**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week's (17-23 July) highlights:

- Announcement to mark the launch of **BMJ Open Quality** was covered by publishing trade outlets

- **The BMJ's report** on retained contact lenses continued to make global headlines across the UK, US, Canada and Australia.

- Two research papers in **The BMJ** also generated global coverage. The benefits of exercise in pregnancy was covered widely by UK outlets plus Huffington Post, Canadian TV and New Delhi TV, while a study suggesting a link between taking antidepressants in pregnancy and autism was covered by Newsweek, Reuters and The Conversation (Australia)

- A study in **Journal of Medical Ethics** urging researchers to include pregnant women in clinical trials included coverage in Huffpost UK, The Independent i and Medical News Today

**BMJ**

[BMJ launches BMJ Open Quality - InPublishing 18/07/2017](#)
[BMJ launches new open access healthcare improvement journal - KnowledgeSpeak 18/07/17](#)

**The BMJ**

**Minerva: Retained contact lenses (continued coverage)**

[27 Contact Lenses Are Found in Woman's Eye, Doctors Report - New York Times 17/07/2017](#)
[Doctors find 27 contact lenses lodged in woman's eye, journal reports - USA Today 17/07/2017](#)

Research: **Effect of diet and physical activity based interventions in pregnancy on gestational weight gain and pregnancy outcomes: meta-analysis of individual participant data from randomised trials**

Exercising during pregnancy is safe for babies and can cut a woman’s chance of needing a Caesarean section by 10 per cent, study claims - Daily Mail + Scottish Daily Mail + Irish Daily Mail 20/7/2017

Healthy eating and exercise cut chances of needing caesarean section, study says - The Independent 20/7/2017

Mums-to-be need to keep exercising, study finds - Herald Sun Australia 20/7/2017

Also covered by: The Independent i, Huffington Post UK, CTV News (Canada), News-Medical.net, NDTV (New Delhi), Hindustan Times, Indian Express, KFVS (USA), Live Science, Medical Xpress, Medscape, Tech Times, Diabetes.co.uk, Malay Mail online, News Folo, News Nation, Millennium Post, Evening Telegraph, The Tribune, Daily News & Analysis, Zee News, Romper

Research: **Antidepressants during pregnancy and autism in offspring: population based cohort study**

Study finds slight autism risk link to antidepressants in pregnancy - Reuters 19/7/2017

Pregnant women who take antidepressants more likely to have a child with autism, study finds - The Independent 20/7/2017

ANTIDEPRESSANT USE DURING PREGNANCY MAY INCREASE AUTISM RISK - Newsweek 19/7/2017

Also covered by: The Daily Telegraph, The Independent, Daily Nation, The Conversation (Australia), Hindustan Times, The Journal (Ireland), WedMD

Raymond Sackler, Psychopharmacology Pioneer and Philanthropist, Dies at 97 - New York Times 19/7/2017

The British government is cracking down on this dangerous type of sex - Metro US 19/7/2017

Ransomware remains a serious threat - BCBusiness 20/7/2017

Be alert for medical mistakes and drug interactions - The Bryan Times 20/7/2017

Asian Financial Crisis: The Growing Pains of the Tiger Cub Economics - The Market Mogul 19/7/2017

Do Benzodiazepines Increase the Risk of All Cause Mortality? - Monthly Prescribing Reference 19/7/2017

The Scourge of Elder Abuse - The Baxter Bulletin 18/7/2017
This killer is on loose in Delhi and targets young professionals. Here's what you can do - India Today 20/7/2017

Tranquilliser trap: The pain of pill addiction - Irish Examiner 21/7/2017

Hypertension tightens grip on youth, women in Delhi - The Hindu 21/7/2017

You Say 'Patient-Centered Care.' He Says 'Customer Service.' - HealthMedia Leaders 20/7/2017

Do Clever People Live Longer? - Vital Updates 20/7/2017

NSAID’s and Heart Attack Risks (interview with lead author) – Health Professional Radio (Australia) 21/07/2017

High blood pressure in pregnancy may return before middle age – Reuters Health 21/07/2017

Do you eat red meat? - Jamaica Observer 23/07/2017

Living to 125 is a doddle: you simply get the government to make dying illegal – Jeremy Clarkson in The Sunday Times 23/07/2017

Pollution – is nobody worried? – Times of Malta 23/07/2017

This app will analyze your DNA to help you lose weight – Market Watch 24/07/2017

Drones cut defibrillator delivery time – Daily Mirror + Irish Daily Mirror (no link available) 24/07/2017

Keeping nuclear weapons is a high-risk gamble (Letter signed by Fiona Godlee) - The Daily Telegraph, 25/07/2017 [print only]

Can a high IQ really stop you getting ill? – Irish Daily Mail 25/07/2017

JOURNALS

Journal of Medical Ethics

Research: Vulnerability of pregnant women in clinical research

Commentary: Pregnant women should not be categorised as a ‘vulnerable population’ in biomedical research studies: ending a vicious cycle of ‘vulnerability’

Scientists call for pregnant mums to be included in clinical trials - Independent i 18/07/17 (print only)

Excluding Pregnant Women From Clinical Studies Because They’re Classed As ‘Vulnerable' Is ‘Harmful’ - HuffPost UK 18/07/17

Include pregnant women in studies, urge researchers - OnMedica 18/07/17
Also covered by: Medical News Today, Medical Xpress, Bioethics Bulletin

In wake of Detroit cases American muslims target female genital mutilation - The Federalist 19/07/17

Even if a Million Deaths is a Statistic, a Single Death is a Tragedy - National Catholic Register 21/07/17

Veterinary Record

Research: Owners' perception of veterinary medical emergencies
Editorial: Easing the emergency burden: ethical dilemmas faced by the out-of-hours vet

Many pet owners unable to spot an out of hours vet emergency – phys.org 20/07/2017

UK expertise on health security could be a strong card in the Brexit negotiations – but few seem to realise - LSE British Politics and Policy 19/07/17

Annals of the Rheumatic Diseases

New genes linked to arthritis in bone marrow lesions - ScienceDaily 17/07/17
Statins May Lengthen Life in AS - MedPage Today 18/07/17
B-Cell Biomarkers May Guide Treatment of SLE - MedPage Today 18/07/17
International Guidelines Say Use Treat-to-Target for SpA, PsA - Medscape 19/07/17
Statins Linked to Reduced Mortality in Ankylosing Spondylitis - Medscape 20/07/17

Archives of Disease in Childhood

Support at home and in school tied to resilience in child refugees - Reuters UK 20/07/17

BMJ Open

Thousands of stroke patients 'stop taking life-saving statins because they are worried about side effects' - Daily Mail + Scottish Daily Mail 17/07/17

Also in: Daily Express, The Sun, Medical Xpress, Pharmacy Today

'Social prescriptions' may treat pain better than medical interventions: Gardening and cooking could ease discomfort more than popping a pill - Daily Mail 17/07/17

Also in: Hindustan Times, Diabetes.co.uk, ScienceDaily, TheHealthSite
Arts-Based Activities Boost Emotion Regulation, Study Finds - Psychology Today 19/07/17

MECS schemes cheaper - Optometry Today 19/07/17

International Chess Day: Here’s how chess can make you healthier - TheHealthSite 20/07/17

No Benefits Seen for Adjunctive Clindamycin in Cellulitis - Infectious Disease Advisor 20/07/17

BP poorly controlled: study - The Calcutta Telegraph 23/07/17

**British Journal of Ophthalmology**

Deborah Ross: Just the facts, ma’am: all you need to know about ‘sexist ads’ - The Times + Times Ireland 19/07/17

Glaucoma detection program carries low costs in Philadelphia - Healio 20/07/17

**British Journal of Sports Medicine**

Examining the Rise of DNA Testing in Football - Bleacher Report 18/07/17

Cherries: Hottest summer fruit - Daily Sabah 19/07/17

Dutee’s team to argue IAAF’s conflict of interest - The Tribune (India) 19/07/17

Exercise reduces chronic lower back pain by up to 16% - The Guardian Nigeria 19/07/17

Cheat Sheet: How To Look Good And Feel Better With Balanced Nutrition - ABS-CBN News 20/07/17

Want better muscles? More protein may help . . . up to a point - Reuters + Business Insider 21/07/17

Keep healthy and hygienic to avoid colds and flu - Highway Mail (Zimbabwe) 22/07/17

Widespread use of meldonium among elite athletes, research shows - The India Saga 23/07/17

**Injury Prevention**

Washington gun control law is huge step forward for domestic violence victims - ThinkProgress 18/07/17

4 Out of 10 Self-Defense Handgun Owners Have Received No Formal Firearms Training - The Trace 18/07/17

Also in: Guns.com, YubaNet
**Journal of Epidemiology & Community Health**

*How Being A "Bad" Napper Affects Your Baby Later In Life* - Romper 18/07/17

**Occupational & Environmental Medicine**

*Impaired DNA Repair in Night Shift Workers* - Clinical Pain Advisor 21/07/17