BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (6-12 Feb) highlights include:

**The BMJ**

**Head to Head: Should GPs become NHS employees?**

- Brits should pay a dedicated NHS tax to fund the ailing health service, expert says - The Sun 09/02/2017
- Keeping the NHS sustainable means having an honest debate about how we fund it - Herald Scotland 09/02/2017
- If we really want to save the NHS, we need to raise income tax - International Business Times 09/02/2016

**Editorial: The immorality of inaction on inequality**

- Scientists Call Financial Inequality An Immoral Public Health Threat - Vocativ 10/02/2017
- Salt reduction policies cost-effective even without healthcare savings - Reuters 10/02/2017
- Indians Consume About 119% More Salt Than The WHO Recommendation - NDTV 10/02/2017
- Salt reduction strategies are failing to reduce UK health inequalities: BMJ study - FoodNavigator.com
- There is little to gain from taking most vitamin supplements - The Times + The Times Ireland 07/02/2017
- The Value of Immigrant Doctors - The Atlantic 06/02/2017
- The Diet Myth - Medical News Bulletin 06/02/2017
- Hospitals are more stretched than EVER: 9 in 10 NHS trusts are officially overcrowded and operating at levels deemed unsafe to patients - the Daily Mail 06/02/2017
- Saga of Odisha’s 19th century conjoined twins revealed - Asian Age 06/02/2016
- Also in the Deccan Chronicle
- Scots demand clarity after UK health minister’s “research visit” to US - CommonSpace 06/02/2017
Do Kegels Help With Contractions? Get Ready To Work 'Em Out - Romper 06/02/2017

Over-The-Counter Drugs (ibuprofen/Tylenol) Kills Thousands Each Year, So Here's The Alternative - Collective Evolution 06/02/2017

Mortality Down for US Patients Treated by International Doctors - Doctors Lounge 06/02/2017

People's Pharmacy: Pain relievers' side effect could be deadly - Online Athens 06/02/2017
Medical journal to retract paper after concerns organs came from executed prisoners - The Guardian 08/02/2017

Hillingdon Hospital experiencing 'highest demand for services in its history' - Get West London 08/02/2017

Shared Decision-Making Reduces Cardiac Admissions from the ED - Patient Engagement HIT 08/02/2017

11 Best Health Documentaries on Youtube - Insider Monkey 08/02/2017

Non-aspirin NSAIDs outperform aspirin for colorectal cancer prevention - The Pharmaceutical Journal 08/02/2017

Death rate high in elderly within 7 days of discharge from emergency department - Clinical Advisor 08/02/2017

Having both ovaries taken out doubles risk of death - The Mail on Sunday & Irish Mail on Sunday 12/02/2017

Anxiety and depression may have predictive role in cancer mortality - Clinical Advisor 10/02/2017

From London to New Delhi - Messenger Newspapers 10/02/2017

Black Tea Improves Glucose Levels, May Help Prevent Diabetes - Endocrine Web 10/02/2017

The Right Chemistry: The case of the toxic socks - Montreal Gazette 10/02/2017

JOURNALS

Research: Occupational factors and markers of ovarian reserve and response among women at a fertility centre

Heavy lifting, shift work could harm women's fertility, study shows - CNN 08/02/17
Shift work and physically demanding jobs linked to lower fertility in women - study - Sky News 08/02/17
Shift work, heavy lifting linked to less successful in vitro fertilization - CBC Canada 08/02/17
Why skipping sleep is as bad as being drunk - Business Grapevine 07/02/17

Tobacco Control

Research: E-cigarette use as a predictor of cigarette smoking: results from a 1-year follow up of a national sample of 12th grade students

E-cigarettes act as gateway to smoking for teens, scientists warn - Daily Telegraph 07/02/17
E-Cigs May Be 'Bridge' to Teens' Tobacco Use - Philly.com 08/02/17
Teens using e-cigs are more likely to smoke cigarettes - The Indian Express 08/02/17

Journal of Medical Ethics

Clinical ethics paper: Should healthcare professionals sometimes allow harm?

Patients SHOULD be allowed to self-harm to stop them from doing more damage and be given sterile blades, researcher says - Daily Mail 10/02/17
Self-Injury: Should It Be Allowed in Some Cases? - MedPage Today 09/02/17
Help patients self-harm, medics told - The Times 10/02/17

Also covered by: Wales Online, The Independent, Independent i, OnMedica, Bioedge, Bioethicists, The National Review

Top Chinese Transplant Surgeon Involved in Anti-Falun Gong Campaign Has Study Retracted - Epoch Times 10/02/17

Euthanasia and organ harvesting. Do you understand where this leads? - The Christian Post 08/02/17

Study retraction reignites concern over China’s possible use of prisoner organs - Science Magazine 06/02/17
Female Genital Mutilation Declines Among Girls in Some Countries: Report - Newsweek
Heart Asia

Research: Acceleration of cardiovascular-biological age by amphetamine exposure is a power function of chronological age

Recreational drug may speed up heart ageing: study - Business Standard 09/02/17
Revealed: How speed, meth, ecstasy and other party drugs age the heart at an alarming rate - Daily Mail 09/02/17
This recreational drug may speed ageing of the heart- Read - Zee News (India) 10/02/17


Annals of the Rheumatic Diseases

NSAIDs no better than placebo for spinal pain - OnMedica 07/02/17
Also in: The Pharmaceutical Journal, Healio, NDTV, Pain Medicine News, Starts at 60.

Arthritis with Psoriasis Suggests Higher Risk of Heart Problems - Live Trading News 06/02/17

BMJ Open

New Data In The FDA Deregulation Debate - Forbes 09/02/17
Killed by 'a tantrum': The avoidable death of Michelle McIlquham - Stuff.co.nz 08/02/17
Also in Medical Xpress, Canberra Times

BMJ Open Diabetes Research & Care

Why diabetes risk is higher for HIV-positive adults - Guardian (Nigeria) 07/02/17

British Journal of Ophthalmology

CLOTCHES ENCOUNTER - Daily Mail + Scottish Daily Mail 07/02/2017 (mentions study on link between wearing a tight tie and high blood pressure in the eye - previous press release)

British Journal of Sports Medicine

How female athletes’ eating patterns can affect bone health - Globe & Mail 08/02/17
Parents dream their kids will be the next Johnny Sexton but is it time to face the safety threat? - Irish Independent 08/02/17
Cary Frounfelter on Orthotic Use in Preventing Sports Injuries - Newswise 08/02/17

Golfers live longer than non-golfers - Sport24 06/02/17

High-speed running increase puts hamstrings at risk - Medical Xpress 06/02/17

Sitting Not Linked to Diabetes: Study - NewsMax 06/02/17

Also in: Diabetes.co.uk, Science Daily, 6Minutes, Newswise

Journal of Epidemiology & Community Health

Oldest siblings are more likely to be obese, study says - Daily Mail 09/02/17

Sexually Transmitted Infections

11 strange but fascinating things you probably didn’t know about pubic hair - Bustle 06/02/17