British

**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

Latest highlights (18 Dec - 2 Jan):

- Coverage of **The BMJ's Christmas issue** continued over the holiday period, including man flu, wine glass size, and joint pain. **The BMJ** analysis on regulation of vaginal mesh products was also covered by the [American Council on Science and Health](https://acsn.org/

- A **BMJ Open** study on the dangers of using rubber bullets for crowd control generated widespread coverage, including [Russia Today](https://russia aujourd'hui), [Hong Kong Standard](https://www.hongkongstandard.com/) and [Pulse Nigeria](https://pulse.ng/)

- An **ESMO Open** study on premature ageing in cancer survivors generated global coverage, including [HuffPost](https://uk.huffpost.com/) and Brazil, [The Star](https://www.thestar.com), [Kenya](https://www.dailystandards.co.ke/) and [US News & World Report](https://www.usnews.com/)

- A **Vet Record** study on the high risk of chocolate poisoning in dogs over the festive period achieved extensive international coverage, including [Sky News](https://www.skynews.com), [CBS News](https://www.cbsnews.com), [TIME](https://www.time.com) and [Forbes](https://www.forbes.com/)

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**BMJ South Asia Awards**

[Sri Lanka's National Neonatal Transport Service is the best in South Asia](https://www.dailystandards.co.ke/) - Colombo Page 29/12/17

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**The BMJ**

**Feature: “Man flu” may be real (continued coverage)**

[The ‘man flu’ may be real. But many women don’t want to believe it](https://www.boston.com/globe/health/2017/12/18/man-flu-real-males-and-women) - The Boston Globe 21/12/17

[The man flu gets real](https://www.minnesota.publicradio.org/blogs/southbound/2017/12/21/the-man-flu-gets-real) - Minnesota Public Radio News (blog) 21/12/17

**Also in:** Kaplan Herald, WBUR Radio, Konbini US

**Feature: Peppa Pig may encourage inappropriate use of primary care services (continued coverage)**

[Maybe one day we’ll all live in a Peppa Pig-type of world](https://www.easternpresspublishing.com/) - Eastern Daily Press 18/12/17

**Feature: Growing size of wine glasses coincides with more drinking (continued coverage)**

[British wine glasses have got bigger over the years](https://www.economist.com/) - The Economist 19/12/17
Wine glasses have gotten 7 times bigger since the 1700s, new study concludes - ZME
Science 19/12/17
Science Says You Can Blame Your Next Hangover on the Size of Your Glass - The Observer (New York) 20/12/17

Also in: Deccan Chronicle

Research: No link between rainfall and visiting the doctor with joint pain (continued coverage)
Arthritis pain: Cold weather DOES make symptoms worse - but for THIS unlikely reason - The Express 18/12/17
Rainy days don't make aches and pains worse - Daily Mail + Irish Daily Mail 26/12/17

Analysis: Inadequate regulation for vaginal mesh products has exposed women to unnecessary harms, warn experts
Exploiting An FDA Regulatory Loophole - American Council on Science and Health 19/12/17

Feature: How well can digital assistants answer questions on sex? (continued coverage)
Got sex questions? Google before you ask Siri - Reuters Health 19/12/17
Got sex questions? Google before you ask Siri - Business Insider 20/12/17

Research: Traffic pollution putting unborn babies' health at risk, warn experts (continued coverage)
Traffic pollution tied to low-birth-weight risk - Reuters Health 19/12/17
Traffic pollution tied to low-birth-weight risk - Cyprus Mail 20/12/17

Other coverage included:
Half of EEA doctors are considering leaving the UK (link unavailable) - Daily Mirror + Irish Daily Mirror 18/12/17
Dementia symptoms: Try these NINE ways to ward off signs of memory loss NOW - The Express 20/12/17
Are Vaporizers Really Helping People Kick Smoking? - GOOD Magazine 19/12/17
Top 5 road safety solutions - Winnipeg Sun 18/12/17
Sustrans urges Bath and North East Somerset Council to keep its 20mph zones - Bath Chronicle 19/12/17
Higher Educational Linked to Lower Alzheimer’s Risk in Study Looking at Gene Variants - Alzheimer’s News Today 18/12/17
Smart kids live longer - The Telegraph (India) 20/12/17
A veteran journalist explains why it’s so tough to inform the public about medical devices — and what can be done about it - HealthNewsReview 19/12/17
DOES YOUR BREATH SMELL? IT MAY BE GENETIC - Newsweek 20/12/17
Sing for Joy - Voice of America (blog) 21/12/17
Are Non-Opioid Pain Relievers Effective in Managing Pain in The Hospital? - Medical News Bulletin 21/12/17
Diclofenac Inferior to Norfloxacin for UTI, May Increase Pyelonephritis Risk - Infectious Disease Advisor 21/12/17
'Thank you': Folk rally round to help save Christmas for local baby Jacob after death of mum - Dundee Evening Telegraph 22/12/17 Sitting Disease – the biggest epidemic of our time? - The Island (Sri Lanka) 22/12/17
Does socializing regularly improve health? - Gettysburg Times 22/12/17
The Right Chemistry: Diagnosing disease by scent - Montreal Gazette 22/12/17
Natural Healing: A consistent routine for sleep is vital - Ruidoso News 26/12/17
Air Pollution Linked to Lower Birth Weight - Asharq Al-awsat English 26/12/17
Calcium and Vitamin D Pills’ Ability to Stop Bone Loss Questioned in New Study - Consumer Reports 26/12/17
Nutrition Tip of the Week: Cold weather and heart attacks - Lake News 27/12/17
Endometriosis Diagnosis: Is There a Symptom Pattern? - Medical News Bulletin 28/12/17
Study shows regular use of ibuprofen tied to increased chance of heart attack - WFAB and WTXL 28/12/17
Killed by a parcel bomb 40 years ago, Karin Grech's murder remains unsolved - Malta Today 28/12/17
Want To Get Fit In 2018? Cannabis Can Help - The Fresh Toast 28/12/17
The miraculous mental health benefits of writing poetry - The Health Site 28/12/17
Do you really lose most of your body heat from your head? - CBS Local 29/12/17
Is Dry January good for you? The facts about laying off alcohol for a month - Wales Online 29/12/17
5 Simple Ways To Be Healthier In 2018 - American Council on Science and Health 29/12/17
Pasta Advisory Council Helps Eaters Tailor Pasta Portion Sizes - Food Tank 29/12/17
Neustatter: There's so much to laugh about in medicine - Fredericksburg Star 30/12/17
Drawing inspiration from fun research - The Times of Malta 31/12/17
Social media urged to curb self-harm images - The Sunday Times Scotland 31/12/17
The secret of dying spoons and injuries of swallows swords. The strangest medical research in the world - Gazeta Wyborcza 02/01/18
Tremendous growth (profile of Dr Bishal Gyawali) - Kathmandu Post 31/12/17

JOURNALS

BMJ Open

Research: Death, injury and disability from kinetic impact projectiles in crowd-control settings: a systematic review

Rubber and plastic bullets too dangerous for crowd control, says study The Guardian 19/12/17
Rubber bullets may cause fatal injuries: study Business Standard 20/12/17
Study: Rubber bullets ‘inaccurate’, should not be used for ‘crowd control’ Middle East Monitor 19/12/17


Now Monitor Diabetes With a Pain-Free Skin Patch: 5 Foods Which May Help Too NDTV 27/12/17

What Exactly Is Quality Time When Your Kids Are Under Five? HuffPost 27/12/17
How do different types of alcoholic drinks affect emotions?  The Journal (Ireland) 22/12/17

GPs hand out pills to avoid being sued  The Times + The Times Scotland 21/12/17

Trial to Explore If Low-dose Glucocorticoids May Improve Safety of ANCA Vasculitis Treatment  ANCA Vasculitis News 19/12/17

Energy drinks in the firing line as manufacturers urged to reformulate  Food & Drink International 18/12/17

ESMO Open

Review: Biology of premature ageing in survivors of cancer

Cancer survivors age faster and die younger than those who never had the disease, major study finds  Daily Mail 19/12/17
Cancer survivors age faster, die younger -Study  The Star, Kenya 19/12/17
Cancer Survivors May Face Premature Aging  WebMD 19/12/17


Do enough data exist to properly screen and monitor patients for toxicities associated with immunotherapies?  Healio 28/12/17

Stroke & Vascular Neurology

Research: Gingko biloba extract improved cognitive and neurological functions of acute ischaemic stroke: a randomised controlled

Herbal remedy ginkgo biloba 'can help stroke recovery'  BBC News 19/12/17
Stroke: This herbal extract could improve brain function  Medical News Today 19/12/17
Herbal supplement found on High Street boosts memory in stroke survivors  Daily Mail 19/12/17


Vet Record

Research: Heightened risk of canine chocolate exposure at Christmas and Easter

Chocolate poisoning risk to dogs at Christmas  - BBC News online 21/12/17
Why you should resist those puppy eyes this Christmas: Chocolate poisonings in dogs is
expected to peak during the holidays, experts warn  - Daily Mail 21/12/17
It's Christmastime, and that means dogs are now at peak risk of chocolate poisoning  - Los Angeles Times 21/12/17


Research: Study of ingredients and nutrient composition of commercially available treats for dogs

Dog treat WARNING: Pets at risk of getting FAT with worrying levels of sugar  - The Express 20/12/17
Most dog treats exceed recommended daily energy allowance  - Phys.org
Science has some bad news about your dog treats  Today.com 21/12/17

Also covered by: The Times, Science Daily, American Council on Science and Health

Research: Quantitative analysis of antimicrobial use on British dairy farms
Research comment: Antimicrobial use in dairy cattle: 'What gets measured gets improved'

Free antibiotics calculator launched for dairy farmers  Farmers Weekly 21/12/17
A small number of farms are responsible for the majority of antibiotic use  - The Guardian 21/12/17
New tool to help vets monitor and reduce antibiotic use on dairy farms  VetSurgeon News 21/12/17

Also covered by: Farming UK, AgWeb, Phys.org, Science Daily, Brinkwire, Science Codex, FG Insight

First Genetically Engineered Super Horses Could Be Born In 2019  The Inquisitr 27/12/17

Annals of the Rheumatic Diseases

Biologics decreases total joint replacements in patients with rheumatoid arthritis  Becker’s Spine Review + MedPage Today 26/12/17
Leftunomide Exposure During Pregnancy Not Associated With Increased Risk for Adverse
Outcomes  Rheumatology Advisor 21/12/17

Psychological Distress in Rheumatoid Arthritis: Efficacy of Fear Assessment Questionnaire Psychiatry Advisor 20/12/17

Characterization of Rheumatic Disorders Associated With Immune Checkpoint Inhibitor Use Rheumatoid Arthritis Advisor 20/12/17

Clinical Outcomes With MTX Monotherapy vs TNFi-MTX Combination Therapy for Early RA Rheumatoid Arthritis Advisor 20/12/17

Effect of bDMARD Discontinuation on Remission, Radiographic Progression in RA Rheumatoid Arthritis Advisor 19/12/17

For Myositis: An Old, Costly Drug?  MedPage Today 18/12/17

5 ways to save your knees and joints  Health24 17/12/17

Archives of Disease in Childhood

Children Who Eat More Restaurant or Take-Away Foods, Have Extra Body Fat and Heart Risk: Study  NDTV 01/02/18
Regular carry-out meals linked to higher body and blood fats  Reuters 01/01/18
Children who eat at restaurants have extra body fat, risk of heart disease: study  Deccan Chronicle 02/01/18

BMJ Case Reports

Ultra-marathon runner, 41, who ran between 50 and 100 miles each day developed anaemia Daily Mail  18/12/17 + Infosurhoy

YOU SILLY ARSE!  Sunday Sport 17/12/17 (print only)

These are the toys that could send your child to the ER  - CTV (Canada) News 21/12/17

What is Cat Scratch Disease? The infection from kittens that can ...  Brinkwire 23/12/17

Footstrike Hemolysis: How Running Changed One Man's Blood Cells  Live Science 26/12/17

Medical Mystery: What caused mass in man's lungs?  Philly.com  28/12/17

British woman, 97, becomes the oldest person ever to have chickenpox - despite already suffering the highly contagious bug as a child  Daily Mail + Scottish Daily Mail 28/12/17

UK's oldest chickenpox patient died from complications despite previously contracting disease  The Independent 28/12/17

Woman, 97, dies after her doctors miss chickenpox  The Times 29/12/17

Also in: Infosurhoy, The Sun, Daily Telegraph + Daily Telegraph Scotland (misattrib to The
The bizarre reason for a man’s worsening anxiety  Live Science 30/12/17

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Superficial touch therapy eases pain, reduces opioid dependency  Reuters 22/12/17

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Patient Engagement Technology, Value-Based Care Key 2018 Trends  Patient Engagement HIT 18/12/17

Medication errors for admitted patients drop when pharmacy staff take drug histories in ER  Brinkwire 20/12/17

BMJ Innovations

Mandira Bedi Awarded Health Icon of The Year at 4th Edition of Indian Health and Wellness Summit and Awards 2017  MENAFN 19/12/17

British Journal of Ophthalmology

Follow on coverage
Can a Cup of Hot Tea a Day Help Preserve Eyesight?  New York Times 20/12/17
Drinking hot tea every day can help your eyes from developing this common issue, according to research  Bustle 20/12/17
Can a daily cup of tea help prevent glaucoma?  NHS Choices 18/12/17


British Journal of Sports Medicine

Brief Bouts of Exercise Can Spark Big Bursts of Brain Power  Psychology Today 01/01/18
Research: Sitting for Too Long Can Harm You  NetralNews (Indonesia) 30/12/17
Burn 1,200 Calories Before and After Christmas Dinner  Cape Cod Today 25/12/17
Addiction to TV may halt sperm production by 35%  News Patrolling 22/12/17
A year in review: the most popular medical stories of 2017  Brinkwire 22/12/17
A year in review: The most popular medical research of 2017  Medical News Today 20/12/17

Totality of evidence fails to support dietary guidelines for fat: researchers  FoodNavigator USA 20/12/17

Will Eagles’ Carson Wentz be ready for next season after ACL surgery?  Philly.com 19/12/17

Bundy man takes helm of global association  Bundaberg News-Mail (Australia) 19/12/17

Don’t call my book a ‘celeb diet’ – it’s a lifestyle medicine plan  The Spectator 18/12/17

The weird cold sleeve that got the ‘Star Wars’ cast in shape  New York Post 18/12/17 + News.com.au

Mark Noble is the latest West Ham player to pick up a hamstring muscle strain  Brace the Hammer 18/12/17

Cherry juice for muscle pain  Star (Malaysia) 17/12/17 (print only)

Injury Prevention

The CDC should call a timeout on its partnership with the NFL  STAT 21/12/17

Journal of Epidemiology & Community Health

Why s*x is good for your health!  Nigerian Tribune 28/12/17

Occupational & Environmental Medicine

Cellphone Guidelines Won't Harm, But They Probably Won't Help Either  Live Science 20/12/17

Particulate Air Pollution Exposure Associated With Lower Sperm Quality, Study Finds  Clean Technica 21/12/17

Tobacco Control

Top Universities Reject Big Tobacco’s Research Funding  The Wire 24/12/17

Trends in trucking  American Trucker Magazine 21/12/17