BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (23 - 29 October) highlights:

- An editorial published in The BMJ about how the NHS must plan for disruption and effects on staff after mass casualty events, was covered by Sky News, Evening Standard and Manchester Evening News amongst others.
- A BMJ Open research paper which says 1 in 4 women and 1 in 6 men aged 65 and over will be physically disabled in Europe by 2047 was covered by various outlets including, The Times, Daily Mail and The Mirror.
- A BMJ Open Diabetes Research & Care study about how statin use is linked to heightened type 2 diabetes risk in susceptible individuals was covered internationally, including ITV News, Independent i and Newsmax.

The BMJ

Editorial: NHS must plan for long term disruption and effects on staff after mass casualty events

Medics carried out an extra 350 hours of surgery in the aftermath of the Manchester Arena bombing - Manchester Evening News 26/10/2017
Impact of ‘mass casualty events’ on health staff - Sky News 26/10/2017
Hospitals feel strain of mass tragedies like Grenfell fire and London terror attacks months later, experts say - Evening Standard 26/10/2017

Also covered by: Stourbridge News, Sky News (radio), NW Evening Mail

Opinion: Retain UK healthcare as a primarily publicly funded service, argues leading doctor

Retain UK healthcare as a primarily publicly funded service, argues leading doctor - DeathRattlesports.com 27/10/2017

Head to Head: Should we scrap the target of a maximum four hour wait in emergency departments?

Plymouth doctor defends four hour waiting time target at A&E - Plymouth Herald 25/10/2017
Should we scrap the target of a maximum 4-hour wait in emergency departments? - DeathRattleSports.com 27/10/2017
Research: **Teenage girls more likely to self-harm than boys**

Also covered by: TES News

**Editorial:** *Upfront charging of overseas visitors using the NHS is a threat to everyone, argue experts*

*Foreign Visitors Could Face Upfront NHS Charges In Crackdown On ‘Health Tourism’* - HuffPost UK 23/10/2017

**Analysis:** *Keeping active can help older people reduce the need for costly social care*

*Why there is no need to offer seat to aged* - The Times of India 21/10/2017 (link unavailable)

**Other coverage included:**

Analysis - The Times + The Times Scotland 24/10/2017 (link unavailable)

**FAULTY BATTERY** - Daily Mail + Scottish Daily Mail 24/10/2017

**What Every knee Arthritis Sufferer Should Know Especially If You Are "Bone On Bone" or Facing Surgery** - The Chicago Tribune 24/10/2017

**World Update** - BBC World Service Radio 24/10/2017

**Editorial:** *Is water alkalinity beneficial, or just another healthy buzzword?* - The CC Connection 23/10/2017

**Can Cognitive Behavioural Therapy Treat Health Anxiety?** - Medical News Bulletin 24/10/2017

**Availability of abortion pill means the genie is out of the bottle** - Irish Examiner 26/10/2017

**112 New Studies Point To One Recommendation: Eat More Whole Grains** - PerishableNews.com 26/10/2017

**Clocks go back: The health benefits of an extra hour’s sleep** - ITV News 27/10/2017

**These are the benefits of having an extra hour in bed as the clocks go back** - The Irish Times 28/10/2017

**Oral sex, multiple partners can increase head and neck cancer risk, finds study** - Hindustan Times 29/10/2017

Also covered by: BT.com

**What is The Facts of Time Change in Daily Life?** - Week Facts 28/10/2017

**I'M A NURSE, AND YOU WON'T BELIEVE, BUT PEOPLE STILL BELIEVE IN THESE 10 MYTHS ABOUT SEX AND HEALTH** - The Sherbrooke Times 28/10/2017

**Drinking red wine improves chances of getting pregnant – major study finds** - Prime News Ghana 29/10/2017
JOURNALS

BMJ Open

Research: Future trends in the prevalence of severe activity limitations among older adults in Europe: a cross national population study using EU-SILC

A quarter of women will be physically disabled in 30 years iNews 24/10/17
A fifth of women over 65 disabled by 2047 - Study Pulse Nigeria 23/10/17
A fifth of women over 65 in Europe disabled by 2047 – study Manila Times 23/10/17


Disabilities tied to worse access to care Gulf Times 28/10/17
Also in: Business Insider, Newsmax

Ian Henschke: Lessons I learned from my brother, Richie The Advertiser (South Africa) 27/10/17

‘What could help me to die?’ Doctors clash over euthanasia STAT 26/10/17

Fighting over patients is bad for GP–pharmacy relations The Pharmaceutical Journal 24/10/17

Diabetes Patients May Suffer Heart Attack without even Feeling it Asharq Al-Awsat (English) 23/10/17
Also in: Cardiovascular Business, NDTV, The Independent, The Sun

BMJ Open Diabetes Research & Care

Research: Statin use and risk of developing diabetes: results from the Diabetes Prevention Program

Cholesterol-lowering statin linked to heightened diabetes risk ITV News 24/10/17
Statin use may increase risk of type 2 diabetes, study finds Pulse 24/10/17
Taking statins raises the risk of type 2 diabetes by a third Daily Mail 24/10/17

Also covered by: The Times, Daily Express, Independent i, Nursing in Practice, Nursing Times, WebMD, Medscape, Medical News Today, TheHealthSite, Monthly Prescribing Reference, Diabetes.co.uk, Newsmax, UPI.com, Siasat Daily, Gears of Biz, Cosmos, The Cheat Sheet

Preventing T2D With Referral to Commercial Weight Management Program Endocrinology Advisor 26/10/17

Trauma Surgery & Acute Care Open
Research: Characterizing the gut microbiome in trauma: significant changes in microbial diversity occur early after severe injury

Gut bacteria may change rapidly after severe injury  HealthDay 25/10/17
Small study finds the balance in the gut ‘changes after serious trauma’  Nursing Times 24/10/17
Alterations in Gut Microbiome Noted Within 72 Hours of Injury  Doctors Lounge 25/10/17

Also covered by: Medical Xpress, US News & World Report, WebMD

Archives of Disease in Childhood

Research: Increasing admissions to paediatric intensive care units in England and Wales: more than just rising a birth rate
Immigration is placing a strain on the NHS  Daily Mail 27/10/17
Sharp rise in number of children admitted to intensive care in England  The Guardian 27/10/17
Immigration behind a 15% rise in seriously ill children  Gears of Biz 27/10/17

Also covered by: Daily Express, Nursing Times, Times & Star, NW Evening News

Veterinary Record

Review: The future of keeping pet reptiles and amphibians: towards integrating animal welfare, human health and environmental sustainability
Editorial: Keeping reptiles and amphibians as pets: challenges and rewards
Viewpoint: Future of keeping pet reptiles and amphibians: animal welfare and public health perspective

Why kids shouldn't keep reptiles as pets  Independent Online (South Africa) 27/10/17
Ban public from keeping reptiles because they keep accidentally killing them, say vets  Daily Telegraph 27/10/17
This is why 75 per cent of pet reptiles die within a year  The New Indian Express 27/10/17

Also covered by: The Times + Times Scotland, Daily Mail, ABP Live, India Today, ScienceAlert, Business Standard, Phys.org, Kaumudi Online

Annals of the Rheumatic Diseases

Impact of Remission, Low Disease Activity on Outcomes in Lupus  Rheumatology Advisor 26/10/17

Pulmonary Progression Can be Rapid in SSc  MedPage Today 25/10/17

Smoking May Be Linked to Pathogenesis of Anti-double Stranded DNA in SLE  Rheumatology Advisor 24/10/17

BMJ Innovations
Faster, cheaper urinary tract infection test  The Hindu 28/10/17

**BMJ Case Reports**

Epsom salt may cause liver injury in predisposed patients  Clinical Advisor 28/10/17

Woman’s Scalp Was Torn from Her Head in Horrifying Accident  Live Science 25/10/17

Are intestinal parasites on the rise? These types might be  Daily Mail 23/10/17

Indian woman DIES after being stung by a scorpion  Fox News 25/10/17

**BMJ Open Gastroenterology**

Individualized diets may help ease irritable bowel syndrome  Business Insider 24/10/17

**BMJ Open Sports & Exercise Medicine**

If You Think Scrum Caps Reduce Rugby Head Injuries Read This  Nigeria Today 25/10/17

Also in: DeathRattleSports.com

**British Journal of Ophthalmology**

Cataract surgery tied to lower risk of death in older women  Medical News Today 26/10/17


Fanta food astic fixes  Daily Mirror + Irish Daily Mirror 24/10/17

**British Journal of Sports Medicine**

Weight loss: Lose belly fat fast in the OFFICE with these three moves  Daily Express 27/10/17

5 diet changes you need to make to build muscle  Men’s Health 26/10/17

New prevention exercise to reduce rugby injuries  Medical Xpress 23/10/17

Also in: England Rugby

**Journal of Family Planning and Reproductive Health Care**

The war on sugar  Boston Globe 22/10/17
Top pregnancy doc: ‘We can’t perform enough late-term abortions’  The Christian Institute 28/10/17

Journal of Epidemiology & Community Health

Mental health gap divides rich and poor children  The Scotsman 28/10/17

Trick is finding health benefits of Halloween  Tallahassee Democrat 28/10/17

Journal of Medical Ethics

Australian State Lawmakers to Vote on Assisted Dying  Voice of America 28/10/17

Fatal genes  New York Review of Books 22/10/17

Journal of Neurology Neurosurgery & Psychiatry

Revolutionary new jab to stop those crippling migraines  Daily Mail + Scottish Daily Mail 24/10/17