British medical journal 14 october 1978 1063

## Death certification and epidemiological research

### Medical Services Study Group of the Royal College of Physicians of London

British Medical Journal, 1978, 2, 1063-1065

#### Summary and conclusions

The cause of death shown on 191 death certificates was compared with the cause indicated by the hospital case notes, the consultants' opinions, and the necropsy findings. All 191 deaths occurred among medical hospital patients aged under 50. In 39 cases there was a major discrepancy between the two sources over the cause of death and in another 54 there was a minor but epidemiologically important difference.

Death certificates are not primarily intended for epidemiological research, but researchers often rely on them. This and other studies have shown, however, that death certificates are often inaccurate records of the cause of death—even coroner's certificates issued after a coroner's necropsy. The accuracy of death certificates might be improved if coroners consulted clinicians more closely and if senior hospital staff completed hospital death certificates.

#### Introduction

Much epidemiological research is based on mortality statistics, yet death certificates have long been recognised as an inaccurate record of the cause of death. Over 20 years ago James et al<sup>1</sup> in a study of necropsies in Albany, New York, found major inaccuracies in death certification in 29% of cases and complete agreement between postmortem findings and the certified cause of death in 45.8%. A similar investigation by the Registrar General<sup>2</sup> showed a comparable position in England and Wales in 1955, 51% of death certificates being in accord with the necropsy evidence; four years later a larger study<sup>3</sup> showed 45% agreement. More recently Waldron and Vickerstaff in a study in the Trent and West Midlands regions found the certified cause of death unchanged after necropsy in 47.5% of patients and pointed out the preponderance of discrepancies in the older age groups and in certain diagnostic categories,

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particularly neoplasms and cardiovascular and respiratory diseases.

During the study of deaths in medical inpatients aged under 50 (see accompanying paper) the Medical Services Study Group examined case notes; reports of the consultants' opinions on the illness and causes of death; and, when available, the necropsy reports. At the suggestion of Dr A M Adelstein of the Office of Population Censuses and Surveys (OPCS) we decided to compare the cause of death determined from these sources with the cause of death recorded on the death certificates of the first 200 of our cases reported to the OPCS.

#### Methods

OPCS supplied copies of the death certificates of the 200 cases, except in nine cases where the certificates could not be traced.

In 92 (48%) of the 191 cases necropsies were performed. This rate was considerably higher than the national necropsy rate for 1972 (26%) and probably largely reflected the youth of the patients. Half the necropsies were performed at the coroner's request. In two other cases coroners issued certificates without a necropsy, and they were therefore responsible for certification in 48 patients, the remaining certificates being completed by junior hospital staff. None of the coroners who issued certificates were medically qualified.

The 191 certificates were divided into three groups: those issued by a coroner after necropsy or issued by him without a necropsy; those issued after a hospital necropsy; and those issued when no necropsy was performed. The causes of death recorded on the certificate were then compared with the cause of death, as indicated by the consultant and the case notes.

#### Results and comment

Table I shows the results of the comparisons in the three groups. In over half of all cases there was complete agreement over the cause of death, in a fifth there was a major discrepancy between the cause of death, and in a quarter of cases there was a discrepancy large enough to be epidemiologically misleading.

The highest proportion of major discrepancies occurred among deaths certified by the coroner (table II), while the least occurred among patients on whom no necropsy was performed. In tables II-IV, which give details of the discrepancies in each of the three groups, the words appearing on the certificate, including abbreviations and spelling errors, have been reproduced exactly. In all the tables the "actual" cause of death is that most likely on all the evidence available.

The death certificate in current use provides for the submission of supplementary evidence accruing after the initial certification. This facility was used in 14 of the 191 cases—in nine on the basis of subsequent necropsy evidence, in one on biopsy findings, in one after radiological diagnosis, and in three as a result of "second thoughts" by the certifying doctor. Of the 21 amendments made in respect of these 14 patients, four were of value, 10 were of no value, and seven were wrong.

TABLE 1—Cause of death recorded on death certificate compared with "actual" cause of death

	Complete agreement	Major discrepancy	Minor discrepancy	Total
Coroner's necropsy	23	17	8	48
and/or certificate Hospital necropsy No necropsy	21 54	10 12	15 31	46 97
Total	98	39	54	191

TABLE II—Major discrepancies between cause of death recorded on certificate and "actual" cause of death in cases where coroner issued the certificate

Section Death certificate "Actual" cause of death Case No Ia b Bronchopenumonia Prolonged coma Idiopathic cardiac arrest Cerebral anoxic damage Cardiac arrest Acute alcoholism 1 2 Ia b Bronchopneumonia Pneumonia Cerebral palsy and mental subnormality due to intrapartum asphyxia 3 Ia Acute pulmonary oedema due Acute laryngoepiglottitis Toxic myocarditis following b Acute laryngoepiglottitis Aspirin poisoning (open verdict) 4 Ia Suicidal aspirin poisoning b 5 Liver failure Mycronodular cirrhosis Ia b Cirrhosis of liver Hepatic failure due to paracetamol poisoning following an overdose of paracetamol tablets, self administered—he killed himself Suicidal paracetamol poisoning 6 Ia b Depression 7 Myocardial infarction Hypertension Ia b Acute myocarditis *E coli* septicaemia Pneumonia 8 Lobar pneumonia Ia II Fulminating influenzal pneumonia q Ia Staphylococcal septicaemia Staphylococcal bronchopneumonia b Bilateral pneumothorax Asthma 10 Ia b Asthma 11 Ia b Haemorrhagic pneumonia Septicaemia Hodgkin's disease Neutropenia Cytotoxic drug therapy for Hodgkin's disease II Thromboembolic disease Pulmonary fibrosis Paraquat poisoning. Deceased took his own life Paraquat poisoning Depression 12 Ia b Cardiac arrest following ventricular fibrillation occurring as a result of myocardial damage. Anoxia due to pneumonia developing during a state of coma due to drugs phenobarbitone and alcohol. Death by misadventure Suicidal poisoning by Mandrax, Luminal, Dalmane, and alcohol 13 Ia misadventure b Depression Bronchopneumonia and pulmonary fibrosis Paraquat poisoning. Deceased took his own life Ia 14 Paraquat poisoning b Depression 15 Ia Cerebral infarction and Subarachnoid haemorrhage haemorrhage Ulcer polypus 11 Crohn's disease Ia b Left ventricular failure Myocardial infarction Myocardial infarction Diabetes mellitus 16 17 Ia Gastrointestinal haemorrhage Alcoholic cirrhosis of liver due to Acute gastric erosion Cirrhosis of the liver lI

Other errors on the certificates were mainly in names and dates of birth. In 67 of the 191 patients the full name given at death registration was dissimilar to that recorded in the hospital notes. In 56 of the 67 this was because the hospital records office included only one christian name and in one because the registrar made the same omission. In the remaining 10 cases spellings of names differed. In 34 cases there were discrepancies between death certificates and notes over date of birth. These were due mainly to the uncertainty of the relative registering the death, but recording and transcription errors may have been responsible in a few cases.

#### Discussion

The fact that the highest proportion of errors occurred on certificates issued by coroners reflects the fact that these certificates usually summarise the morbid anatomical abnorm-

TABLE III—Major discrepancies between cause of death recorded on certificate and "actual" cause in cases where hospital necropsies were performed

Case	Section	Death certificate	"Actual" cause of death	
18 Ia b II		Cardiac failure Rheumatic valvular disease	Rheumatic heart disease	
	Rheumatic valvular disease	Thromboembolic disease		
19 Ia b c II		Myocardial infarction Coronary artery atheroma	Myocardial infarction Diabetes mellitus	
	and thrombosis	Diabetes memtus		
	ΙĬ	Bilateral renal infarction, diabetes mellitus		
20 Ia		Cardiac arrest	Hypertrophic obstructive cardiomyopathy	
ь		Hypertension Heart failure	cardiomyopamy	
	II	Recurrent pulmonary emboli		
21 Ia	Acute heart failure Haemopericardium	Dissecting aneurysm of aorta Carcinoma of bronchus		
	c l	Dissecting aortic aneurism	Carcinolia of broneilus	
	II	Carcinoma of bronchus		
22 Ia b c II	Carcinomatosis Carcinoma colon	Carcinomatosis Carcinoma of colon Ulcerative colitis		
	Colitis			
Ia b II	Bronchopneumonia	Cardiorespiratory failure Chronic airways obstruction Diabetes mellitus		
	Chronic pyelonephrosis, diabetes mellitus			
24	Ia II	Hypoxic brain damage Phagchromocytoma	Brain stem infarction	
25 Ia b II		Acute renal failure	Cardiac failure	
	Glomerulonephritis Pancreatitis, hypertensive heart disease	Hypertension Pancreatitis, gall stones		
26 Ia b c II	Bronchopneumonia Left ventricular failure	Cardiac failure, hypertension		
	Myocardial degeneration Peritonitis, chronic hypertension	Pneumonia		
27 Ia b		Heart failure	Bacterial endocarditis	
		Mitral stenosis and incompetence	Rheumatic heart disease	
	II	Bacterial endocarditis	Chronic anxiety state	

TABLE IV—Major discrepancies between cause of death recorded on certificate and "actual" cause of death in cases in which no necropsy was performed

Case No	Section	Death certificate	"Actual" cause of death
28	Ia b	Carcinomatosis (Primary hepatoma)	Carcinomatosis Carcinoma of colon
29	Ia II	Bronchopneumonia (bilateral) Vitamin B deficiency, peripheral neuropathy	Bronchopneumonia Hysterical inanition
30	Ia	Multiple cerebral infarcts	Uncertain but not as on death certificate. ? Encephalitis ? Carcinomatosis
	ь	Cerebral arteritis	
31	Ia b II	Cardiac failure Supervent tachycardia DVT and pulmonary embolus	Coronary artery disease
32	Ia	Carcinomatosis	Undiagnosed
33	Ia b II	Carcinomatosis Bowel carcinoma Oesophageal varices	Carcinomatosis Unidentified primary
34	Ia b c	Raised intracranial pressure Hydrocephalus Meningomyelocele repair 5/1/74	Septicaemia Hydrocephalus (failed shunt)
35	Ia	Cerebral haemorrhage	Subarachnoid haemorrhage
36	Ia	Intracerebral haemorrhage	Subarachnoid haemorrhage
37	Ia b c	Cardiac arrest R ventricular failure Myocardial infarction	Myocardial infarction Syphilitic aortitis
38	Ia b	Cardiac failure Emphysema	Cardiorespiratory failure Old pulmonary tuberculosis
39	Ia II	Pulmonary embolism Mitral incompetence, myocardial infarction	Coronary artery disease

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alities recorded by pathologists carrying out necropsies at the coroner's command, which are not invariably the cause of death. Another important factor is the reluctance of coroners to mention abuse of or addiction to alcohol or to acknowledge suicide or the depression from which it stems.

Death certificates not given by a coroner are usually completed by the most junior and least experienced member of the hospital team responsible for the patient's care. Understandably therefore inaccurate impressions are sometimes conveyed. The smallest discrepancy between death certificates and case notes was in the group where no necropsies were performed. In cases where the cause of death is not in doubt efforts to persuade relatives to agree to permit a necropsy may be less persistent, and because no necropsy is performed a wrong clinical diagnosis may remain undisclosed.

Although there were several discrepancies between certificates and case notes in names and dates of birth, such errors are not very important except in cases where the patient's name is all that is available, when difficulties in tracing the relevant death certificate may arise.

The present certificate, in which the last diagnosis under section I is the real cause of death, might usefully be revised. Today a high proportion of entries under Ia are "cardiac arrest," which is how all of us will leave this world whatever the real cause of our death. The next most frequent entry is "bronchopneumonia"—the final curtain of so many chronic diseases. Section II, "Other significant conditions contributing to the death, but not relating to the disease or condition causing

it," is not always capable of completion in a manner that may not mislead the epidemiological research worker.

Death certificates are not primarily intended for epidemiological research—they are an important legal and social requirement. Nevertheless, they are often used by research workers because they form a concise<sup>6</sup> and convenient record. As we have shown, however, they are sometimes materially inaccurate and research based on them alone may not be secure, despite what Rose and Barker have recently said.<sup>7</sup>

The purpose of this paper is to try to improve the accuracy of the information which the OPCS receives. Thus coroners' certificates might be more accurate if the coroners more often consulted the clinician in charge, and other certificates would more closely reflect the cause of death if supplied by senior hospital staff.

#### References

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- <sup>2</sup> Registrar General's Statistical Review for 1956, Part III.
- <sup>3</sup> Heasman, M A, and Lipworth, L, Accuracy of Certification of Cause of Death. London, HMSO, 1966.
- <sup>4</sup> Waldron, H A, and Vickerstaff, L, Intimations of Quality. London, Nuffield Provincial Hospitals Trust, 1977.
- <sup>5</sup> Paton, A, British Medical Journal, 1972, 3, 287.
- <sup>6</sup> Adelstein, A M, Health Trends, 1977, 9, 78.
- <sup>7</sup> Rose, G, and Barker, D J P, British Medical Journal, 1978, 2, 803.

(Accepted 15 September 1978)

# How to do it

### Raise funds

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British Medical Journal, 1978, 2, 1065-1066

"Can anyone remember when the times were not hard, and money not scarce?"

Ralph Waldo Emerson

The above quotation steeled my own resolve when attempting to raise funds for a major project, and lesson one about fund raising is—if you are convinced that the cause is worthy and the project viable, don't let anyone put you off, and don't be disheartened because the country is bankrupt. It is never the right time to raise money, so go ahead and do it anyway.

Lesson two is that if you think fundraising is merely a matter of saying to yourself: "there are 300 000 people in this county, so if everyone gives 50p we will be home and dry"—forget it, go home, and tend your roses instead. Nobody is interested in handing over their hard-earned cash unless you can convince them that the whole scheme is sound, necessary, and appealing to them. After all, why should they? Fundraising is grinding

hard work. You must be prepared to kiss your wife and the baby goodbye for many evenings, because you will need to address any number of lay meetings. You will spend many hours at the kitchen table with your spouse signing letters and putting them in envelopes. You will go through agonies of self-doubt and many crises of morale in your organisation. You will learn to endure the hunted look of your friends as they see you approach, hot with the news of your latest disaster/triumph. Fascinating for you; boring for them. If all this appears too much for you, with the seemingly endless hours of repetitive, slogging work, then don't go fundraising, not at any price—it is not for the faint-hearted.

#### **Basic organisation**

If you have lasted this far, and are still convinced of the rightness of your cause and the glamour of your appeal, then the next step is to set up your basic organisation. First of all, you will need a small but select band of trusted (voluntary) and dedicated hard-working helpers. You must have a very good secretary/typist, because you are going to need to send out a great many letters: thousands will be needed for a major appeal. Next, you need to gather together a small committee you can trust. The members will need to be long-suffering, industrious but

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