**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (1-7 May) highlights:

- Extensive coverage for *The BMJ* study - gluten-free diet not recommended for people without celiac disease, including the front page of the Telegraph

- A study in *BMJ Open* suggesting that common side-effects of statins are not down to the drugs, but are instead a result of patients’ negative expectations, generated UK and international coverage

- Continued UK and international coverage for *BJSM* studies on saturated fat and the benefits of exercise in the over 50s, including *The Washington Post, Forbes, Channel News Asia & and Japan Today*

**The BMJ Awards**

Hospice team nominated for prestigious award (print only) - Bury Mercury / Sudbury Mercury 03/05/2017

Cardiology Team won a BMJ Award - Good Times with Terry Walsh, BBC Radio Stoke 07/05/2017

**The BMJ**

Research: Long term gluten consumption in adults without celiac disease and risk of coronary heart disease: prospective cohort study

A gluten-free diet could put your heart at risk, says study - The Daily Telegraph (front page) 03/05/2017

Should you follow Gwyneth Paltrow and go gluten-free? Trendy diet ‘increases your risk of heart disease’ – The Sun 03/05/2017

Gluten-Free Diets ‘May Be Bad For Health’ – Huffington Post UK 03/05/2017

Clean eating? It’s a hobby for the rich, bored and superior – Stuff (NZ) / Daily Telegraph, 04/05/2017

Editorial: Brexit’s Great Repeal Bill will axe the right to health

People in Britain 'risk losing their fundamental right to health after Brexit' - The Independent 03/05/2017

Analysis: US drug marketing: how does promotion correspond with health value?

Doctors should question the value of most heavily promoted drugs - Medical Xpress 02/05/2017

‘False scare on statins causes thousands to die’ (mentions The BMJ withdrawal of statins papers) - Independent i 03/05/2017

Research: Vitamin D supplementation to prevent acute respiratory tract infections: systematic review and meta-analysis of individual participant data
Do you get too much 'sunshine vitamin'? - The Times [T2] + The Times Ireland 02/05/2017

Research: Restoring Study 329: efficacy and harms of paroxetine and imipramine in treatment of major depression in adolescence
The happy trap – The Guardian [Weekend Magazine] 06/05/2017

Hospitals urged to fix homing beacons on patients [reports of junior doctors getting lost while trying to find a patient] - The Sunday Telegraph, 07/05/2017

Also in The Sun + The Scottish Sun

JOURNALS

Annals of the Rheumatic Diseases

EULAR update targets organ involvement in systemic sclerosis - MedPage Today 05/05/17

Abatacept helps joints in psoriatic arthritis - MedPage Today 06/05/17

Mortality still high in vasculitis - MedPage Today 07/05/17

BMJ Case Reports

Woman, 64, was left on the brink of death after hand-picking poppies to make a cup of tea - and her life was only saved by a barking dog - Daily Mail 03/05/17 (misattributed to The BMJ)

BMJ Open
Pharmacist-led type 2 diabetes reviews in GP practices improve patient outcomes - Pharmaceutical Journal 03/05/17
Pharmacist-led reviews in general practice boost diabetes control - GP Online 05/05/17

Statin side effects only felt by those who believe in them - study - The Guardian 02/05/17
Statin side effects disappear if you aren’t aware you are taking the drug - The Spectator 03/05/17
Cholesterol lowering statin drugs do not cause muscle pain says study - NDTV 03/05/17

Also in: The Times + The Times Scotland + Ireland, Daily Mail + Irish Daily Mail, The Sun + Scottish Sun, Daily Telegraph

Poor women are more anxious than rich females but poor men have no such worries - Daily Express 04/05/17
How environment affects mental health of men and women - Daily News & Analysis 05/05/17
Those living in deprived areas more prone to anxiety - The Asian Age 05/05/17

Also in: The Times, NDTV, Zee News, Deccan Chronicle, New Kerala, Financial Express, New Kerala, Outlook India, Yahoo News India, Medical Xpress

BMJ Open Diabetes Research & Care

Guides on diabetes to be issued in July - Today (Singapore) 04/05/17

British Journal of Sports Medicine

Follow on coverage
Saturated fat's not always the enemy, but it's not your bestie either - CBC Canada 07/05/17
+ second opinion round-up of contentious news stories


Follow on coverage
Study finds measurable boost for aging brains from exercise - The Washington Post 29/04/17
How to build yourself a new brain - Daily Telegraph 01/05/17
Tai chi can boost brain power in over-50s - Hello! 02/05/17

Also in: TimesLive, Channel News Asia Live Trading News, SHEmazing

Concussions and recovery time: What the latest research shows - The Globe & Mail 02/05/17
Rugby's head injury assessment protocol still contentious - The Scotsman 29/04/17
A simple clear message on the sports-brain injury controversy - MedPage Today 04/05/17
Also in Physical Therapy Products, Contemporary Clinic, Consumer Affairs

Runners battling infections are less likely to finish a race - Reuters UK  05/05/17

IOC tackles the topic of nutritional supplements, their use and their effects - Olympics
05/05/17
IOC panel warn athletes over supplement use despite limited benefits - Insidethegames.biz
06/05/17

Sitting Disease - Manila Bulletin 07/05/17

Drug and Therapeutics Bulletin

Every year I suffer from hay fever and buy generic antihistamines, nasal sprays, etc - but I'm not sure they really work. Are there other things worth considering? Are branded drugs any better than own-brand stuff? Or should I just stay indoors? - The Guardian 06/05/17 (link unavailable)

Journal of Epidemiology & Community Health

Taming a nagging partner - The Sunday Punch (Nigeria)  07/05/17

Journal of Neurology Neurosurgery & Psychiatry

Impulse Control Disorders in Parkinson's Disease: Building Physician, Patient Awareness - Neurology Advisor 28/04/17

Brain Alterations Linked With Symptoms of PTSD, Functional Neurologic Disorders - Medscape 02/05/17

Occupational & Environmental Medicine

Workplace violence and poor sleep - Personnel Today (Research Round-up)  02/05/17

Thorax

Apple cider vinegar, turmeric can treat Psoriatic arthritis - The Nation (Pakistan) 01/05/17

Asthma: could diet have a role to play? - iAfrica.com 04/05/17

Veterinary Record

Call for dog owners to act responsibly as attacks on livestock increase - Norfolk Eastern Daily Press 06/05/17