**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

Latest highlights (5 - 11 Mar):

- A study in *The BMJ* suggesting that higher Vitamin D levels may be linked to lower risk of cancer generated global coverage, including *Newsweek, CBS, The Star Malaysia, and Business Times, Singapore*
- A *JNNP* study suggesting that a cannabis compound may help reduce epileptic seizures generated global headlines, including *International Business Times Singapore, BBC News and Business Insider Germany*
- A *BMJ Global Health* study questioning the evidence behind some of India’s top-selling diabetes drugs was widely covered by outlets including the *Daily Telegraph, The Wire (US) and New Delhi TV*

**The BMJ Awards 2018**

*Pioneering Horton hospital hip fracture team shortlisted for award* - The Banbury Guardian 09/03/18

**The BMJ**

**Research:** Higher Vitamin D levels may be linked to lower risk of cancer

*Vitamin D may offer protection against cancers, study says* – The Guardian 07/03/18
*A good dose of sunshine could prevent cancer, study suggests* - The Daily Telegraph 08/03/18
*Increasing levels of vitamin D can cut the risk of liver cancer by up to 50%, according to major new study* - The Daily Mail 07/03/18

Research: **US cancer treatment guidelines “often based on weak evidence”**

**US cancer network recommending expensive drugs based on weak evidence, study finds** - The Guardian 07/03/18

**U.S. cancer network frequently recommends drugs beyond FDA approval: study** - Xinhua 10/03/18

**OHSU Researchers Find Some Costly, Recommended Cancer Treatments Lack Evidence** - The Lund Report 09/03/18

Also covered by: The Global Times

**Head to Head: Should doctors recommend acupuncture for pain?**

**NHS spends £25million on acupuncture each year despite experts saying there is ‘insufficient’ evidence it helps fight pain** - The Daily Mail 08/03/18

**Experts debate whether acupuncture can relieve chronic pain** - NHS Choices 08/03/18

**Does evidence support doctors recommending acupuncture for pain?** - OnMedica 08/03/18

Also covered by Medical XPress, Science Codex

**Other coverage this week included:**

**Smoking — a deadly habit for everyone** - Marinij.com HEALTH 04/03/18

**Nutrition Author Chews the Fat About Choosing Fat** - Lancaster Farming 05/03/18

**Do our hair and nails really grow up after our death?** - Weekly Observer 05/03/18

**A solution to the warfarin dilemma** (link unavailable) - The Daily Telegraph 05/03/18

**The eye-opening truth of what REALLY happens when you go from carnivore to vegan** - The Daily Mail 06/03/18

**Is Sleeve Gastrectomy Surgery an Effective Weight-Loss Cure for Obesity?** - Medical News Bulletin 06/03/18

**Ten ways a parent can help a child avoid self-harming** - The hippocratic Post (blog) 06/03/18

**Patient Advocacy Group Creates Patient Education Tools for MS** - Patient Engagement HIT 06/03/18

**Health benefits of cycling could save taxpayers millions of dollars** - Straight.com 06/03/18

**Investing in cycling could save taxpayers millions, Vancouver doctor says** - Canadian Cycling Magazine 07/03/18

**UK’s Macroeconomic Policies Could Add To Risk From Brexit** - Eurasia Review 06/03/18

**Launceston physiotherapist Ianthe Boden talks about research published in BMJ** - The Examiner 07/03/18

**Cycling keeps your immune system young, study finds** - The Guardian 08/03/18

**Schoolkids plus oldies equals one class act** - Daily Mirror / Irish Daily Mirror 09/03/18

**How Do Genetics Impact Long-Term Weight Gain?** - Medical News Bulletin 05/03/18

**Longer, stronger bones** - Malaya Business Insight 09/03/18

**Study Finds Heart Risks with Fluoroquinolones** - Drugwatch 09/03/18

**Another Study Suggests Aortic Risks from Levaquin, Other Fluoroquinolone Antibiotics** - Injury Help 09/03/18

**Why does my wee smell? Four reasons for smelly urine** - Woman & Home 09/03/18

**Mathematics Adeptness Will Keep You Healthy & Wise, Researchers Say This Is A Must-Have Skill** - NewsGuards 09/03/18

**Panic, chronic anxiety and burnout: doctors at breaking point** - The Guardian 10/03/18
What are the Short and Long-Term Effects of E-Cigarettes? - Medical News Bulletin
11/03/18

JOURNALS

Journal of Neurology Neurosurgery & Psychiatry

Research: Evidence for cannabis and cannabinoids for epilepsy: a systematic review of controlled and observational evidence

Cannabis compound may help reduce epileptic seizures, claims study International Business Times Singapore 07/03/18
Alfie Dingley: Ex-minister backs cannabis plea boy BBC News 07/03/18
Former minister lends support to campaign to legalise medicinal cannabis ITV News 07/03/18


Lauren’s list: clothing that may be affecting your health CBS Miami 05/03/18

Thorax

Research: Geographical variations in the use of cancer treatments are associated with survival of lung cancer patients

Hundreds of lung cancer patients may be dying early each year The Guardian 06/03/18
Choice of lung cancer treatment could be affecting survival Cancer Research UK 08/03/18
Lung cancer treatment variations WebMD 07/03/18

Also covered by: OnMedica, Nursing Times, Medical Xpress, Science Codex, Brinkwire

BMJ Global Health

Analysis: Adequacy of clinical trial evidence of metformin fixed-dose combinations for the treatment of type 2 diabetes mellitus in India

India's most popular diabetes drugs may be harming patients Daily Telegraph 08/03/18
Some top-selling Metformin diabetes drugs sold in India not safe: Experts International Business Times Singapore 08/03/18
India’s Top-Selling Diabetes Drugs Backed up by Inadequate Clinical Data: Study The Wire (US) 08/03/18
Annals of the Rheumatic Diseases

Promising New Findings on Using Biologic Drugs Before and During Pregnancy  Markets Insider 05/03/18

Bone Loss, Failure Load in RA Linked to Osteoporotic Fracture Risk  Rheumatology Advisor 05/03/18

Systemic Lupus Erythematosus Disease Flares Increase During, Shortly After Pregnancy  Rheumatology Advisor 05/03/18

MRI-Detected Erosions May Not Be Specific to Rheumatoid Arthritis  Rheumatology Advisor 06/03/18

Development of Clinically Evident Gout: A Closer Look at Elevated Serum Urate Levels  Rheumatology Advisor 06/03/18

Biologics in Pregnancy: Are They Safe?  MedPage Today 06/03/18

Archives of Disease in Childhood

Commercial baby food: A formula for health?  The Trumpet 04/03/18

Niall O'Donohoe – An Appreciation  The Irish Times 05/03/18

BMJ Case Reports

WOMAN INFECTED WITH RARE BACTERIA CAUSING EXCRUCIATING PAIN AND REQUIRING HIP REPLACEMENT FROM DOG SCRATCH  Newsweek 05/03/18

British woman had to have hip replaced after being scratched by her dog  New York Daily News 05/03/18

Scratch from Pet Dog on Woman's Hand Leads to Rare Infection, Hip Replacement Surgery  People.com 05/03/18

Also in: Live Science, Science Alert, Infosurhoy

The man that lost part of his mind: Stunning medical scans show a 9cm air-filled pocket in an 84-year-old man's brain that caused him to keep falling over  Daily Mail 05/03/18

Stunned Northern Ireland doctors discover air pocket in man's brain  Belfast Telegraph 05/03/18

What is Pneumocephalus? Rare brain condition makes a man fall again and again  International Business Times India 06/03/18

Also in: Live Science

BMJ withdraws study at patient's request: 6 things to know  Becker's Hospital Review 05/03/18

A few regrets after a cruise gone wrong  Boston Globe 09/03/18
Cat owner, 53, is left confused and struggling to speak after being BITTEN by his moggy, bizarre case report reveals. Daily Mail 06/03/18

Is cold water good for you? You asked Google – here’s the answer. The Guardian 06/03/18

BMJ Open

Just three in 10 children with toothache taken to dentist. Daynurseries.co.uk 05/03/18

CENTRA AND THREE.IE ARE SUPPORTING “SNUFF JOURNALISM”, EVEN IF UNINTENTIONALLY Dublin Inquirer 07/03/18

Haphazard cholesterol checks put Australians at risk of heart disease. Medical Xpress 08/03/18

Study reveals haphazard cholesterol checks. Daily Mail 09/03/18

Cholesterol checks are too haphazard, says Aussie study. 6Minutes 09/03/18

PCPs do not always follow guidelines when ordering tests. Healio 08/03/18

‘Golden handcuffs' trap FIFO workers into living 'two lives': survey. Brisbane Times 09/03/18

FIFO workers feel financially shackled to job despite toll on relationships. ABC News 09/03/18

‘Golden handcuffs' trap FIFO workers into living 'two lives': survey. Sydney Morning Herald 09/03/18

Also in: Mackay Daily Mercury, NT News

Further coverage for eating speed and weight loss

Want weight loss that lasts? Eat mindfully. Stuff.co.nz 09/03/18

Eat slower for a smaller waistline, researchers say. Safety + Health Magazine 07/03/18

For weight loss that lasts eat mindfully. The Morning Sun (US) 06/03/18

More and more research points to mindfulness — not certain foods — for weight loss. The Washington Post 06/03/18


BMJ Open Diabetes Research & Care

Aging Individuals With HIV Should Be Closely Monitored for Diabetes. ContagionLive 05/03/18

Aging HIV Population Should be Monitored for Diabetes. Specialty Pharmacy Times 07/03/18

Pioglitazone May Reduce Cardiovascular, Noncardiovascular Mortality in Type 2 Diabetes. Endocrinology Advisor 06/03/18

British Journal of Ophthalmology

SD-OCT may help diagnose primary vitreoretinal lymphoma. Ophthalmology Times 05/03/18
New study findings question current advice to avoid heat stress during pregnancy

Are Hot Baths Safe During Pregnancy? This New Study Review Is Good News For Moms In Need Of A Soak

Almost any amount of exercise may help older men win longevity race

PHYSICAL EXERCISE COULD PREVENT ONE FIFTH OF DIABETES CASES, FINDS NEW STUDY

Tips for effective rest and recovery after cycling

Mike Tattam – Running Man, February (2 months to go)

Six common running injuries to avoid

Emergency Medicine Journal

ER overcrowding increases chances of misdiagnosis, report suggests

Gut
Further coverage on calcium supps and polyps
Calcium supplements may increase risk of abnormal bowel growths
Calcium supplements tied to higher odds of colon polyps
Calcium supplements may boost risk of abnormal bowel growths

Injury Prevention

Novick: ‘Smart guns’ could be smart way to limit gun violence

Journal of Epidemiology & Community Health

Women’s Contributions to Cannabis Have Been Overlooked and Ignored

Tobacco Control

Experts, policy makers head to Cape Town to battle ‘Big Tobacco’

Smoking bans may not rid casinos of smoke
After raising age for tobacco purchases, state sees decreased sales to minors
After raising age for tobacco purchases, California sees decreased sales to minors
Los Angeles Daily News 08/03/18

Vet Record

Don’t feed your pets raw meat
Independent Online (South Africa) 07/03/18