**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week's (28 Nov - 4 Dec) highlights include:

**BMJ South Asia Awards**

*India is an extraordinary paradox, says Dr Fiona Godlee* - The Asian Age 29/11/2016

*Jipmer health innovation prog in TB control gets BMJ South Asia Award* - Web India 123 01/12/2016

**The BMJ**

**Analysis:** Lack of evidence for interventions offered in UK fertility centres  
**BMJ Open research:** Claims for fertility interventions: a systematic assessment of statements on UK fertility centre websites

*‘No solid evidence’ for IVF add-on success* - BBC News 28/11/2016  


**Research:** Testosterone treatment and risk of venous thromboembolism: population based case-control study

*Higher blood clot risk after starting testosterone treatment* - Reuters 02/12/2016  
*Testosterone VTE Risk; Novel Clot Buster Flops Again; Saturated Fat Culpability* - MedPage Today 02/12/2016  
*Increased VTE Risk for Men Starting Testosterone Therapy* - Doctors Lounge 01/12/2016

**Also covered by** the Daily Mail, Channel News Asia, Fox News, Health Medicinet, Clinical Advisor, Physician's Briefing, Physician's Weekly, Pulse, OnMedica, Nursing Times, News Max
Editorial: Preserving fertility in girls and young women with cancer

Fertility preservation for girls with cancer 'haphazard' - OnMedica 01/12/2016
Preserving fertility in girls and young women with cancer ‘haphazard’, say experts - Health Medicine Network 30/11/2016
Preserving fertility in girls and young women with cancer 'haphazard', say experts - Medical Xpress 30/11/2016

Announcement: Independent experts find no grounds for retraction of The BMJ article on dietary guidelines

BMJ won’t retract controversial dietary guidelines article; issues lengthy correction - Retraction Watch 02/12/2016
Here’s More Evidence Americans Don’t Know What They Should Be Eating - Motherboard 02/12/2016
Medical journal defends article on questionable science behind US dietary guidelines - Treehugger 02/12/2016

Also covered by CPSI & FoodMed.net

CardioBrief: Saturated Fats Linked to Heart Disease Once Again - MedPage Today 28/11/2016
Harvard-Unilever study confirms link between sat fats, heart disease & importance of reformulation - FoodNavigator.com 28/11/2016
To help your heart, don't ban butter — just embrace the Mediterranean diet - Spectator.co.uk 28/11/2016

Alpha blockers more effective for large kidney stones - University of Michigan Health System News 02/12/2016
Got kidney stones? Alpha-blockers may be effective - Business Standard 04/12/2016

Direction An Antidote To Medical Melodramatics - Morning Star 03/12/2016
The 'war on drugs' doesn't work. It's time for a grown-up conversation - The Guardian 02/12/2016

Watchwords: We live in a 'post-truth' moment - Montreal Gazzettee 02/12/2016
Tricep Explosion - Men's Fitness 02/12/2016

Is Trump a narcissist? - The Straits Times 03/12/2016
The Cuban health trend Castro couldn’t control - New Zealand Herald 03/12/2016
Replacing Saturated Fat with Mediterranean Diet Foods Lowers Heart Risk - Olive Oil Times 02/12/2016

Also covered by FoodNavigator-USA.com, HSPH News, Cardiovascular Business
Trade Group Suing Dr. Oz Over Fake Olive Oil Claims - AgNetWest.com 02/12/2016
'Should chemists be allowed to give antibiotics without a GP prescription?' - Daily Mail 29/11/2016
What a Legal Recreational Drug Market Would Look Like in the UK - Vice 28/11/2016
Influences on Prescribing Behavior in Diabetes - Medscape 28/11/2016
Gays, bias and phony science - New York Post 01/12/2016
'Should chemists be allowed to give antibiotics without a GP prescription?' - Daily Mail 29/11/2016
Could too much vitamin D be doing you more harm than good? - Daily Mail 29/11/2016
Why hip replacement patients are told to be LESS CAUTIOUS - Daily Mail & Scottish Daily Mail 29/11/2016
IS IT WORTH IT? The common remedies that may not make a difference - Irish Daily Mail 29/11/2016
Hunt unveils nurse apprenticeships - Morning Star 01/12/2016
Soldiering on when you're sick is far from heroic - Evening Standard 01/12/2016
DEBUNKING A MYTH ON ANTI-GAY BIGOTRY - New York Post 02/12/2016

JOURNALS
British Journal of Sports Medicine
Research: Associations of specific types of sport and exercise with all-cause and cardiovascular disease mortality: a cohort study of 80 306 British adults
Which sports are best for your heart? The answer may surprise you - Washington Post 03/12/16
New study explores best exercise for heart health - Sydney Morning Herald 30/11/16
Swimming, cycling, aerobics offer "life-saving benefits": research - Xinhua 30/11/16

Also covered by:
UK & Ireland

International

**Other**


*How Income Inequality Is Slowing America Down* - Outside Magazine 29/11/16

*AIS sets standard for genetic testing in sport* - The Australian 02/12/16 (link unavailable)

*Is golf exercise?* - CNN 03/12/16

**Heart**

**Research:** Pronounced increase in the risk of acute ST-segment elevation myocardial infarction in younger smokers

**Editorial:** When will we learn that smoking is bad?

*Young smokers at more than 8-fold risk of heart attack: Study* - Times of India 30/11/16

*Smokers under 50 years old have 8-fold increased risk of acute STEMI* - Cardiovascular Business 30/11/16

*Smoking increases risk of heart attack 8-fold in younger smokers* - Latin Post 30/11/16


**BMJ Case Reports**

**Case Report:** When plenty is too much: water intoxication in a patient with a simple urinary tract infection

*How drinking too much water can lead to a medical emergency* - CTV News 02/12/2016

*How a woman overdosed on water* - New Zealand Herald 05/12/2016

*Doctors' advice to 'drink plenty of water' when you're ill could actually be harmful* - Irish Examiner 02/12/2016

Case Report: **Comfrey herbal remedy causing second-degree heart block: do not be outfoxed by digitalis**

*Woman spends five days in hospital after mix-up over homemade herbal tea* - the Independent 02/12/2016  
*Bad brew: This herbal tea almost killed someone* - New York Daily News 02/12/2016  
*Herbal remedy warning: Woman in life-threatening state after insomnia cure tea mix-up* - the Daily Express 02/12/2016

Also covered by the Daily Mirror, Live Science

Case Report: **Muscle mania: the quest for the perfect body**

*Injecting natural oils for muscle gain could be deadly, doctors warn* - The Guardian 02/12/2016  
*Amateur Bodybuilder Treated After Injecting Himself With Coconut Oil* - IFLScience  
*Body builder injects coconut oil permanently damaging muscles* - International Business Times UK 01/12/2016


**Annals of the Rheumatic Diseases**

*Fibromyalgia: Evidence-Based Management* - Medscape 29/11/16  
*EndoBreak: Fight Against EDCs; Minimally Invasive Thyroidectomy* - MedPage Today 01/12/16

**BMJ Open**

*Lack of supporting evidence for claims about fertility treatments* - Science Daily 28/11/16  
Also in HealthDay, WebMD, News-Medical.net

*How much time should you spend with your children?* - The Guardian 28/11/16  
Also in Irish World Newspaper, Times of Malta, Family Law Week, PsychCentral.com

*Hypochondriacs & the placebo effect: It’s not just in your head* - Russia Today 02/12/16  
*Hypochondriacs more likely to have health problems, says study* - CNN 02/12/16

*Closing the drinking gender gap, in a bad way* - News-Press Now 02/12/16

*Meta-Analysis Asserts Link Between Traffic Pollution and Childhood Asthma* - MD Magazine 02/12/16
Tai Chi proves feasible and beneficial for vets with PTSD - Science Daily 03/12/16
A checkup for the annual physical exam - NewsOK.com 04/12/16

BMJ Quality & Safety

Most PCPs would only partially disclose medical errors, survey reveals - News-Medical.net 29/11/16
Most PCPs would only partially disclose medical errors, survey reveals - Becker’s Hospital Review 30/11/16

Journal of Epidemiology & Community Health

Household Chemicals and Diabetes: A Surprising Link - MD Magazine 02/12/16

Occupational & Environmental Medicine

Occupational research round-up December 2016 - Personnel Today 01/12/16 (link unavailable)