BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (16 - 22 Oct) highlights:

- A research paper published in The BMJ about how teenage girls are more likely to self-harm than boys made global headlines, including The Guardian, ITV, Sky News and appearing of the front page of The Telegraph.
- The BMJ published a piece on first time mothers who laid down during labour having easier births made international headlines, including The Times, Huffington Post UK, and The New York Times.
- A research piece in Journal of Epidemiology & Community Health on the introduction of a 10 pence levy on sugary drinks in Jamie Oliver’s ‘Jamie’s Italian’ restaurants gained coverage including Los Angeles Times, The Observer and BBC News.

BMJ

British Medical Journal CDO on using Amazon and Alibaba for its multi-cloud strategy - Computer Weekly 18/10/2017
N.S. recruitment team heading to U.K. to attract more doctors - CBCNews 19/10/2017

The BMJ

Research: Teenage girls more likely to self-harm than boys

'Worrying' rise in self-harm - The Telegraph (Front Page) - 19/10/2017
GPs record big increase in self-harm by teenage girls - The Guardian 19/10/2017
Self-harming up by 70% among young teenage girls - The Times 19/10/2017


Research: First time mothers with an epidural who lie down in later stages of labour
are more likely to have a normal birth

Lying down after epidural leads to ‘easier birth’ - The Times 19/10/2017
Women In Labour Who Have An Epidural Could Reduce Their Chance Of Needing Intervention By Lying Down - HuffPost UK 18/10/2017
During Labor, Lie Down - The New York Times 20/10/2017

Also covered by: Huffington Post Canada, Times & Star, World First, What to Expect (blog)

Editorial: Upfront charging of overseas visitors using the NHS is a threat to everyone, argue experts

NHS ID Check Plans Could Risk Patient Safety, British Medical Journal Warns - HuffPost UK 18/10/2017

Analysis: Keeping active can help older people reduce the need for costly social care

Keep active to stay independent and cut care bills - Boots WebMD 18/10/2017
Old age is not for taking it easy, Elderly must exercise to keep health costs down, say experts - The Telegraph 17/10/2017
STOP OFFERING YOUR SEAT TO ELDERLY PEOPLE ON PUBLIC TRANSPORT, ADVISE HEALTH EXPERTS - The Independent 19/10/2017

Also covered by: The Sun, The Times, The Independent (Ireland), NW Evening Mail, Daily Mail, Metro (London), Huffington Post Canada, LADBible, homecare.co.uk, The People, Independent i

Research: Study finds small differences in patient outcomes between male and female surgeons (continued coverage)

Do fewer patients die with female surgeons? - Reuters 19/10/2017

Research: No clear evidence that most new cancer drugs extend or improve life (continued coverage)

Expensive cancer drugs 'harm care for other patients' - The Times Scotland 16/10/2017
Why are over half of newly approved cancer drugs failing to deliver? - Verdict 16/10/2017

Other coverage included:
Surgery pioneer who saved so many lives - The Daily Telegraph 16/10/2017
Pesticides lowering sperm counts, doubling rates of testicular cancer - The Guardian (Nigeria) 16/10/2017
Cinema Libre acquires 'The Pathological Optimist' (exclusive) - ScreenDaily 17/10/2017
Do Smoking Bans Decrease Child Hospital Admissions? - Medical News Bulletin 17/10/2017
Fast food and snacks can be good for kids, says professor - The Daily Mail (Scotland) (link unavailable)
2 minutes on... Daily Mirror + Irish Daily Mirror 20/10/2017(link unavailable)
When medical research is outdated, it's the patients who pay - New Statesmen 19/10/2017
Does Hormone Replacement Therapy Increase All-Cause Mortality? - Medical News Bulletin 19/10/2017
Womanhood is in crisis – and it stems from our basic lack of self-worth - The Telegraph 21/10/2017 (link unavailable)
Sir David Attenborough on Blue Planet II, making enemies – and why he has no plans to quit - The Times (magazine) 21/10/2017
5 live investigates - BBC Radio 5 (programme features interview with Deb Cohen) 22/10/2017

JOURNALS

Journal of Epidemiology & Community Health

Research: Change in non-alcoholic beverage sales following a 10-pence levy on sugar-sweetened beverages within a national chain of restaurants in the UK: interrupted time series analysis of a natural experiment

Jamie Oliver adds a 'sugar tax' to curb soda purchases in restaurants Los Angeles Times 18/10/17
Jamie Oliver's sugar tax success: Chef's own 10p levy on fizzy drinks at his restaurants led to 11% fall in sales Daily Mail 17/10/17
Restaurant chain 'cut sugary drink sales' with price rise BBC News 17/10/17


Report: There Is Correlation Between Your Health, Your Marriage CBS Philly 18/10/17
Happy marriages, healthy hearts Bangkok Post 17/10/18 (print only)

New rugby warm-up regime can halve number of injuries The Observer 22/10/17

BMJ Diabetes Research & Care

Research: Evaluation of a type 2 diabetes prevention program using a commercial weight management provider for nondiabetic hyperglycemic patients referred by primary care in the UK

Experts say patients at risk of diabetes should be sent to Weight Watchers Sky News 17/10/17
GP Weight Watchers referral reduces glucose levels in over a third of patients Pulse
17/10/17
Weight Watchers classes help to prevent diabetes. The Times 17/10/17


Statin therapy increases risk for incident diabetes in high-risk adults. Healio 18/10/17

British Journal of Sports Medicine

Editorial: Is the abdominal hypopressive technique effective in the prevention and treatment of pelvic floor dysfunction? Marketing or evidence from high quality clinical trials?

Common Exercise Therapy May Not Help Women With Leaky Bladder. WebMD 16/10/17
Researchers claim there is dearth of evidence to support abdominal hypopressive technique. Nursing Times 17/10/17
Common exercise therapy may not help women with leaky bladder: Study. UPI.com 17/10/17

Also covered by: Philly.com, HealthDay, Doctors Lounge, ScienceDaily, Harvard Health

New rugby warm-up regime can halve number of injuries. The Observer 22/10/17

How to improve brain function of your child. The Statesman (India) 21/10/17

With time, shoe inserts may help ease plantar heel pain. Business Insider 20/10/17

Philippines declares war on excessive sitting. WDIV Detroit 20/10/17

Here's how to stretch out your workplace aches and pains. CBC News 19/10/17

The do's and don'ts of self massage. Dance Magazine 18/10/17

Movement is medicine for kids too. Hanford Sentinel 18/10/17

Women swing into golf for fun and fitness. Northern Star 17/10/17

Annals of the Rheumatic Diseases

The doctors warned about the dangers of most popular meds. Gears of Biz 18/10/17
**Pediatric Multiple Sclerosis Relapse Associated With Fat Intake**  Neurology Advisor 19/10/17

**Journal of Medical Ethics**

**In fact: Debate around the ‘living will’ and why, in an ideal world, it would**  The Indian Express 17/10/17

**Journal of Neurology Neurosurgery & Psychiatry**

**Pediatric May Slow Radiographic Sacroiliac Joint Progression in Axial Spondyloarthritis**  Rheumatology Advisor 16/10/17

**BMJ Open**

**This is the real reason your sex drive drops**  Reader’s Digest 20/10/17

**Does diabetes make a heart attack feel different?**  Business Insider 20/10/17

**High prevalence of Familial Hypercholesterolemia (FH) in Canadian population must be addressed**  Markets Insider 20/10/17

**Custom trained autism service dog to help 16-year old in Pittsford, New York**  Digital Journal 19/10/17

**Maternal Glucocorticoid Exposure Not Associated With ADHD in Offspring**  Psychiatry Advisor 18/10/17

**Adults and adolescents with autism are in crisis**  The Record.com 18/10/17

**Trial Update: Bariatric Surgery vs Dietary Program for Tx of Idiopathic Intracranial Hypertension**  Neurology Advisor 17/10/17

**The pursuit of happiness**  Harvard Health 17/10/17

**Asthmatics relying on quick relief: study**  West Australian 17/10/17

**Reliever inhalers linked to poor asthma control**  Pharmacy News 17/10/17

**Asthma study finds 40pc of patients using quick-fix treatment, putting their health at risk**  ABC Online 17/10/17

**Also in:** Australian Doctor, SBS, Herald Sun, Courier Mail

**Injury Prevention**

**Bill Brownstein: Readers call for much tougher punishment for distracted drivers**  Montreal Gazette 17/10/17

**Guns and the left**  The Outline 16/10/17
Sexually Transmitted Infections

You Can Now Buy Condoms in 60 Sizes—But Is That Really Necessary? Health.com 18/10/17

Tobacco Control

Study: Local Vaping Bans Will Prevent Cigarette Smokers From Quitting The New American 18/10/17

Decreasing popularity of e-cigarettes could 'open the floodgates' for smoking alternative heat-not-burn tobacco Cardiovascular Business 17/10/17

Veterinary Record

Vets’ fear as ‘cartoon like’ Arab colt goes viral Horse and Hound 16/10/17
Genetic modification of horses: yay or neigh? Times LIVE (South Africa) 16/10/17
Why Breeding Horses to Look Like Cartoon Characters Is a Terrible Idea Care2.com 16/10/17

Homeopathy is ‘QUACKERY’: Experts warn the controversial practice is 'unethical', 'outrageous' and 'scientifically implausible' Daily Mail 16/10/17
VetSurgeon.org: Vets Expose Alternative Medicine as a Trick of the Mind PR Newswire 16/10/17