BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (21-27 Nov) highlights include:

**BMJ South Asia Awards**

*Doctors today have to be more realistic about what medicines can deliver: Dr Fiona Godlee* - Economic Times 23/11/2016

*Pushing diabetics to take insulin is a medical scam: Fiona Godlee* - Economic Times 20/11/2016

*Indian health start-up bags global award* - Daily News & Analysis 24/11/2016

**The BMJ**

**Practice: Should adults take vitamin D supplements to prevent disease?**

**Head to head: Should healthy people take a vitamin D supplement in winter months?**

*Vitamin D doesn't prevent disease for most, study says* - CNN 23/11/2016

*‘No evidence’ vitamin D supplements help to improve bone health* - the Scotsman 23/11/2016

*Evidence does not back vitamin D supplements, says BMJ* - ITV News 23/11/2016


**Research: Intake of individual saturated fatty acids and risk of coronary heart disease in US men and women: two prospective longitudinal cohort studies**

*Eat more fish and cut down on cakes to reduce risk of heart disease, study says* - iNews 23/11/2016

*Heart disease risk 'cut by swapping saturated fat for healthier energy sources'* - Daily Mail 24/11/2016

*High Intake of Saturated Fats May up Heart Disease Risk* - NDTV 24/11/2016
Research: **Association between prediabetes and risk of cardiovascular disease and all cause mortality: systematic review and meta-analysis**

Lower cut-off for prediabetes may prevent cardiovascular disease, study finds - Pulse Today 23/11/2016
Heart disease risk closely related to pre-diabetes - MedIndia

Also covered by Medical News Today, Health Medicinet, Medical Xpress

Editorial: **Fair vaccine pricing please, not random acts of charity**

Vaccines Should be Made Available at an Affordable Price - MedIndia 25/11/2016
Experts call for fair vaccine pricing, not 'random acts of charity' - Medical News Today 23/11/2016

Also in Health Medicinet

Ongoing coverage for **The BMJ's drugs package:**

MPs call for legalisation of cannabis amid warning UK is falling behind in its drug policies - the Independent 21/11/2016
Legalisation of cannabis 'only solution to crime and addiction problems' - the Guardian 21/11/2016
MPs call for legalisation of cannabis amid warning UK is falling behind in its drug policies - Belfast Telegraph 21/11/2016

Also in International Business Times UK, Marijuana.com, The Student, Times LIVE, the Christian Institute

Now MORE experts claim statins are a waste of time - Daily Mail 25/11/2016
Millions are ‘needlessly’ taking statins to ward off heart attack, due to ‘FLAWED’ evidence of benefits - the Scottish Sun 25/11/2016
Why these cardiologists think Lancet's statins study is 'fundamentally flawed' - International Business Times 25/11/2016

Murders of Gordon Semple and Daniel Whitworth put the spotlight on the gay dating app Grindr - Kent Online 24/11/2016

Melatonin and Myocardial Infarction: What is the Association? - Pharmacy Times 24/11/2016

This study just revealed why the peer-review process is in so much trouble - Science Alert 24/11/2016

Clinical drug trials - Irish Times 23/11/2016

IVF calculator may help predict chances of having a baby - Reuters 25/11/2016

Early physiotherapy may not improve ankle sprain recovery - Reuters 22/11/2016

Several Studies Focus on Risks of Fluoroquinolones - Legal Examiner 21/11/2016

Start Your Week Off Right: 10 Simple Ways to Improve Health, Well-being - Quad City Times 21/11/2016


4 Healthy Kitchen Tips That Make It Easier To Eat Healthy - SELF 26/11/2016

‘Creation engineering’: The art and science of naming drugs - Gant Daily 25/11/2016


JOURNALS

BMJ Open

Research: Father involvement in early childrearing and behavioural outcomes in their pre-adolescent children: evidence from the ALSPAC UK birth cohort

Confident fathers have happier children, says study - BBC News 23/11/16

‘Confident’ dads raise well-behaved teens - The Australian 23/11/16

Confident fathers reduce pre-teen kids’ risk of engaging in bad behaviour - International Business Times UK 23/11/16


British youngsters drink ‘bathtub of sugar a year’ - Scotsman 21/11/16

Street teams halve mental health-related arrests in North East - BBC News Tyne & Wear 22/11/16 + Medical Xpress
Hypochondriacs have Higher Risk of Heart Disease - World Health.net 22/11/16
Hypochondriacs May Worry Themselves Sick (Literally) - Huffington Post US 22/11/16

New Clinical Trial Aims to Create Bioresource for Improved Mesothelioma Diagnosis Surviving Mesothelioma 26/11/16

Research: Is Olympic inspiration associated with fitness and physical activity in English schoolchildren? A repeated cross-sectional comparison before and 18 months after London 2012

Kids’ fitness levels drop since London 2012 Olympics after organisers claimed £9bn Games would ‘inspire a generation’ - The Sun 22/11/16
Fitness levels fall despite London Olympics sport boost - OnMedica 22/11/16
Olympic inspiration alone is not enough - Newham Recorder 23/11/16

BMJ Global Health

Editorial: Persisting trend in the breach of medical neutrality: a wake-up call to the international community

Experts urge United Nations to protect hospitals from further attacks - STAT 22/11/16
Profile: attacks on hospitals - The National 22/11/16

Annals of the Rheumatic Diseases

Common Drugs Boost Diabetes Risk in RA Patients - MedPage Today 25/11/16
IL-6 Blocker Beats Anti-TNF in RA - MedPage Today 22/11/16

BMJ Open Diabetes Research & Care

Does a walnut a day keep the diabetes doctor away? - Mirror 23/11/16
Daily dose of walnuts linked to health improvements - Live Science 24/11/16

BMJ Quality & Safety

Development of nursing associate role too rushed, say nurse leaders - OnMedica 21/11/16

British Journal of Sports Medicine

Failed clinical trials, unpublished research and other health stories you may have missed - CBC News 25/11/16

Batman suffers impossible beatings, UVic experts say - Times Colonist (Canada) 24/11/16
Genetic testing is infiltrating the sports world - The Week 24/11/16

Do compression socks, sleeves and wraps help you work out better? - LifeHacker UK 24/11/16

6 unexpected, science-backed hangover cures - Raw Story 21/11/16

Journal of Clinical Pathology

Manuka honey is bee's knees - Daily Express 24/11/2016 (print only)

Journal of Epidemiology & Community Health

The Shift Toward Eco-Friendly Streetlights - Care2.com 26/11/16

Occupational & Environmental Medicine

Short turnaround between shifts may increase sick leave - Reuters 24/11/16

Thorax

E-cigarettes cause gum tissue damage, study shows - Aussie Network News 21/11/16

Tobacco Control

Australia’s plain cigarette packs are ‘putting teens off smoking’ - Cancer Research UK 22/11/16

Tobacco flavors draw in young folks - Lincoln Journal Star 23/11/16

Flavors influence appeal and use of most tobacco products, especially for youth - Science Daily 21/11/16