**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the [national and a selection of English-speaking international media](#).

This week’s (8-14 February) highlights include:

**BMJ**

**Launch of Research to Publication**

85% of Health Research is Wasted: How to do great research, get it published, and improve health outcomes - LSE Impact of Social Sciences blog 10/02/2016  
BMJ collaborates with UCSF on e-learning programme for researchers - InPublishing 10/02/2016  
BMJ collaborates with UCSF on e-learning program for researchers - Outsell 10/02/2015  
Also covered by Health Medicine Network, Science Codex and News-medical.net

**BMJ provides Zika virus resources**

BMJ provides Zika virus resources to support healthcare workers - Medical Xpress 09/02/2016  
BMJ provides Zika virus resources to support healthcare workers - InPublishing 09/02/2016  
BMJ provides free online Zika virus resources to support healthcare workers - KnowledgeSpeak 10/02/2016

**The BMJ**

The BMJ commits to sharing data on the Zika virus

Global scientific community commits to sharing data on Zika - Wellcome Trust 10/02/2016  
Zika threat prompts sweeping scientific collaboration - STAT 10/02/2016  
Leading Scientific Institutions Agree to Share Zika Research Data - Gizmodo 10/02/2016

Also covered by Science magazine, Deutsche Well, Japan Times, PLoS Blogs and more

**Observations:** Will the UK’s new alcohol guidelines change hearts, minds - and livers?

New alcohol guidelines will make 'no difference' to the amount we drink says Cambridge expert - ITV News 11/02/2016  
New guidelines to drink less alcohol will 'make no difference' says Theresa Marteau - Daily Mail  
UK’s New Alcohol Guidelines Have Little To Do With The Direct Impact Of Drinking, More
About Alcohol And Cancer - Medical Daily
Also covered by BT.com, Science Codex and Medical Xpress

Editorial: Unsafe and understudied: the US gun problem
Seattle scientist still pushes to lift funding ban on gun-violence studies – Seattle Times 10/02/2016

Junior doctor contract / strike
Tom Moberly, Editor, BMJ Careers, interviewed for BBC Radio Wales on junior contract - (from 33:33 into programme) 10/02/2016
4 reasons junior doctors have stopped trusting Jeremy Hunt - The Independent 10/02/2016
BBC News TV - 11/02/2016 Junior doctor mentions The BMJ's article on the weekend effect
Andrew Mitchell’s daughter calls for sacking of Jeremy Hunt - the Guardian 12/02/2016
Jeremy Hunt unilaterally imposes new contract on junior doctors without their agreement - the Independent 11/02/2016

Sugar tax in Mexico
For sugar tax supporters, 2016 may be the sweet spot - Reuters 08/02/2016
Olympian James Cracknell backs call for tax on sugary drinks - The Guardian 10/02/2016
Majority back a tax - the Daily Mail & Scottish Daily Mail 08/02/2016
Westminster wonks at war over sugar tax - City A.M 10/02/2016

Should I be screened for depression? - The Guardian 08/02/2016

Top of the table, but NHS needs help to stay there - The Guardian 10/02/2016

Fewer Anierieans smoke. More are obese. Is there a connection? - Boston Globe (USA) 08/02/2016

Scotland revealed as UK country with most alcohol-related deaths - The Independent 08/02/2016

Low Carb Mediterranean Diet Results in Higher Rate of Remission in Type 2 Diabetes - Olive Oil Times 08/02/2015

New study finds no evidence sleeping pills cause dementia - The Australian Financial Review 09/02/2016

Favour the flavonoid as a key to health - The Mercury 09/02/2016

Exercise programs may lower the risk of serious falls for older men - Reuters 12/02/2016

'It was like being buried alive': battle to recover from chronic fatigue syndrome - the Observer 14/02/2016 (in print)

Call the Midwife’s Stephen McGann: GPs often ask me to stop Doctor Turner smoking - Radio Times 14/02/2016
VIDEO: The sword in the stomach - Science Line 14/02/2016

Sam Soliman and Zac Dunn prepare for return to the ring - Fox News 13/02/2016

Is Chocolate Really Good For You? 7 Reasons To Indulge More - Latinos Health 11/02/2016

Benzodiazepine use does not increase dementia risk in older adults - The Pharmaceutical Journal 11/02/2016

JOURNALS

BMJ Open

Research: Registered nurse, healthcare support worker, medical staffing levels and mortality in English hospital trusts: a cross-sectional study

Low nurse to patient ratio drops hospital mortality rate - Times of India 11/02/16
Higher nurse numbers boost patients' survival chances in hospitals, studies find - Daily Mail 10/02/16
Patients less likely to die with more nurses, study - TopNews US 10/02/16


Research: Decision analytic model exploring the cost and cost-offset implications of street triage  (external PR)

Street Triage reduces police detentions at no additional cost - Medical Xpress 12/02/16

How Rhinovirus Causes Infectious Cough Remains a Mystery - Pharmacy Times 11/02/16
Targeted interventions may help workers after knee replacement: study - Safety+ Health 10/02/16

Fetal & Neonatal Edition

Research: The effects of one-to-one nurse-to-patient ratio on the mortality rate in neonatal intensive care: a retrospective, longitudinal, population-based study

Editorial: Nurse staffing to patient ratios and mortality in neonatal intensive care

Higher nurse numbers boost patients' survival chances in hospitals, studies find - Asian Image 09/02/16
Patients far more likely to die if nurses care for more than six, major study finds - Daily
Fall in neonatal nurses linked to higher death rate - Nursing Times 09/02/16

Also covered by: Daily Mail, Times + Ireland + Scotland, Mirror, WebMD, Newswire, Care Appointments, ETHEalth World.com, Science Codex, BT.com, Care Appointments, AOL.UK, Medical Xpress

BMJ Case Reports

Woman who drank heavily for decades develops fatty humps - Fox News 08/01/2016
Huge Fatty Lumps On Woman's Body Are A Result Of 40 Years Of Heavy Drinking - Huffington Post 09/01/2016
Madelung disease diagnosed in New York - International Business Times 09/01/2016
Also covered by Metro, The Sun, the Daily Mail, NEWS.com.au and Yahoo News

Doctors discover man's unstoppable hiccups caused by a tumor - AOL News
Man's uncontrollable hiccups for FIVE days revealed as 'grossly orange' tumour - Express.co.uk 10/02/2015
Cause of Man's 5-Day Bout of Hiccups: a Tumor - Yahoo Health 09/02/2015
Also covered by the Daily Mail, Newser

How a Basketball-Size Cyst Eluded Doctors - Live Science 11/02/2016
Surgery Leaves Woman with 'Temporary Kleptomania' - Live Science 12/02/2016

British Journal of Sports Medicine

How to play hooky from work (without getting caught) - The Cheatsheet 13/02/16
The rise of 'vitamin I' - Athletics Weekly 11/02/16
How to avoid running injuries - Gulfshore Life 11/02/16

Why We Get Running Injuries (and How to Prevent Them) - New York Times 10/02/2016
Anthocyanin packed tart cherry beverages reaching non-athletes - Food-Navigator USA 10/02/2016

Tell me again why we have to do this. - The Times [T2] + Times Ireland 09/02/2016
JOHN DOHERTY: Youth football needs to check hockey rules - nwi times 08/02/2016

Heart

TRY IT, DITCH IT, SWITCH IT 0 Irish Daily Mail 09/02/16 (print only)

European Journal of Hospital Pharmacy
Pharmacy intervention improves adherence to cardiovascular medication - The Pharmaceutical Journal 11/02/2016

**Journal of Epidemiology & Community Health**

10 REASONS TO GET... LOVED-UP 0 Mail on Sunday + Scottish + Irish editions 14/02/16 (print only)

**Thorax**

Research: Historic air pollution exposure and long-term mortality risks in England and Wales: Prospective longitudinal cohort study (external PR)

People today are still dying early from high 1970s air pollution - New Scientist 09/02/16
Air pollution raises risk of death 'for decades after exposure' - The Guardian 09/02/16
Decades-old air pollution 'could still cause deaths today' - ITV News 09/02/16

Also covered by: Daily Mail + Scottish Daily Mail, Air Quality News, Evening Standard, Belfast Telegraph, local print coverage, RT, Shanghai Daily, Newsroom America, Xinhua

**Tobacco Control**

21 and up - Chicago Tribune 06/02/16 (print only)