unproven cancer treatments - Kensington Chelsea & Westminster Today 09/10/2018

Investigation: Pandemrix vaccine: why was the public not told of early warning signs?

The CDC's Influenza Math Doesn’t Add Up: Exaggerating the Death Toll to Sell Flu Shots - LewRockwell.com 11/10/2018
Other coverage for The BMJ:

3 ways a shorter work week could help you live longer - BBC Radio 08/10/18
Study Reports Rates of Type 1, Type 2 Diabetes in US Adults - Specialty Pharmacy Times 08/10/2018
HIV positive patients being victims to sexual violence - Sage News 9/10/18
Doctor’s medical school choice doesn’t predict patient outcome - MD Alert 09/10/2018
Royal College to review opposition to legalising cannabis despite concerns over mental health risks - Daily Telegraph 09/10/2018
Psychiatrists have a rethink about cannabis policy - The Times 09/10/2018
The latest on statins: Questions raised on benefits beyond heart health - Starts at 60 09/10/2018
Trans Fats - A Global Problem? - American Council on Science and Health 10/10/2018
Now THIS is fake health news – and it appears in major newspapers across the U.S. - Health News Review 11/10/2018
The huge change that’s coming to EVERY bottle of alcohol sold in Australia - after seven years of lobbying from the government - Daily Mail 11/10/2018 [+] widespread coverage across Australia, mentioning The BMJ study]
Nenagh hospital initiative aims for faster and healthier return home for patients - Nenagh Guardian 9/10/18
Inside health - Placebo on prescription: Hepatitis C transplants, Genes and back pain - BBC Radio 4 9/10/18
Coffee: where to draw the line between safe and risky consumption - Light Magazine 10/10/18
Ethnic minorities being treated differently - Good Morning Britain 11/10/18
Also covered by: Asian Radio Network, BBC Radio Shropshire, BBC Radio Leeds
The Cochrane Collaboration Has Failed Us All - mad in America 11/10/2018
U.S. health care’s primary problem—a doctor shortage (mentions study on international graduates providing better care) - New York News 11/10/2018

JOURNALS

BMJ Case Reports

Myth exploded: Therapeutic use of intermittent fasting for people with type 2 diabetes as an alternative to insulin

How planned fasting may help you reverse type 2 diabetes Hindustan Times 11/10/18
After intermittent fasting, these 3 men no longer take insulin for diabetes -- but experts stress caution CNN 10/10/18
Three patients REVERSE their type 2 diabetes by fasting for 24 hours three times a week Daily Mail 10/10/18

A case of hepatitis induced by turmeric supplement

Medical Dialogues 08/10/18

Woman blew her nose so hard it caused a facial fracture

Daily Telegraph 08/10/18 (link unavailable)

Also in: The Metro

Can Swimming Help Fight Depression And Anxiety? 1.4 Million People Think So

HuffPost UK 08/10/18

Doctors left stunned as grandmother, 94, with 'lobster claw' feet and hands reveals she has lived her whole life unassisted and even KNITS for her family

Daily Mail 09/10/18

Open label studies preferable to double blind parallel trials for childhood SLE treatments

Healio 09/10/18

A patient was diagnosed with a pancake kidney. It's exactly what it sounds like.

The Washington Post 10/10/18

Journal of Investigative Medicine

Research: Association between fine particulate matter and oral cancer among Taiwanese men

AIR POLLUTION EFFECTS: MOUTH CANCER RISK INCREASED BY POLLUTANTS AND OZONE, STUDY SUGGESTS

Newsweek 09/10/18

High levels of air pollution linked to mouth cancer cases

Irish Independent 10/10/18

Increasing air pollution linked to greater chance of mouth cancer

The Week (India) 10/10/18


Vet Record

Research: Signalment risk factors for cutaneous and renal glomerular vasculopathy (Alabama rot) in dogs in the UK

Research: Spatiotemporal patterns and agroecological risk factors for cutaneous and renal glomerular vasculopathy (Alabama Rot) in dogs in the UK

Research comment: Teasing out the risks for Alabama Rot
UK Alabama rot risk may be linked to certain types of dog breed and habitat

Phys.org 11/10/18


Nominations open for animal welfare awards

Pet Business World 11/10/18

Annals of the Rheumatic Diseases

Researchers find potential cure for osteoarthritis

Healthcare Asia Daily 09/10/18

New Treatment May Put the Brakes On Knee and Spine Osteoarthritis

Physical Therapy Products 10/10/18

Also in: Medical News Today

How to Get the Most Out of the Flu Shot When You Have Rheumatoid Arthritis

Everyday Health 11/10/18

6 Things About Rheumatoid Arthritis That Are Difficult to Explain or Understand

Everyday Health 11/10/18

‘Don’t Delay, Connect Today’ educates on the importance of early diagnosis of rheumatic and musculoskeletal diseases

Open Access Government (US) 12/10/18

Ultrasound Can Reveal Renal Medulla Urate Deposits in Tophaceous Gout

Rheumatology Advisor 12/10/18

Archives of Disease in Childhood

Janel Parrish’s Comments About Being Bullied Will Make You Feel A Little Less Alone

Elite Daily 10/10/18

Terrifying X-Ray Shows Why Toddlers Should Never Eat Grapes Without Supervision

Rare (US) 11/10/18

BMJ Global Health

Findings from Imperial College London Provides New Data on Biosimilars (Production costs and potential prices for biosimilars of human insulin and insulin analogues)

Pharmacy Choice 11/10/18

BMJ Open

Examining Dose Prescriptions Used for Exercise Interventions in Clinical Trials for RA

Rheumatology Advisor 08/10/18

Lily Aldridge dresses her baby bump in a chic floral maxi dress as she appears to enjoy a glass of wine during al fresco dinner in Rome

Daily Mail 09/10/18
Is Nitro Cold Brew OK To Drink During Pregnancy? It Has More Caffeine Than You Think, Romper 10/10/18

[114] Shingrix: A New Vaccine for Shingles, Therapeutics Initiative (Canada) 10/10/18

Study confirms link between PPIs and fracture risk: ACG 2018, Medical Dialogues 11/10/18

Here’s What You Need to Know About Using Marijuana While Pregnant or Breastfeeding, SELF 12/10/18

Alcohol labels warning of risk drinking poses when pregnant now mandatory, New Daily (Aus) 12/10/18

BMJ Open Diabetes Research & Care
How climate change will affect your health, CNN 12/10/18
Also in: extensive local US broadcast, The World News, MSN News Canada, Fitness Health Yoga, Newsline

BMJ Open Sport & Exercise Medicine
Even the fittest middle-aged athletes can't outrun CVS risk factors, Virtual Medical Center 12/10/18

BMJ Quality & Safety
Framework aims to employ e-triggers to improve diagnostic safety, Health Breaking News 10/10/18
Diagnostic 'e-triggers' in EHRs to detect misdiagnosis, identify high-risk patients over time, Telehealth and Telecare Aware 10/10/18
Also in: Healthcare Dive, Politico, FierceHealthcare, Health Dive

FAMILY MEMBERS' SILENCE HAS DEVASTATING EFFECTS FOR PATIENTS, Health Leaders Online 12/10/18

British Journal of Ophthalmology
Eye parasites can be avoided with good hygiene, Yerepouni News 9/10/18
In focus: Acanthamoeba takes a liking to UK households, Optician Online 12/10/18
Acanthamoeba keratitis can be avoided with good contact lens hygiene, MD Alert 08/10/2018
Also in: Business Insider, MDLinx, Gulf Times, Physician’s Weekly, extensive US broadcast, Reuters India

British Journal of Sports Medicine
Running shoes: forget what you thought you knew, Herald Tribune 9/10/18
Also in: Cape Cod News

Middle-aged male marathoners might ask you about pre-race aspirin, New Zealand Doctor 10/10/18

Following elective hip surgery, patients report new health problems, Medical Brief South Africa 10/10/18
Also in: Third Age

**15 Ways Exercise Makes You Look and Feel Younger**  MSN Health (US) 10/10/18

**Vigorous Exercise, Even a Trek Up Everest, May Be Safe During Pregnancy**  New York Times 10/10/18

**Vigorous exercise, even a trek up Everest, may be safe during pregnancy**  Daily Nation (Kenya) 11/10/18

Also in: The New Daily, Lifestyle Now, Business Standard

**7 signs you may develop dementia in later life**  Romper 11/10/18

**Injury Prevention**

**Speed Limit Enforcement Cameras Save Money and Lives in NYC**  Newswise 09/10/18

**Journal of Epidemiology & Community Health**

*More coverage for childcare and development*

**Children Who Go To Nursery Develop Fewer Behavioural Issues, Study Says**  HuffPost UK 10/10/18

Also in: Pre-School Learning Alliance, Under 5, KTVU San Francisco, Health Medicine.net

**10 lunches to boost your brain health**  Global FoodMate 12/10/18

Also in: Times of News, Nation Fox News

**50,000 pink flags planted at B.C. park shine light on sex-selection abortion**  Peninsula News + extensive local US print and broadcast outlets 12/10/18

**French public: Quality of life has dropped in 20 years**  The Connexion 14/10/18

**Journal of Medical Ethics**

**SickKids grapples with medically assisted dying**  CTV News 12/10/18


**Focus on imbalanced birth rates in Canada on International Day of the Girl**  National Right to Life News 10/10/18

**Journal of Medical Genetics**

**Immunotherapy effective against hereditary melanoma**  Medical Xpress 08/10/18

**Gene Variants Raise Risk of Migraines in African-American Children**  Health News Digest 11/10/18

**Journal of NeuroInterventional Surgery**
Cath lab recap  MedPage Today 12/10/18

**Journal of Neurology Neurosurgery & Psychiatry**
*Depression: Common but Undertreated in People With MS, Expert Says*  Everyday

Health 08/10/18  
*Further coverage on dementia risk*

*Half of women will experience stroke, dementia in their lifetime*  Cardiovascular Business 09/10/18  
**Also in:** US News & World Report, Your Life Choices, Health Medicine.net, Parkinson’s News Today

**Occupational & Environmental Medicine**
*Couple says Monsanto Company Knew of Roundup and Cancer Correlation*  Top Class Actions (US) 12/10/18