BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

Latest highlights (30 Jul - 5 Aug):

- A paper published in The BMJ about alcohol consumption and the risk of dementia gained national and international coverage including Forbes, TIME and The Times.
- A study in Journal of Epidemiology and Community Health about political views of UK doctors gained national print and online coverage including Esquire, The Scotsman and The Financial Times.
- The BMJ published a research paper about how US opioid use had not fallen despite warnings and awareness of risk gained national coverage including Reuters, Medical Xpress and WebMD.

The BMJ

Research: Alcohol consumption and risk of dementia: a 23-year follow-up of the Whitehall II cohort study

Moderate drinkers less likely to get dementia than teetotallers - The Times + The Times Ireland + The Times Scotland 02/08/2018
Middle-aged non-drinkers may have 'higher risk' of dementia - The Guardian 01/08/2018
Does Drinking Alcohol Really Protect Against Dementia? Not So Fast. - Forbes 03/08/2018

Also covered by:

UK + Ireland:

International:
Northern Daily Leader (Australia), Sharecare, AMA, TIME, The Australian, Courier Mail, Shanghai Daily, The Times of India, WBS Radio, The New York Post,
Online:
The Shout, Popsugar, fox2now.com, News-Medical.net

Research: Trends in opioid use in commercially insured and Medicare Advantage populations in 2007-16: retrospective cohort study

Use of prescription opioids in U.S. remains high - Reuters 02/08/2018
US opioid use not declined, despite focus on abuse and awareness of risk - Medical Xpress 01/08/2018
Opioid Prescribing Hasn't Declined In The Last Decade Despite Addiction Crisis - Forbes 01/08/2018


Other coverage included:
Mount Sinai's medical school opens blockchain research center - MedCity News 30/07/2018
Doctors find 27 contact lenses in 67-year-old woman's eye - Yahoo News (Canada) 31/07/2018
Non-alcoholic liver disease a big worry - The Times of India 01/08/2018
Why did more people die in depths of last winter? - BBC News 01/08/2018
Today is the day junior doctors join wards for the first time – do death rates really rise? - iNews 01/08/2018
In the Hole & Under the Influence - Keep Jackson Real 01/08/2018
Live Well for Longer - Channel 4 01/08/2018 [20:23]
Long toenails - Daily Mirror + Irish Daily Mirror + Daily Mirror Northern Ireland 02/08/2018 (link unavailable)
Could lab-grown burgers help solve the Gulf's food issues? - Arab News (Saudi Arabia) 02/08/2018 (link unavailable)
Take an aspirin a day 'to ensure a healthy pregnancy' - Irish Daily Mail 02/08/2018 (link unavailable)
Ways To Work Out That Come With Zero Faff - HuffPost UK 03/08/2018
The Benefits of Being Happy - Creators.com 03/08/2018
Residents flock to first-ever reggae festival in WB - Times Leader 04/08/2018
Even A Half-Hour Of Hookah Smoking Could Be Bad For Your Heart, Study Warns - Inquistr 04/08/2018
Sometimes you don't know the outcome - Ontario Argus Observer 06/08/2018
Will my 'happy pills' give me dementia? - Irish Mail on Sunday 05/08/2018 (link unavailable)
Studies warn vaping may turn teenagers into cigarette smokers - The Times + The Sunday Times Scotland 05/08/2018
Heart procedure can minimize stroke risk - WRAL.com 05/08/2018

JOURNALS
Research: **Associations between parental mental health and other family factors and healthcare utilisation among children and young people: a retrospective, cross sectional study of linked healthcare data**

*Children of parents with depression more likely to end up in medical care, study finds.* [The Irish Times](https://www.independent.ie) 30/07/18

*Study links to children's health to parent's mental health problems.* [LocalGov](https://www.localgov.gov.uk) 30/07/18

*Data analysis links child health and parents' mental condition.* [Public Finance](https://www.publicfinance.ie) 29/07/18

**Also covered by:** Daily Telegraph, Yorkshire Post, OnMedica, MedPage Today, Medical Xpress, Pulse, Reuters, Edition Truth, Business Insider

---

Research: **Political views of doctors in the UK: a cross sectional study**

*Doctors fear negative Brexit outcome for the NHS.* [The New European](https://www.theneweuropean.co.uk) 30/07/18

*Brexit will harm NHS and public’s health, say doctors as BMA backs final say campaign.* [The Independent](https://www.independent.co.uk) 30/07/18

*Four Out Of Five Doctors Fear NHS Will Collapse After Brexit.* [Esquire.com](https://www.esquire.com) 31/07/18


*Press pause on menopause with these diet changes.* [Parade](https://www.parade.com) 31/07/18

*Ease Your Anxiety With Healthy Comfort Foods.* - [Longevity](https://www.longevity.com) 01/08/2018

*How Your Birth Order Can Affect Your Weight, According to Research.* - [Southern Living](https://www.southernliving.com) 01/08/2018

*Pregnant women whose partners smoke face risk of miscarriage.* [The Punch](https://www.thepunch.com) 02/08/18

*Redefining friendship in a social networked world.* [Times of Oman](https://www.timesofoman.com) 02/08/18

---

**Annals of the Rheumatic Diseases**

*Granulomatosis With Polyangiitis Linked to Altered Nasal Microbial Composition.* - [Rheumatology Advisor](https://www.rheumatologyadvisor.com) 31/07/2018

*GDP, drug affordability impact nations' RA disease activity, biological DMARD use.* - [Healio](https://www.healio.com) 01/08/2018
UV Light Sensitivity in Lupus Patients Linked to Interferon Produced by Skin Cells  Lupus News Today 03/08/18

**Archive of Disease in Childhood**

**Chronic Cough in Kids Can Be Frustrating** - Contemporary Clinic 30/07/2018

**BMJ Case Reports**

**Myopic patient suffers sudden loss of vision following IOL complication**  Optometry Today 30/07/18

The shocking reason a man’s legs and hands were amputated: a dog’s saliva  The Toronto Star 01/08/18

Man has limbs amputated after being licked by a dog  The Independent 01/08/18

‘Lick of death’: Why Greg lost his legs and hands  Sydney Morning Herald 01/08/18

Also in: CBS News, The Inquistr, Business Insider, USA Today, National Post, South China Morning Post, Calgary Herald, ScienceAlert, The Straits Times

**BMJ Open**

**Study: LGBTQ Adults Less Likely To Have Jobs, Be Insured**  Advocate.com 30/07/18

**Study shows LGBTQ young adults report poorer health than straight people**  INTO 01/08/18

**Wide variation found in sugar content of cakes and biscuits** - New Food 30/07/2018

Fattenberg! Teatime cake that’s more than 60% sugar  Mail on Sunday + Irish, Scottish editions  05/08/18 (links unavailable)

Battenberg's show-stopping sugar content branded a public health risk  The Sunday Times 05/08/18 (link unavailable)

**Diabetes Linked to Obesity, Infertility More in Men Than Women** - The Quint 30/07/2018

**Doctors ‘struggling with mental health issues’** - Morning Star 31/07/2018

Anxiety deal of docs  - Daily Star 31/07/2018 (link unavailable)

**Drinking gin makes you sexier according to science**  GoodtoKnow 31/07/18

People who drink gin and vodka are sexier than those who don’t  - RSVP Live 30/07/2018

**Which Drugs Are Effective for Preventing Sudden Cardiac Death in HFrEF?**  Monthly Prescribing Reference 01/08/18

**Ground-breaking study tests whether rejected livers can be made viable for transplantation** - Medical Xpress 02/08/2018

**Prescribing aspirin in early pregnancy could be key in battle against pre-eclampsia** - Medical Xpress 02/08/2018
Esther McVey is spending over £200,000 on a study everyone already knows the answer to
The Canary 03/08/18

1 in 4 Senior Women in Europe Will Have a Physical Disability By 2047  Assisted Living
05/08/18

Battenberg’s sugar content branded a public health risk - The Times 05/08/2018
Fattenberg! Teatime cake that’s more than 60% sugar - Daily Mail + Irish Daily Mail +
Scottish Daily Mail 06/08/2018

BMJ Open Diabetes Research & Care

Long week of work may increase diabetes risk - Asharq Al Awsat 31/07/18

Daily steps, measured by pedometer, may reduce risk of progression to diabetes - Healio
03/08/18

BMJ Quality & Safety

Video recordings help nurses and doctors improve communication - Nursing Times
31/07/2018

Video recordings may improve communication between nurses, physicians - Beckers
Hospital Review 31/07/2018

British Journal of Sports Medicine

Higher injury rate in SA teams - SA Rugby Mag 30/07/2018

Editorial: Problem of sugar addiction prompts renewed call for a tax - Bega District News
30/07/2018

Tiny Tweaks - Daily Mail + Scottish Daily Mail 31/07/2018 (link unavailable)

9 Stomach Bloating Remedies You’ll Wish You Knew Sooner - Reader’s Digest 31/07/2018

Emergency Medicine Journal

Doctors with ink? Tatts okay with us, say patients 6minutes 30/07/18

Journal of Investigative Medicine

Night Cortisol Levels for Diagnosing Cushing’s Syndrome Less Accurate in Clinical Practice.
Study Finds - Cushing’s Disease News 31/07/2018

Postgraduate Medical Journal

Mishri For Coughing: Here’s How You Can Bring Rock Candy To Your Rescue - NDTV Food 31/07/2018

RMD Open

Gout Increases Atrial Fibrillation Risk in the Elderly - Renal & Urology News 30/07/2018

Early Undifferentiated Arthritis Disease Course Not Dependent on Number of Joint Erosions at Diagnosis - Rheumatology Advisor 03/08/2018

Tobacco Control

Packet of fags could cost £20 by 2020 because cigarettes are ‘too affordable’ to deter smokers, The Sun 04/08/18

Studies warn vaping may turn teenagers into cigarette smokers, The Sunday Times 05/08/18