BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week's (11-17 Dec) highlights:

- A BJO research paper suggesting that drinking hot tea every day is linked to lower glaucoma risk was picked up by media outlets across the globe, including The Guardian, The Nation (Pakistan) NDTV (Delhi) and Daily News (Egypt)
- An ADC study suggesting that regular take-aways are linked to kids’ heart disease and diabetes risk was covered by outlets including Irish Health, Daily Express, and CBS Miami
- Several BMJ Open studies generated global coverage this week, including a call to ban energy drinks being sold to children, a suggestion that nuts help reduce heart disease risk, and a study into inadequate regulation for vaginal mesh products

**BMJ**

**Helen Crisp appointed Editor-in-Chief of BMJ Open Quality** - InPublishing 14/12/2017

**The BMJ**

Feature: “Man flu” may be real

**Man flu is real — and it’s all women’s fault, says scientist** - The Times + The Times Scotland +The Times Ireland 12/12/2017
**Man flu real? Women will just have to get over it...** - Metro London 12/12/2017
**Laid up with ‘man flu’? It’s real, researcher says** - CNN 12/12/2017


Feature: Peppa Pig may encourage inappropriate use of primary care services

Peppa Pig piling pressure on NHS with 'unrealistic' image of GPs - Daily Telegraph
11/12/2017
Why Peppa Pig's GP is a bad example for real patients: Senior doctor says series is leading parents to make appointments for coughs and colds - Daily Mail + Scottish Daily Mail
12/12/2017
'Peppa Pig' Is Encouraging 'Inappropriate Use' Of GPs, Claims A Doctor - HuffPost UK
11/12/2017


Research: Full moon linked to increased risk of fatal motorcycle crashes

High beam hazard: full moon linked with motorcycle deaths - The Australian 12/12/2017
Full moon is ‘danger to bikers’ - Daily Express + Scottish Daily Express 12/12/2017
Risk of fatal motorcycle crash higher under a full moon, researchers find - The Guardian
11/12/2017


Research: Pride does not come before a fall

Pride comes before a period of remaining perfectly upright - The Times + The Times Scotland 12/12/2017
Pride doesn’t come before a fall so hold your head up high - Daily Telegraph 11/12/2017
Pensioners less likely to suffer serious fall if they do THIS, research says - Daily Express 12/12/2017

Also covered by: The Times (T2) + The Times Ireland

Feature: Growing size of wine glasses coincides with more drinking
In U.K., Bigger Wine Glasses for Bigger Thirsts - The New York Times 14/12/2017
Wine glasses now seven times larger than in Georgian times - Daily Telegraph + Daily Telegraph Scotland 13/12/2017
Size does matter: wine glasses are seven times larger than they used to be - The Guardian 14/12/2017


Feature: How well can digital assistants answer questions on sex?
Why Apple's Siri and Google Assistant are confusing St Ives in Cornwall with sexually transmitted infections, according to new sex research - Cornwall Live 14/12/2017

Also covered by: Daily Telegraph (link unavailable)

Research: No link between rainfall and visiting the doctor with joint pain
Rain does not make joints ache, research shows - Netdoctor 14/12/2017
Sore joints aren't barometers, researchers find - Cosmos Magazine 17/12/17

Also covered by: Daily Telegraph +Daily Telegraph Scotland (links unavailable)

Research: Owning a pet does not seem to influence signs of ageing
Covered by: Daily Telegraph + Daily Telegraph Scotland, Daily Mail (Max Pemberton column), Metro (London), National Post (links unavailable)

Feature: Children best placed to explain facts of surgery to patients, say experts
Kids Do A Good Job Of Explaining Surgery - WLTZ 14/12/2017
Want help explaining a medical procedure? Ask a 9-year-old - WUNC (North Carolina Public Radio) and KPCC (Southern California Public Radio) 15/12/17
**Continued coverage for breast cancer screening deaths in the Netherlands**: The Guardian (G2 magazine)

**Continued coverage for health benefits of coffee drinking**: Stoke Sentinel

**Other coverage included:**

- [There's even more evidence that one type of exercise is the closest thing to a miracle drug that we have](https://www.businessinsider.com/) - Business Insider UK 11/12/2017
- [DEAD COLD: Why do so many healthy people die while shovelling snow? Experts get to the heart of the matter](https://www.thesun.co.uk/) - The Sun 11/12/2017
- [It's time to remind ourselves about appendicitis](https://thestar.com/) - The Star Online 11/12/2017
- [Winter Proof Your Body](https://www.dailymirror.co.uk/) - Daily Mirror + Irish Daily Mirror 11/12/2017
- [Bolt from the blue](https://mykawartha.com/12/12/2017) - (link unavailable)
- [Joke Christmas medical journal papers make unfunny bad science](https://www.newscientist.com/) - New Scientist 11/12/2017
- [These are the effects that drinking 12 cans of Diet Coke a day could have on Donald Trump's health](https://www.examiner.com/) - Irish Examiner 11/12/2017
- [Until more evidence exists, Peterborough Public Health takes precautionary approach to vaping](https://www.mykawartha.com/12/12/2017) - MyKawartha.com 11/12/2017
- [Silencing of Big Ben is golden for children's sleep unit at hospital](https://www.eveningstandard.co.uk/) - Evening Standard 12/12/2017 (link unavailable)
- [Needless surgery and medication cost NHS billions](https://www.independent.co.uk/) - Independent i 13/12/2017 (link unavailable)
- [Fit for Life - Star (Malaysia)](https://www.sundaytimes.com.my/) - 11/12/2017 (link unavailable)
- [UK pharma regular names Bayer, Astellas and A Menarini in ads over breaches ‘discrediting’ pharma industry](https://www.pr-week.com/) - PR Week 13/12/2017
- [A BMJ Christmas issue filled with wine glasses, sex, and back pain brings out the Grinch in us](https://www.statnews.com/) - Stat News 13/12/2017
- [Pharma companies fall foul of ABPI’s Code of Practice](https://www.pharmatimes.com/) - PharmaTimes 14/12/2017
- [Study: Video game helps emergency room doctors triage more effectively](https://www.mobih.com/) - Mobi Health News 13/12/2017
- [Letters: Medicines to treat depression can be toxic and should be used with caution](https://www.businessinsight Scotland.com/) - HeraldScotland 15/12/2017
- [Doctors still argue about this prince's early death](https://www.pbs.org/) - PBS Newshour 15/12/17
- [Ill-Equipped for a Healthy Nation](https://www.economictimes.indiatimes.com/) - (article on medical devices) - Economic Times (India), 15/12/17
- [Doctors shouldn't fear giving patients with long-term medical conditions hope, study finds](https://www.telegraph.co.uk/) - The Sunday Telegraph 17/12/17
- [How do we know what treatment works?](https://www.nationalpainreport.com/) - National Pain Report 17/12/17
- [Naughty or Nice? The Science of Santa Claus](https://www.thejournal.ie/) - (Christmas 2016 paper) - The Journal.ie 17/12/17

**JOURNALS**

**British Journal of Ophthalmology**

*Editorial: Frequency of a diagnosis of glaucoma in individuals who consume coffee, tea and/or soft drinks*
Could drinking tea really be linked to a lower risk of glaucoma? The Guardian 15/12/17
Drinking Hot Tea May Protect Against Glaucoma Consumer Reports 14/12/17
Could a hot cup of tea preserve your vision? The Nation (Pakistan) 16/12/17


Archives of Disease in Childhood

Research: Take away meal consumption and risk markers for coronary heart disease, type 2 diabetes and obesity in children aged 9-10 years: a cross sectional study

Kids who eat takeaways storing up problems Irish Health 15/12/17
Heart disease and diabetes risk in later life INCREASED if children do THIS once a week Daily Express 14/12/17
Study suggests too much takeout food could hike kids' heart disease chances UPI.com 16/12/17

Also covered by: CBS Miami, Gephardt Daily, Medical Xpress, HealthDay, MedPage Today, Medical Research.com, WCAX

Leading article: Current status of paediatric and neonatal organ donation in the UK

Child organ donation rates are still too low Herald Scotland 16/12/17
Despite removal of many obstacles, UK child organ donation rates remain low Medical Xpress 14/12/17

Pulmonary Emboli in Pediatric Patients: Clinical Predictors Identified Pulmonology Advisor 13/12/17

Acupuncture in Medicine

Zapping Your Pancreas to Help Manage Your Diabetes HealthLine 11/12/17

Annals of the Rheumatic Diseases

Gout Tied to Work Absenteeism MedPage Today 16/12/17

Primary Prophylaxis Reduces Pneumocystis Pneumonia in Rheumatic Disease Infectious Diseases Advisor 13/12/17
Tapering bDMARDs May Help Sustain RA Remission  Medscape 13/12/17

ACR/EULAR criteria for Sjögren’s syndrome offers higher sensitivity, lower specificity  Healio 12/12/17

Assessing Fear. Psychological Distress in Rheumatoid Arthritis and Axial Spondyloarthritis  Rheumatology Advisor 11/12/17

Examining Smoking Paradox in PsA Development for Patients With Psoriasis  Rheumatology Advisor 11/12/17

BMJ Case Reports

Drunk Briton perforated his bowel after 'losing control' of a 77cm bendy sex toy  International Business Times  14/12/17
Doctors’ horror as 30 inch sex toy gets stuck inside man  Russia Today 15/12/17

Also in: The Sun, Mirror, Metro, International Business Times Singapore, Infosurhoy, Crave Online

WHAT IS ECTOPIA CORDIS? BABY SURVIVES BEING BORN WITH HEART OUTSIDE HER BODY  Newsweek 13/12/17

BMJ Open

Curb Your Sugar Cravings In One Week Flat  Prevention.com 16/12/17

The doctor will feed you now  The Times 15/12/17

External PR
Energy drinks should not be sold to children, campaigners say  ITV News 15/12/17
Average Energy Drink Contains More Sugar Than An Adult’s Recommended Daily Allowance  HuffPost UK 15/12/17
Calls for ban on energy drinks being sold to kids  The Scotsman 15/12/17

Also in: STV, The Guardian, Daily Telegraph, Gizmodo UK, Cornwall Live, Food Ingredients.net, FoodNavigator

Pharma Ups Its Game On Trial Transparency But There’s ‘Room For Improvement’  Forbes 14/12/17
J&J Tops Bioethics International Transparency Report  PharmaLive 13/12/17

This Morning medic shares post of her day as an over-stretched NHS GP – including helping immigrant victims of violence, rape and torture, who needed an interpreter – as she slams 10-minute consultations  Daily Mail 13/12/17

Eat Dry Fruits To Reduce Risks Of Cardiovascular Diseases, Says Study  Doctor NDTV (India) 12/12/17
Nut consumption can lower the risk of cardiovascular disease, says study  TheHealthSite 12/12/17
Study proves nuts help reduce cardiac risk  Deccan Chronicle 12/12/17

Systematic Review Does Not Identify Patient-Related Risk Factors for Chronic Pain After Total Knee Replacement Surgery  Clinical Pain Advisor 12/12/17

The real reason you may have an upset tum (and what to do about it)  Irish Daily Mail 12/12/17 (link unavailable)

Having stillbirths  Irish Daily Mail 12/12/17 (print only)

Continuing coverage
Doctors were NOT told how dangerous vaginal mesh can be for thousands of women and only 31 females and SHEEP took part in a trial for one implant, reveals Panorama investigation  Daily Mail 11/12/17
Review: Vaginal Mesh Devices Released Without Clinical Trials  DrugWatch 11/12/17
Panorama investigation reveals medical company failed to fully inform doctors of vaginal mesh risks  The Independent 11/12/17

Digital Health Platforms May Not Be a Cure All Solution  Specialty Pharmacy Times 11/12/17

Want a tip on weight loss? Don’t ask Mick Jagger  The Observer 10/12/17

BMJ Open Diabetes Research & Care

More than 1 in 3 newly diagnosed diabetics not committed to taking their medication: Study  Straits Times 14/12/17
35% of diabetes patients don't take their medication regularly  The New Paper (Singapore) 15/12/17

HbA1c reductions differ with type of second-line drug class  Healio 12/12/17

BMJ Quality & Safety

Get a Second Opinion! Mayo Clinic Find Medical Diagnoses Almost Always Wrong or Incomplete  eMax Health 12/12/17

BMJ Sexual & Reproductive Health

Sexual health staff can refuse to provide contraception  Infosurhoy  (Latin America) 11/12/17

British Journal of Sports Medicine

Taking a look at the year in nutrition  Globe & Mail 17/12/17

Compression sports gear: squeezing more from your exercise  Irish Times 12/12/17
**Gut**

*Bowel Cancer UK identifies critical research gaps*  Hospital Healthcare Europe  13/12/17

**Injury Prevention**

"This is about saving kids’ lives." Authors update pivotal car seat safety results  Retraction Watch 15/12/17

MORE WHITE PEOPLE CARRY DRUGS, BUT BLACK PEOPLE ARE THE ONES WHO GET ARRESTED  Newsweek 13/12/17

**Journal of Neurology Neurosurgery & Psychiatry**

All you need to know about akinesia  Medical News Today 10/12/17

Marriage may make you crazy, but it also deters dementia  The Japan News 13/12/17

Marriage good for our mental health  Kankahee Daily Journal (Illinois)

**Occupational & Environmental Medicine**

How air pollution affects pregnant women and their babies  Times Now (India) 14/12/17

Air pollution fine particles linked to poor sperm quality  Business Insider 11/12/17

Pollution linked to infertility in men  Business Daily 14/12/17