BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (1-7 February) highlights include:

THE BMJ

Feature: The scientific report guiding the US dietary guidelines: is it scientific?

The Food Pyramid Scheme - The Wall Street Journal 28/01/2016
Author of The BMJ’s feature reports on US Congress decision to commission an independent review of evidence underpinning the guidelines.

Research: Benzodiazepine use and risk of incident dementia or cognitive decline: prospective population based study

Anxiety, sleeping pills don't put you at increased dementia risk – Deccan Chronicle (India) 03/02/2016
Benzodiazepines 'do not increase dementia risk' – Medical News Today 03/02/2016
Anxiety, sleeping pills don't put you at increased dementia risk – NewsPoint Africa 03/02/2016

Also covered by TheHealthSite, The Siasat Daily, Big News Network, Science 2.0, Science Codex, Doctors Lounge, Physician's Briefing, Alzforum, Technology.org, OnMedica, Medical Daily.

Personal View: “Schizophrenia” does not exist

Renaming Schizophrenia Could Combat Stigma And Help Patients Recover - Huffington Post 05/02/2015
Schizophrenia, The Stigmatized Mental Illness: Psychologist Argues Could Be Better To View Psychosis On A Spectrum – Medical Daily 02/02/2016
'Schizophrenia' does not exist, argues expert – Medical Xpress 02/02/2016

Also covered by MedPage Today, Mad in America, MSN, 6minutes, Science 2.0.
Research: Therapist-guided Internet-based cognitive behavioural therapy for body dysmorphic disorder: A single-blind randomised controlled trial

Online therapy works best for body image anxieties – The Times & The Times Ireland & The Times Scotland 03/02/2016
Therapist-Guided, Internet-Based CBT Superior for BDD - Doctors Lounge 04/01/2016
Online therapy can help those affected by body dysmorphic disorder – Medical Xpress 02/02/2016

Also covered by MedScape, MedPage Today, Physician’s Briefing, MPR.

Analysis: Poor governance in the award of honours and degrees in British medicine: an extreme example of a systemic problem

Doctor Raises Serious Questions About Medical Awards System – Science 2.0 02/02/2016

Feature: Rivaroxaban: can we trust the evidence?

Questions raised about clinical trial of popular heart drug – CBS News 03/03/2016
New Studies Seek To Allay Concerns Over The ROCKET-AF Trial – Cardiobrief 03/03/2016
Is the Evidence for the Anticoagulant Rivaroxaban Valid? (Interview with Deborah Cohen) - MedicalResearch.com - 06/02/2016


Editorial: Pacemaker battery scandal

Thousands 'at risk because pacemaker battery life isn't long enough' - Daily Mail & Scottish Daily Mail 05/02/2016
Pacemakers battery fear as thousands put needlessly at risk of “serious” infections - Daily Mirror & Irish Daily Mirror 04/02/2016
Pacemaker and ICD battery life needs to be extended to last 25 years - HealthCare Business 05/02/2016


Ongoing coverage: the “weekend effect”
Jeremy Hunt appeared on the BBC’s Andrew Marr Show (from 38mins) to discuss his misuse of numbers from an article on the “weekend effect” as published by The BMJ.

Ongoing coverage: suicidality/aggression in children using antidepressants
The Hidden Harm of Antidepressants - Scientific American 03/02/2016
Ongoing coverage: sugar tax in Mexico
The Food Chain Debate on Diabetes - BBC World Service Radio 05/02/2016
Why a tax on fizzy drinks would help tackle the UK's £10bn diabetes epidemic - The Guardian 04/02/2016
No magic bullet to reducing childhood obesity - Business Times 05/02/2016

Eating blueberries can lead to 'statistically significant' weight loss - The Dominion Post (New Zealand) 02/02/2016
Boy, 10, who developed narcolepsy after swine flu jab is awarded £120,000 in damages - the Daily Mail 03/02/2016
Epsom constituent unhappy at 'condescending' David Seymour - stuff.co.nz 01/02/2016
Dogs really are man's best friend, says MP - Swindon Advertiser 05/02/2016
Should Dangerous Sports Be Banned? - PJ Media 06/02/2016

JOURNALS

Heart

Research: Low stress resilience in late adolescence and risk of hypertension in adulthood

Stressed out teenagers risk future health - The Times + Times Ireland 02/02/16
Stress-Prone Teen Males May Be at Risk of High Blood Pressure Later - US News & World Report 02/02/16
Young adult stress linked to hypertension - News AU.com 02/02/16


Watch for small things before a cardiac arrest - Wall Street Journal 02/02/16 (print only)
Try it, ditch it, switch it - Daily Mail + Scottish Daily Mail (print only)

Gut

Research: Global patterns and trends in colorectal cancer incidence and mortality

Australia beats rise in bowel cancer - Courier Mail 04/02/16 (print only)
Bowel cancer deaths trend downwards in New Zealand - TVNZ 02/02/16
'Western lifestyle' may play role in higher bowel cancer rates. - Cancer Research UK 02/02/16
Scientists Link Textile Dust Exposure To Rheumatoid Arthritis - Asian Scientist Magazine: 01/02/16

Study links workplace exposure to textile dust to rheumatoid arthritis - Safety + Health Magazine 03/02/16

Canada's opioid crisis leading to more babies born addicted: study - National Post (Canada) 03/02/16

Drive for more women in medical research - Evening Standard 01/02/16 (print only)

Suicide Risk May Be Increased In Those Impacted By Suicide - Psychiatry Advisor 04/02/16

Drexel study: 24 percent of Division 1 athletes suffer from depression - Philly Voice 06/06/02

Exercise is the best medicine: training doctors for the future - HealthCanal 06/02/15

Report finds concussed players at greater risk of new injuries - The Australian 05/02/16 (subscription only)

Laws of game could change after concussion study reveals new dangers - The Times + Times Ireland 04/02/16

Eat drink and be merry for good health - The Public Slate 02/02/16

Step training may reduce falls risk for elderly - Globe & Mail 01/02/16 (print only)

Fitness mythbusters - The Australian 05/02/16 (print only)

Walking the dog? Beware cows on the rampage - Scottish Daily Mail 02/02/16 (print only)
Downsizers who like to keep on the move - Daily Telegraph 06/02/16 (print only)

CDC to younger women: Better take your birth control before you drink that glass of wine - Los Angeles Times 04/02/16

Where to retire with access to the great outdoors - Daily Telegraph 04/02/16

Occupational health research round-up: February 2015 - Personnel Today 04/02/16

Journal of Neurology Neurosurgery & Psychiatry

Woman hospitalized by way of ... skinny jeans? - Daily News 02/02/16

Thorax

E-cigarettes: Which flavor is the most harmful? - Latin Post 03/02/16

Tobacco Control

Medicine - Bangkok Post 02/02/16 (print only)

Study links teen vaping to smoking risk - Los Angeles Times 02/02/16 (print only)