BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (13-17 Mar) highlights include:

**PACK**

South Africa nurses step in to fill hospital shortages - Aljazeera (South Africa) 13/03/2017

**The BMJ Awards**

Doctor assistant role up for national award - Argus (Brighton), 13/03/2017

Shortlist for suicide campaign group [link unavailable] - St Austell Voice 13/03/2017

Bath Street Health and Wellbeing Centre paediatric acute response team shortlisted for two awards - Warrington Guardian 18/03/2017

**The BMJ**

Research: Combining opioids with anti-anxiety medicines linked to greater risk of overdose

Taking prescription painkillers and sleeping pills at the same time increases your chance of an overdose - Daily Mail 15/03/2017

People using painkillers are putting their lives at risk by taking sleeping pills, researchers warn - The Mirror 14/03/2017

Opioid overdose risk rises with use of anti-anxiety drugs, study finds - Canadian Broadcasting Corporation (CBC) 14/03/2017

Also covered by: Huffington Post, OnMedica, Medscape, New Mail (Nigeria), Scienceblog.com

Research: Better air quality standards in China could save 3 million early deaths each year

Cleaner air could save 3 million early deaths in China each year - Reuters Health 15/03/2017

Cleaner air could save 3 million early deaths in China each year - News International 15/03/2017
Also covered by: Daily Mail, Hong Kong Standard, The Straits Times (Singapore), The Nation, eco-business.com, South China Morning Post (China).

Years of questions, but researcher gets a pass (quote from Richard Smith, former editor of The BMJ on scientific research misconduct) - New York Times 14/03/2017

The naked truth is that flesh lacks appeal [link unavailable] - Financial Times 11/03/2017

New cardiac arrest warning over ibuprofen (refers to 2016 study in The BMJ on NSAIDs and heart failure) - The Guardian, 16/03/ 2017

Trump’s choice for FDA Chief is versatile, entrenched in pharma (Scott Gottlieb was a staff writer for The BMJ) - Beloit Daily News 15/03/2017

Also covered by: Financial Times, STAT

Pregnancy drug Primodos ‘may have thousands of victims’ - (mentions a letter sent to The BMJ in 1975 saying there was little justification for the ongoing use of the drug) - Sky News 19/03/2017


JOURNALS

Archives of Disease in Childhood

Research: Screen time is associated with adiposity and insulin resistance in children

Screen time is associated with adiposity and insulin resistance in children - The Guardian 14/03/2017

‘Kids with 3+ hours daily screen time have high risk for diabetes’ - Times of India 14/03/17

Watching TV for 3 hours daily may up diabetes risk in kids - Business Standard 14/03/17

Research: **Timing of the decline in physical activity in childhood and adolescence: Gateshead Millennium Cohort Study**

**BBC Radio 4 Today Programme** (08.09) - 14/03/207
Children's physical activity starts declining at age 7, UK study indicates - CBC Canada 14/03/17
'Physical activity levels dip in boys and girls at age of 7' - Times of India 14/03/17


**Fitness: Warm up well so you won't need to chill out** - The Straits Times 18/03/17

**Injury Risk May Rise When Kids Play Just One Sport** - Philly.com 17/03/17

Research: **Payback time? Influence of having children on mortality in old age**

Your kids aren't killing you; one day they may actually help you live longer - Los Angeles Times 13/03/17
Being a parent could ADD two years to your life - Daily Mail 14/03/2017
Parenthood linked to longer life, says new study of 1.4 million Swedes - South China Morning Post (International edition)

Also covered by:
UK and Ireland

International
Poor, minority neighborhoods have more tobacco-selling shops per capita - Reuters
16/03/2017

Newcomers to Canada benefit from 'healthy immigrant effect,' Toronto study finds - Toronto Star 15/03/17

Can beer actually boost your memory? - Men’s Health 14/03/17

Skinny jeans: not just a pain in the leg, warn doctors - The Independent (App Edition) 14/03/2017

Dear women, eat more fruits and veggies daily to keep stress away - Hindustan Times 15/03/2017
Five-plus a day keeps the counsellor away - Newshub (New Zealand) 15/03/2017
Why eating your greens can ease stress - but only if you're a woman! - Daily Mail 17/03/2017

Tobacco use triggers multi-morbidity among the elderly: Study - ET HealthWorld 19/03/17

Check your gums – this could be an early warning sign of type-2 diabetes - Daily Star 13/03/2017
BMJ Supportive & Palliative Care

The 'midwives' of MERCY - Scottish Daily Mail 14/03/2017

Journal of Medical Ethics

Taiwan grapples with the public health ethics of discouraging betel nut - BioEdge 11/03/17

Journal of Neurology Neurosurgery & Psychiatry

Multiple Sclerosis Month: MS diet, multiple sclerosis risk factors, brain shrinkage - Bel Marra Health 19/03/17

Dementia risk in sport ‘overplayed’ - The Times Scotland 12/03/2017

Medical Humanities

Did Jane Austen die from arsenic poisoning? - Straits Times (Singapore) 15/03/2017

Open Heart

Experts say again that high-fat diet can be beneficial - New American 17/03/17

Thorax

Eating fruits and vegetables may help curb lung disease - The Arab American 17/03/17

Phage therapy shown to kill superbug - Infection Control Today 13/03/17