**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (22-28 August) highlights include:

**The BMJ**

A patient perspective essay by Dr Lisa Steen, who has since passed away, was published on [The BMJ’s blog](https://www.bmj.com) and discussed by her husband Raymond Brown on the [BBC’s Victoria Derbyshire show](https://www.bbc.co.uk) (from 10:27mins) 26/08/2016

Scrutinizing Science on [5 live Science on BBC Radio 5](https://www.bbc.co.uk) 28/08/2016

(from 47mins, mention of the study on exaggeration in health news and academic press releases)

**GP feedback could reduce ’high risk’ prescribing** - Scotsman 24/08/2016

**Feedback for GPs helps to reduce high-risk prescription rates, study shows** - Medical Xpress 25/08/2016

**Lessons from the junior docs’ strike** - Morning Star 26/08/2016

**The risk of marginal weight gains** - Financial Times 23/08/2016

**The state of spicy food in the Capital Region** - Albany Times Union 23/08/2016

**Recommended blood pressure targets for diabetes are being challenged** - Science Daily 23/08/2016


**Boy aged just ONE was given anti-depressant medication, horrifying figures reveal** - the Daily Mail  22/08/2016

**The Tranquil Way | How would you want to die?** - Jamaica Gleaner 23/08/2016

**Part D pricing trends** - Politico 22/08/2016

Only smoke at parties? Don't kid yourself that it's doing no harm - Irish Daily Mail 23/08/2016 (in print)

**Doctor's Diary: Modern medicine can still learn from folk remedies** - the Daily Telegraph 22/08/2016
Guide dog helps woman manage her diabetes by detecting her low blood-sugars - Irish Examiner 26/08/2016

A big fat problem as the overweight outnumber the malnourished - The Australian 26/08/2016

The obese 'are not lazy, lacking in motivation or stupid', says obesity expert - stuff.co.nz 27/08/2016

Six New Studies Illuminate Causes and Comorbidities in Migraine - Medscape 26/08/2016

Back to sleep: the doctor who helped stem a cot death epidemic - the Guardian 26/08/2016

Do medical terms leave you bamboozled? If so, you are not alone ... - Grimsby Telegraph 27/08/2016

JOURNALS

Thorax

Research: Bagpipe lung: a new type of interstitial lung disease?

He withered away for 7 years: doctors didn't realise his passion was killing him - Washington Post 23/08/16 + video - What is bagpipe lung?

Musicians warned after mouldy bagpipe death - Sky News 23/08/16

Love playing wind instruments? You may be at lung disease risk - Times of India 24/08/16

Also covered by


International:

(Thailand), The Australian, Gizmodo Australia, New Zealand Herald, Stuff.co.nz, Ozarks
First, Gulf News, Gulf Today, Al-Arabiya, French Tribune, Today Online, Sputnik
International, Libyan Express

Other:
Doctors Lounge, Science Magazine, LiveScience, ScienceDaily, Pulse, UPI.com, Tech
times, Christian Post, RT, Time LIVE, Domain-B, Newser, News Hub, News Max, Medical
Music, SafetoWork, The Week, M Magazine, PRI, Onmanorama, CNET, Bel Marra Health,,
World Tech Today, KOMO News, AOL News, Hospitals & Health Networks

Heart

Research: Trends in the epidemiology of cardiovascular disease in the UK

Death rates from heart attacks and strokes plummet in a decade - thanks to medical
advances and better drugs - Daily Mail + Scottish Daily Mail 23/08/16
Heart disease deaths have fallen by 70% in a generation - New Scientist 23/08/16
Improvement in heart disease not uniform across UK - OnMedica 23/08/16

Also covered by: Express, Belfast Telegraph, BBC Belfast, BBC News Online, Wales
Online, Ulster TV, BT.com, Science Daily, Charity Today News, Care Appointments, The
Irish News, Farming Life, Asian Image, AOL.UK, Medical Xpress, extensive local print
coverage

WILL IRELAND'S ULTRA RUNNERS HIT THE WALL? - The Sunday Times Ireland
28/08/16 (print only)

Tobacco Control (US Focus)

Research: What are kids vaping? Results from a national survey of US adolescents

What are teens vaping? Some experts are surprised - CBS News 26/08/16
Study finds most teens vaping fruity flavors, not nicotine - Fox News 26/08/16
Study finds most teens vaping fruity flavors, not nicotine - Washington Post 25/08/16

Also covered by: ABC News, CBS local, CNS, CTV news, Miami Herald, San Francisco
Chronicle, Houston Chronicle, Yahoo Sports, Christian Science Monitor, China Post
(Taiwan), Daily Mail, Inquirer.net, Business Insider, Philly.com, Daily American Online, US
News & World Report, Newser, Reporter News.com, Newsbug, Your News Now,
MyAsk.com, UPI.com, Science Codex, Science Daily, Science 2.0, Science World Report,
Science News, Deccan Chronicle, MedPage Today, HealthDay, Medical Daily, Medical
News Today, Doctors Lounge, Pulse Headlines, extensive local print and broadcast
coverage, Big Story.org, Hawaii News Now, The Republic, Metro News Canada, Medical
Xpress, Tech Times, Newwise, French Tribune, California Newsroom, Daily Caller, AllGov,
Psych Central

Annals of the Rheumatic Diseases
Tylenol is only safe in small doses - New York Daily News 26/08/16

Clocking pain - Wall St Journal 22/08/16

The truth about glucosamine and chondroitin for joint pain - Consumer Reports 22/08/16

Archives of Disease in Childhood

A baby’s place and time of birth may affect risk of developing celiac disease, a study suggests - Washington Post 23/08/16 (print only)

BMJ Global Health

Rights organizations can avoid further harming victims - Malay Mail Online 27/08/16
Also in: Reuters Health, Business Insider

BMJ Open

Cholesterol is not a myth - Star2.com 27/08/16

Think you have suicidal thoughts? Blame it on disrupted sleep - Hindustan Times 26/08/16
Disruptions to sleep patterns lead to an increased risk of suicide - ScienceDaily 24/08/16

On the Pulse August 2016 - OnMedica 25/08/16

Reforming scientific publishing to value integrity - PLoS blog 24/08/16
Also in Phys.org

Does bed sharing increase SIDS risk? - Romper 23/08/16

Finding a new purpose: life beyond lonely retirement - Irish Independent 23/08/16
Also in Las Vegas Sun

Working in a charity shop can help you live longer - Daily Mail + Scottish Daily Mail 23/08/16 (print only)

British Journal of Ophthalmology

UK aviation chief urges arrest of laser pointer owners - BBC News 24/08/16

Also in Daily Mail, Mirror, Belfast Telegraph, BT.com, Asian Image, AOL UK, extensive local print coverage

British Journal of Sports Medicine

Keep the team in sportsmed consensus - NWI Times 23/09/16
How to find happiness after retirement - Mother Nature Network 22/08/16

Drug and Therapeutics Bulletin

Can this diet help you de-bloat once and for all? - Women’s Health Magazine 23/08/16

Guidelines not tramlines for self reform - Irish Medical Times 24/08/16

Injury Prevention

Trampoline injuries an emerging public health concern - South China Morning Post 23/08/16 (print only)

An emerging public health concern: your local trampoline park - How stuff works Now 22/08/16

Journal of Epidemiology & Community Health

Gum disease linked to heart disease - Reuters UK 23/08/16
New study links gum disease to heart disease and strokes - Globe & Mail 23/08/16

Also in Global News Canada, NewsMax

Journal of Family Planning and Reproductive Health

Lifelike baby dolls designed to deter teenagers from having children actually RAISE pregnancy rates - the Daily Mail 25/08/2016 (misattributed to The British Medical Journal)

Journal of Neurology Neurosurgery & Psychiatry

Five bizarre medical conditions you might not know about - Medical News Today 24/08/16

Occupational & Environmental Medicine

Youthful heavy lifting causes back pain in mid life - NewsMax 23/08/16

Also in: GMA News, Reuters UK