**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (11-17 January) highlights include:

**The BMJ**

**Research:** Pre-pregnancy potato consumption and risk of gestational diabetes mellitus: prospective cohort study

*Potato-rich diet 'may increase pregnancy diabetes risk'* - BBC News 13/01/2016  
*Potato-eating pregnant women face increased diabetes risk* - Scotsman 12/01/2016  
*Potatoes during pregnancy increases women's chances of diabetes* - Times of India 13/01/2016


**Head to head:** Could campaigns like Dry January do more harm than good?

*Dry January 'could do more harm than good' for alcohol problems* - Sydney Morning Herald 14/01/2016  
*Dry January alcohol campaign 'could do more harm than good'* - Scotsman 14/01/2016  
*Dry January: Alcohol Abstinence Could 'Do More Harm Than Good', Says Health Expert* - Huffington Post UK 14/01/2016

**Over 100 pick ups according to Google News** including coverage from The Times, The Times Scotland, The Times Ireland, the Independent, the Daily Telegraph, The Sun, The Scottish Sun, The Irish Sun, Metro, the Express, the Daily Mail, Scottish Daily Mail, the Daily Star, Scottish Daily Record, the Globe & Mail, VICE, Discovery News, Cambridge News, BT.com, Science 2.0, Rochdale Online, Medical Daily & extensive local newspaper coverage. Also broadcast on Sky News With Colin Brazier and BBC World at One.
Editorial: Opioids in pregnancy

Top NIH administrator highlights rise of newborns addicted to painkillers - Al Jazeera
13/01/2016
Steep Rise in Prescription Opioid Use in Pregnancy, Infants Pay the Price - MedScape
14/01/2016
Spike in Newborn Drug Withdrawal Tied to Prenatal Painkiller Use - Doctors Lounge
12/01/2016

Also covered by U.S. News & World Report, Philly.com, Medical Xpress, Medical News Today, HealthDay, Science Codex,

Junior doctors strike: Jeremy Hunt accuses junior doctors of ‘putting patients at risk’ - The Independent 12/01/2016

Contraceptive pill is not tied to birth defects, study shows - International New York Times
13/01/2016 (in print)
No link between pill and birth defects - Bangkok Post (Thailand) 12/01/2016

Lazy patients blamed for NHS crisis - The Daily Telegraph 11/01/2016

Support of public crucial for striking junior doctors - Financial Times 12/01/2016

MEDICAL TERMS DECODED - the Daily Mail & Scottish Daily Mail 12/01/2016

LAB REPORT - South China Morning Post (China) 11/01/2016

Overtesting diabetes levels a costly waste, study finds - Chicago Tribune (USA) 13/01/2016

Boris imposes first sugar tax on City Hall drinks - Evening Standard 14/01/2016

Rise and shine... breakfast is back on a roll - Scottish Daily Mail 15/01/2016

6 in hospital after botched drug trial in France - International New York Times 16/01/2016

The one sex change on the NHS that nobody has been talking about - The Sunday Times
17/01/2016

Babies in hospital due to obesity - Sunday Express 17/01/2016

Journals give more publicity to ‘weak science’ - Times Higher Education 13/01/2016

Nadine Baggott looks at the benefits of joining a slimming club - hellomagazine.com
13/01/2016

Doctor discovers unreported condition affecting children - gulfnews.com 14/01/2016

Parents' fear after primary school pupil is removed from class after being diagnosed with swine flu - the Daily Mail 15/01/2016

The End of Dietary Guidelines for Americans? - Huffington Post 15/01/2016
Journal of Epidemiology & Community Health

Research: Adult and adolescent exposure to tobacco and alcohol content in contemporary YouTube music videos in Great Britain: a population estimate

- YouTube music videos pose health risk to teens - Sky News 15/01/16
- British teenagers hooked to alcohol content on YouTube - Business Standard 15/01/16
- British teenagers hooked to alcohol content on YouTube - CanIndia News 15/01/16


Annals of the Rheumatic Diseases

Research: Occupational exposure to textile dust increases the risk of rheumatoid arthritis: results from a Malaysian population-based case-control study

- Could workplace textile dust trigger RA? - MedPage Today 15/01/16
- Occupational textile dust exposure linked to rheumatoid arthritis - Science Newsline 15/01/16

Also covered by: Science 2.0, Science Daily, Textile Biz, Medical Xpress, WorldofOnline News, getprimenews.com,theworldnewstimes.com

- Antibodies linked with death in RA - MedPage Today 14/01/16
- New gout treatment effective, safe in the long term - MedPage Today 12/01/16
- 9 myths and facts about fibromyalgia - Everyday Health 12/01/16

BMJ Case Reports

- Man's blurred vision caused by worm living in his eye - Fox News 12/01/2016
- Man with blurred vision, pain and redness had a WORM living in his eye - the Daily Mail 12/01/2016

Also covered by Gulf Digital News

BMJ Open Diabetes & Research

- Diabetes and Ramadan: Gathering data to improve clinical care while fasting - MD Magazine 14/01/16
BMJ Open

NHS Health Checks scheme hailed as ‘remarkable success’ - Pulse 14/01/16

Also covered by: GP Online, Nursing in Practice, PharmaTimes, Medical Xpress

Veterans’ health of concern - Otago Daily Times 13/01/16

Hospital consultants feel undervalued and stressed - Irish Times 12/01/16

Doctors and patients don’t often agree when it comes to what’s best for depression treatment - Medical Daily 12/01/16

British Journal of Sports Medicine

Think on your feet: standing desks improve student cognition - Medical News Today 15/01/16

Motion control shoes shown to prevent certain types of injury to some feet - Globe & Mail 14/01/16 + LiveMint

Prescribe type 2 diabetics exercise - Daily Mail 12/01/16

Teen sports face a nutritional debate - The Wall Street Journal 12/01/16

Exercise can help deal with back pain and diabetes - LiveMint 12/01/16

Koreans’ health at risk for sitting too much - The Korea Herald 11/01/16

Journal of Epidemiology & Community Health

How the rise of childless women could change the face of Britain - Daily Mail 14/01/16

It’s more violent up north, study finds - Daily Telegraph (print only) 13/01/16

Also covered by: The Sun, Independent, Independent i, Daily Mail

WRONG - Scottish Daily Mail 12/01/16 (Print only)

Journal of Investigative Medicine

Deniz on the brink at Bairns - The Scottish Sun [Goals] 13/01/16 (print only)