

## VISUAL GUIDE FOR THE ASSESSMENT OF POST-THROMBOTIC SYNDROME

No or Minimal	Mild	Moderate	Severe
<b>Edema</b>			
 <p>No loss of bony landmarks; no pitting with pressure over ankle or shin</p>	 <p>Minimal loss of bony landmarks; shallow pitting with pressure over ankle or shin</p>	 <p>Noticeable swelling and loss of bony landmarks; moderate pitting with pressure over ankle or shin</p>	 <p>Severe swelling and loss of bony landmarks; deep pitting with pressure over ankle, shin or knee</p>
<b>Hyperpigmentation</b>			
 <p>None</p>	 <p>Faint, speckled brownish discoloration around ankle</p>	 <p>Obvious brownish discoloration around ankle and lower shin</p>	 <p>Patches of dark, confluent, brownish discoloration around ankle and shin</p>
<b>Venous ectasia</b>			
 <p>No venules or varicose veins</p>	 <p>A few faint reddish or purplish venules around the ankle or foot area</p>	 <p>Prominent purplish venules around the ankle and foot area</p>	 <p>Numerous confluent and prominent purple venules or varicose veins around the ankle, shin or elsewhere on leg</p>
<b>Redness</b>			
 <p>Normal color of leg</p>	 <p>Faint redness of foot or lower leg</p>	 <p>Moderate redness of foot or lower leg</p>	 <p>Pronounced redness or purplish color of foot and lower leg</p>
<b>Skin induration</b>			
<p>Skin of shin and ankle not thickened and freely mobile over underlying tissue or bony structures</p>	<p>Skin of shin or ankle slightly thickened or slightly adherent to underlying tissue or bony structures</p>	<p>Skin of shin or ankle moderately thickened or moderately adherent to underlying tissue or bony structures</p>	<p>Skin of shin and ankle very thickened or tightly adherent to underlying tissue or bony structures</p>
<b>Pain during calf compression</b>			
<p>None</p>	<p>Present; patient says pain is mild in intensity</p>	<p>Present; patient says pain is moderate in intensity</p>	<p>Present; patient says pain is severe in intensity</p>
<b>Ulcer</b>			
<p>Scored as present (i.e. any ulcer) or absent.</p> <p>Ulcer is typically located on medial aspect of lower leg and may be open or healed</p>			
<p><b>Note</b></p> <p>Signs may be less apparent in patients with brown or black skin.</p>			
<p>Developed for the SOX Trial by Dr. Susan Kahn, Tatiana Vydykhan and Anthony Vrakotas 2003. Adapted from Villalta et al, Haemostasis 1994.</p>			

scale.