**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

Latest highlights (26 Feb - 4 Mar):

- **The BMJ** study on treatment options for cervical cell changes was covered by the *Daily Telegraph, The Times and BBC News*
- *The Sunday Times Magazine* featured **The BMJ** study on the dangers of ultra processed foods
- A **BJSM** study suggesting that it is safe for pregnant women to exercise vigorously and use saunas during pregnancy generated widespread coverage, including *Daily Telegraph, Sydney Morning Herald, Asian Age and Times of Malta*
- Coverage of a **BMJ Open** study on slow eating speed and weight loss continued this week, including the *New Zealand Herald and The New York Times*

**The BMJ Awards 2018**

*Team at Clatterbridge Cancer Centre shortlisted for prestigious medical award* - Wirral Globe 04/03/2018

**The BMJ**

**Research:** Regular monitoring rather than immediate treatment justified for some cervical lesions

*Abnormal smear 'shouldn't always mean surgery'* - Daily Telegraph 28/02/2018
*Half of all moderately severe cervical changes 'self-heal' within two years, smear test study finds* - The Times 28/02/2018
*Some smear test abnormalities 'self-heal'* - BBC News 28/02/2018

**Also covered by:** The Independent, Medical XPress, SBS News, OnMedica

**Research (continued coverage):** Study suggests possible link between highly processed foods and cancer

'*Overweight becoming normalised' as 70% of millennials set for obesity in later life'* - FoodNavigator.com 26/02/2018
*Are You Eating Your Way to Cancer?* - To Your Health 27/02/2018
*Recipes for Disaster: processed food decoded* - The Sunday Times Magazine 04/03/2018
Other coverage this week included:

- **Scheme to cut hospital referrals is 'risking lives':** Daily Mail 26/02/2018
- **Cases of self-harm among teenagers are rising to 'epidemic' proportions:** The Sun + Scottish Sun 26/02/2018
- **New controversial scheme to cut hospital referrals is 'risking lives' after staff 'reject patients without knowing their medical history':** Daily Mail 26/02/2018
- **Half a glass of wine a day can 'raise the risk of dementia' as men and women suffer a decline in their brains' ability to function:** Daily Mail 26/02/2018
- **Opinion | Smoking occasionally is still dangerous:** The News Record 26/02/2018
- **Statins: Pros and Cons:** Newsmax 26/02/2018
- **Gordon Robinson | The Essence Of Intemperance:** Jamaica Gleaner 27/02/2018
- **Push for more 'empowering' language during childbirth:** Courier Mail 27/02/2018 (link unavailable)
- **Measles outbreak: How a decades old, fraudulent anti-vaccine study still affects public health:** Global News 27/02/2018
- **Pride may come before a fall but only metaphorically:** Scientific American (March issue)
- **The 'Irish Giant' who found fame exhibiting himself in London:** The Irish Times 28/02/2018
- **Claims antidepressants don't work 'dangerous', doctors say:** Stuff.co.nz 28/02/2018
- **America is a safer place when 80,000 NRA members are taken off the street:** Cosmos 01/03/2018
- **How midwives want words such as 'good girl' and 'you're doing well' BANNED from the delivery room - claiming they are 'patronising':** Daily Mail 01/03/2018
- **Fast treatment vital in anorexia therapy:** Daily Mirror + Irish Daily Mirror 02/03/2018
- **The suffering of our poorest citizens under austerity is not over:** Financial Times 02/03/2018
- **Despite Opioid Lawsuits, Drug Companies Will Still Come Out on Top:** City Watch 01/03/2018
- **Cancer : what are the industrial foods that encourage the risk ?:** The Bobr Times 02/03/2018
- **The Top 10: Zombie Statistics:** The Independent 04/03/2018

**JOURNALS**

- **British Journal of Sports Medicine**


  - Pregnant women can enjoy hot baths and saunas without risk, says new review - Daily Telegraph 02/03/2018
  - Warm weather advice for pregnant women overly cautious: study - Sydney Morning Herald 02/03/2018
  - Most exercise activities, hot baths safe during pregnancy - UPI.com 02/03/2018

Further coverage for light intensity exercise in older men
Light exercise increases lifespan - Bangkok Post 27/02/2018 (link unavailable)
FOUND A CONNECTION BETWEEN LONGEVITY AND WALKING THE DOG - The Bobr Times 28/02/2018
No-sweat exercise may prolong life for the elderly Star2.com (Malaysia) 04/03/18
Also in: Anti-Aging News, Business Insider, Deccan Chronicle, The New Paper, InterAksyion, Channel News Asia

Exercise Reduces Risk of Diabetes: Study - Newsmax 26/02/2018
How you can lose 2.5kg in a year without exercising - Times of India 26/02/2018
The lottery, stage-fright and 'no pill for skill' - drug testing in football - Ghana Soccer Net 27/02/2018
Drugs testing in football: The lottery, stage-fright and 'no pill for skill' - Sportal 27/02/2018
Why squash matters News Four 02/03/18

Gut

Research: Calcium and vitamin D supplementation and increased risk of serrated polyps: results from a randomised clinical trial
Calcium Supplements May Raise the Risk of Colon Polyps, New Study Finds Consumer Reports 01/03/18
Calcium ± Vit D Supplements Up Risk of Colon Adenomas, Polyps Doctors Lounge 02/03/18
Calcium supplements may boost bowel polyps: Unexpected finding Australian Financial Review 02/03/18

Trauma Surgery & Acute Care Open

Media alert: A multi-decade joinpoint analysis of firearm injury severity
Kalter: BU study finds nonfatal gun injuries getting more severe Boston Herald 02/03/18
US gun injuries getting more severe US News & World Report 02/03/18
US gun injuries getting more severe UPI.com 02/03/18
Also in: HealthDay

Annals of the Rheumatic Diseases
Takayasu Arteritis: Efficacy and Safety of Tocilizumab vs Placebo - Rheumatology Advisor 26/02/2018

TNF Inhibitor Therapy Unlikely to Affect Malignancy Risk in Children - Rheumatology Advisor 26/02/2018

Enbrel biosimilar demonstrates comparable safety, efficacy in RA - Healio 28/02/2018

Drug for Still’s Disease Shows Promise in Phase 2 Trial - The Scientist 01/03/18

Dementia Risk Found to Be Higher with Elevated Uric Acid Levels - Bel Marra Health 02/03/18

Archives of Disease in Childhood

Do Babies Cry In The Womb? Science Explains - Romper 28/02/2018

Children’s and parents’ experience of hospital stays don’t always match - Reuters 01/03/18

BMJ Case Reports

Embarrassing pics take down major study - The Northern Star (Australia) 26/02/2018
A BRITISH COUPLE ON A CARIBBEAN CRUISE WOUND UP WITH A NASTY SOUVENIR AFTER SITTING ON A BEACH AT THE PICTURESQUE ISLAND OF MARTINIQUE - Travel Weekly 27/02/2018
Medical journal's buttocks photos show up in tabloids, Patients not amused - The Washington Post 28/02/2018

Also covered by: The Sydney Morning Herald, The Age, Stuff.co.nz, Newser, The Mercury News, Ars Technica

Man ruptures throat while sneezing - The Doctors (US) 27/02/18
Atishoo! The science of sneezing properly - The Guardian 01/03/2018
Who knew sneezing could be so dangerous - Lifezette 04/03/18

Woman presents at emergency department with ‘blueberry eye’ - Optometry Today 01/03/18

A woman needed a new hip because of a...dog scratch - Live Science 04/03/18

BMJ Global Health

Out-of-Pocket Costs Increase for Patients with Multiple Chronic Diseases - Pharmacy Times 27/02/2018

BMJ Open
Further coverage for slow eating speed and weight loss
What slim people eat for lunch - News.com.au 26/02/2018
Nutritionist reveals what slim people eat for lunch - New Zealand Herald 27/02/2018
Linking Obesity with Speed - The New York Times 27/02/2018 (link unavailable)

GPs need help to cope with old age crisis, warns study - Daily Express (link unavailable)
Experts call for specialist medical teams for rapidly ageing society - Medical Xpress 27/02/2018

Just three in 10 parents take children to dentist for oral pain, says study - AOL UK 28/02/2018
Parents giving children painkillers rather than taking them to a dentist - Daily Mail + Scottish Daily Mail 01/03/2018
Just three in 10 parents take children to dentist for oral pain, says study - The Irish News 01/03/18
Also in Infosurhoy, Daily Telegraph, LocalGov, BT.com

Scotland’s minimum price for alcohol may have unexpected effects - The Economist 01/03/18
Rethinking childbirth education could save AU $97 million p.a. - Science Daily 01/03/18

Emergency Medicine Journal

Another reason to worry about overcrowded emergency rooms - Reuters + Business Insider 28/02/2018

Journal of Epidemiology & Community Health
Zander the Flying Dog racks up online fans with action snaps - STV News 03/03/18

Journal of Medical Ethics
Ethical Implications of Public Participation in Health Research - Rheumatology Advisor 01/03/18
Should lesbian couples have access to mitochondrial replacement therapy? - BioEdge 04/03/18

Journal of Neurology Neurosurgery & Psychiatry
Overcoming loneliness for seniors - Flagstaff Business Review 28/03/18
11 ways your clothes could be killing you - Reader’s Digest 01/02/18
Too much of a good thing - Daily Nexus (University of California) 01/03/18
Medical Humanities

Book up! How reading crime novels could help ease the symptoms of depression - Irish Daily Mail 27/02/2018

Occupational & Environmental Medicine

Counselling help cuts sedentary work behaviour (research round-up)  Personnel Today 02/03/18

Tobacco Control

Minnesota researchers seek to use American Indian imagery, once used to sell cigarettes, to cut tobacco use  Minnesota Star Tribune 01/03/18

Vet Record

Farmers urged to avoid blanket use of antibiotics during lambing  Farmers Guardian 04/03/18