BMJ in the News is a weekly digest of journal stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

Latest highlights (27 Aug - 2 Sep):

- **23 BMJ Journals generated news stories around the world this week**

- Research in The BMJ on exposure to heavy metals and risk of heart disease generated global coverage including Beijing Bulletin, China National News, UAE News, and Singapore Star

- A report in Injury Prevention on US deaths from self-injury surpassing diabetes generated high profile coverage in the US and beyond, including Bloomberg, Scientific American, and Channel News Asia

- A study in BMJ Open Sports & Exercise Medicine suggesting that being fit in middle-age may not protect against heart disease generated widespread coverage including Hindustan Times, Global News Canada, Science Magazine, and South Asian Times

**BMJ**

Coverage for BMJ Conclave (BMJ India’s annual event for clinicians and librarians)

- British Medical Journal to help doctors in Karnataka - The New Indian Express 03/09/2018
- BMJ meet debates use of new tech in clinical decisions - Deccan Herald 03/09/2018

**The BMJ**

Research: Environmental toxic metal contaminants and cardiovascular risk: a systematic review and meta-analysis of observational studies

- Heavy metals heart risk - Daily Mail 30/08/2018
- Heavy metals in fuels, fertiliser and e-cigarettes increases heart disease risk ‘even at low levels’ - The Independent 30/08/2018
- Heavy Metals Linked to Heart Disease and Stroke, Study Says - Consumer Reports 30/08/2018

Research: Assessment of the genetic and clinical determinants of fracture risk: meta-analysis of genome wide association studies using a mendelian randomisation approach

Fracture risk not linked to low vitamin D or calcium levels - OnMedica News 30/08/2018
Genetics study uncovers key factors for fracture risk in osteoporosis - NewsMedical.net 30/08/2018
Also covered by: Nursing Times, GenomeWeb, Zoomer Radio AM740 Toronto, MedicalXpress.com, McGill Newsroom, Sciencecodex.com, Medical Health News

Research: Antidepressant utilisation and incidence of weight gain during 10 years’ follow-up: population based cohort study

Could increased antidepressant use be contributing to the global obesity problem? - The Washington Post 29/08/2018
Also covered by: NDTV Online, The Durango Herald, TheSpec.com, Waterloo Region Record Online

Further coverage of Alcohol consumption and risk of dementia: 23 year follow-up of Whitehall II cohort study
Drinking up to 5-8 glasses of wine or beer a week not seen to increase dementia risk - Deans’ stroke musings 27/08/2018
Also covered by: The Washington Diplomat Online

Further coverage of Recent trends in life expectancy across high income countries: retrospective observational study
Omaha World-Herald Online, Endocrinology Advisor, Virginian-Pilot Online, Richmond.com, News & Advance Online

Further coverage of Trends in opioid use in commercially insured and Medicare Advantage populations in 2007-16: retrospective cohort study
Prescriptions for opioids stable - Albuquerque Journal 28/08/2018
Persisting Painkiller - Pharmacy Choice 28/08/2018
Also covered by: Drugs.com (News for Health Professionals), Insurance News Net online

Other coverage included:
Is Andrew Wakefield’s discredited autism research to blame for low measles vaccination rates - Daily Mail 27/08/2018
GP numbers down by more than 500 as 43 doctors quit EVERY WEEK between March - Mogaz News 27/08/2018 Also in: Medical Health News, expressdigest.com, Health
Dr Miriam Stoppard: Children’s pain could be abdominal migraine - Daily Mirror 28/08/2018
Top 3 Medical Journals for Medical Students - SelfGrowth.com 27/08/2018
GP numbers down by more than 500 as 43 doctors quit EVERY WEEK between March - Mogaz News, Expressdigest.com 27/08/2018
Wood-burning stoves, the picturesque polluters - The Economist 27/08/2018
Benefits of breast screening questioned - Garstang Courier 28/08/2018
Tai Chi Beats Aerobic Exercise for Fibromyalgia - ABMP 27/08/2018
Are Doctors Over-Diagnosing Memory Problems? - Alzheimer's & Dementia Weekly 27/08/2018
The hidden calories in your booze - MSN 28/08/2018
British Government Will Allow Women to Kill Their Babies in Do-It-Yourself Abortions at Home - LifeNews.com / Faithwire 28/08/2018
15 Myths About Carbs You Should Stop Believing - Eat this, Not that online 29/08/2018
Is Saturated Fat Bad? No. But It’s Not a Health Food Either - FitnessHealthYoga.com 29/08/2018
8 Remedies for Frequent Urination - Blogarama 28/08/2018
The helmet debate distracts from road safety for cyclists - The Irish Times 30/08/2018
More care and support is needed for a generation of self-harming girls - The Guardian 30/08/2018
Could You Swap Your Therapist's Couch for Virtual Sessions? - AllAfrica.com 29/08/2018
Why More Americans Are Kicking the Smoking Habit - CancerCompass 30/08/2018 Also in: HealingWell.com, Health Online

JOURNALS

Injury Prevention

Brief report: Mortality in the United States from self-injury surpasses diabetes: a prevention imperative (US Focus)

America’s suicide crisis is worse than we thought - Bloomberg 28/08/18
Should Fatal Opioid-Related Drug Overdoses Be Classified as Suicides? - Scientific American 28/08/18
America’s suicide crisis may be worse than previously thought - Fortune 28/08/18


Archives of Disease in Childhood
Scientists use ultrasound to capture first internal images of newborn babies breathing - ABC News Australia 29/08/18
Annals of the Rheumatic Diseases

Spinal MRI may be unnecessary to diagnose axial spondyloarthritis, study shows
Becker’s Spine Review 27/08/18

Baseline Disease Activity Predicts Methotrexate Response in Early RA
Rheumatology Advisor 28/08/18

MR-VIBE More Sensitive for Detecting Erosions in Sacroiliac Joints
Rheumatology Advisor 31/08/18

OMERACT Group Develops Reliable Ultrasound Definition of Enthesitis in PsA, SpA
Rheumatology Advisor 31/08/18

Health benefits of omega 3 in titus fish
Latest Nigerian News 01/09/18

BMJ Case Reports

10 year old presents to hospital with retinal detachment
Optometry Today 30/08/18

The dangers of eating raw fish
CNN 31/08/18

Woman, 37, Can Rotate Her Shoulder 180 Degrees After Her Bones ‘Vanish’
The Amed Post 31/08/18

UR-INE TROUBLE
Man suffers kidney damage and couldn't pee for 4 days after kinky spanking session – but vows not to give up his fetish
The Sun + Scottish + Irish Sun 31/08/18 (link unavailable)
Also in: Daily Mail, Express Digest, Health Medicine.net

BMJ Open

Oral HPV infection in England associated with smoking, sex
Healio 27/08/18
Also in: Doctors Lounge, Drugs.com, Physician's Briefing

Study: Manager Support of Employees with Depression Decreases Absenteeism
Workers Compensation.com 27/08/18

Largest Study to Date Will Determine Link between Specific Congenital Anomalies and Cerebral Palsy
Cerebral Palsy News Today 27/08/18

Upstate Cancer Center: Advanced Cancer Therapies and Technologies
MD News New York 28/08/18

High screen time among students affected by age, gender, and parents’ education
Medical News Bulletin 29/08/18
Measles is on the rise: Here’s what parents need to know Irish Examiner 29/08/18

Energy drinks: why it is high time their wings should be clipped The Guardian 29/08/18
Energy drinks: why it is high time their wings should be clipped Brief Report 30/08/18

Fitness may not all be for the heart News Dog 02/09/18
Also in: Gulf Daily News, My Times Now

Coconut Coalition of the Americas established voice in support of coconut products including coconut oil Arizona Republic Online
‘Apologise, or you’ll send Harvard into disrepute’: Leading cardiologist slams professor who claimed coconut oil is POISON as talking ‘unscientific nonsense’ Daily Mail
Also in: Extensive local US print/online/broadcast outlets, British Nutrition Foundation, Express Digest, Health Medicine.net

7 signs you’re burnt out and how you should self care Bustle 31/08/18

Six lifestyle habits that your sperm will thank you for TheHealthSite 31/08/18

Here’s how these 9 foods with a bad reputation can be made part of a healthy diet Times of India 02/09/18

BMJ Open Diabetes Research and Care
Regardless of type diabetes is typically more severe for women Advance Healthcare Network 28/08/18

How to get 150 minutes of exercise every week Diabetes Forecast 30/08/18

New study links low-level vitamin D, periodontitis and Type 2 diabetes Dental Journal 31/08/18

BMJ Open Respiratory Research
Esbriet Dose Reductions Don’t Affect Its Potential to Manage IPF, Study Shows Pulmonary Fibrosis News 28/08/1

‘Life-changing’ procedure to be offered to people with severe asthma MSN India + MSN Ireland 31/08/18

BMJ Open Sports & Exercise Medicine
Even the fittest middle-aged athletes can’t outrun cardiovascular risk factors Udaipur Kiran 01/09/18
Being fit in middle-age may not offer protection from heart disease Hindustan Times 02/09/18

BMJ Quality & Safety
The Emergence of Virtual Clinical Simulation Helps Nursing Students Develop Judgement Healthy Simulation 30/08/18

Open medical records can spur frank talk between doctors and patients Health Technology Management 31/08/18

BMJ Sexual & Reproductive Health
Home abortion now legal in England despite disastrous effects Lifesite News 28/08/18
Also in: Faithwire

A woman in the UK has contracted a rare 'flesh-eating' STD MSN Philippines 28/08/18

British Journal of Sports Medicine
Want to be healthier? Pick up the pace The Gazette 27/08/18
Also in: Health Breaking News Online, The Peninsula (Qatar), World Health Network, Durango Herald, Sarasota-Herald Tribune

Antioxidants don’t relieve muscle soreness after exercise ARY News (Pakistan) 28/08/18
Also in: Medical Brief South Africa, Japan Today

For Athletes, Tracking Tech and DNA Tests Might Be Double-Edged Swords SportTechie 28/08/18

How to find late season form VeloNews 29/08/18

You cannot escape jetlag, you can only embrace it The Outline 30/08/18

7 habits that age you Oxygen Magazine Online 30/08/18

How to Determine Your Running Gait—and Why It Matters Shape Magazine 30/08/18

Public injury timelines could be harmful to NBA athletes FanSided 31/08/18

Sports Medicine Market Examination by Product Type, Applications, Territorial Outlook, Technology, Opportunity and Forec Egypt Business Directory 31/08/18

Emergency Medicine Journal
Advocacy group posts billboards to stop live animal use in MU School of Medicine Columbia Missourian 29/08/18

Evidence Based Medicine
**British Medical Journal to help doctors in Karnataka** - The New Indian Express 03/09/2018

**Gut**

**The top 6 natural remedies for ulcer**  Care2.com 29/08/18

**Trendy Amazonian berry camu camu could boost weight loss by up to 50% by speeding up your metabolism**  Daily Mail 31/08/18

**Amazonian fruit may help prevent obesity: Study**  Times of India


**Heart**

**Phone apps help heart patients remember meds**  Reuters 31/08/18

**Journal of Epidemiology & Community Health**

**Further coverage on lasting impact of parental cancer**

**EXPERIENCING PARENTAL CANCER AS CHILD HAS LASTING IMPACT**  Physicians Weekly 27/08/18

**Experiencing Parental Cancer As Child Has Lasting Impact**  Doctors Lounge 27/08/18

**The role of fathers in overweight prevention: an analysis of a Caribbean cohort**  Cayman i News 29/08/18

**Journal of NeurorInterventional Surgery**

**Cath Lab Recap: 'Ultra-Low' Contrast for PCI; Stroke Tx Reperfusion Overestimated**

**Interventional cardiology news to note**  MedPage Today 30/08/18

**The truth about physician burnout**  Neuro News International 31/08/18

**Wide neck bifurcation aneurysms treated safely in WEB trial**  Neuro News International 31/08/18

**Journal of Neurology Neurosurgery & Psychiatry**

**Early-life alcohol intake may increase prostate cancer risk**  MSN India 28/08/18

**Occupational & Environmental Medicine**

**Further coverage for partitionless desks and health**

**Open offices make us healthier, says study we must all dutifully ignore**  Inverse 28/08/18

**Report: Hidden benefits of an open plan office**  Associations Now 31/08/18

**Workers With Open Office Seating Are Less Stressed**  Government Executive 30/08/18

Also in: Institute of Real Estate Management
20 everyday habits that could cause cancer  MSN Canada 28/08/18

Mesothelioma risk may differ between children and adults  Surviving Mesothelioma 02/09/18

Postgraduate Medical Journal
Flesh-Eating Genital Disease Linked to SGLT2 Inhibitor Diabetes Drugs  DrugWatch
30/08/18

RMD Open
Rock Springs Capital Management LP Has Boosted By $1.26 Million Its Dermira (DERM) Holding; British Columbia Investment Management Decreased Pnc Finl Svcs Group (PNC) Position  The EN Bulletin 30/08/18

Thorax
Is vaping still bad for your lungs?  To Your Health 28/08/18

Tobacco Control
Illegal tobacco marketers escape government watch, undermine ITP  The Guardian Nigeria
31/08/18 (misattrib to The BMJ)
Also in: Maritime First