BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (7-13 Dec) highlights include:

The BMJ

Research: Comparative benefits and harms of second generation antidepressants and cognitive behavioral therapies in initial treatment of major depressive disorder: systematic review and meta-analysis

Anti-depressants 'no more effective than counselling' - The Daily Telegraph & The Daily Telegraph Scotland 08/12/2015
Depression Outcomes Similar With Antidepressants, CBT - Medscape 10/12/2015


Research: Safety of live attenuated influenza vaccine in young people with egg allergy: multicentre prospective cohort study

Nasal spray OK for kids with egg allergy - The Australian (blog) 09/12/2015
Nasal spray OK for kids with egg allergy - NEWS.com.au 09/12/2015

Also covered by The Pharmaceutical Journal, Medscape, Doctors Lounge, WebMD, Rochdale Online, Vaccine News Daily, Science Codex, Medical Daily, Medical Xpress, Health Day News, Pharmaceutical Processing & extensive local coverage in Australia

Research: HbA1c overtesting and overtreatment among US adults with controlled type 2 diabetes, 2001-2013: observational population based study

Study Asks Whether Some With Type 2 Diabetes Are Tested Too Often - The American Journal of Managed Care 09/12/2015
Excessive Testing May Be Compromising T2DM Care - Doctors Lounge 10/12/2015
Women 'scared off having babies at the weekend by misleading death claims' - Evening Standard 09/12/2015 (link unavailable, but a version appears on the journalist's blog here).

Smokers who use e-cigs 'are risking harm to their lungs' - Daily Mail 08/12/2015

Ten things you never knew about... soap - Daily Express & Scottish Daily Express 09/12/2015

Retirement is good for you both mentally and physically - Financial Times 10/12/2015

Why kids films include death and how to cope - San Francisco Chronicle 09/12/2015
Why death is common in kids' films and how parents can cope - the Daily Mail 08/12/2015

Health groups shouldn’t get a pass for accepting dairy-industry money - Globe & Mail 09/12/2015

We are intersex - The Times 12/12/2015

If you're not having the most wonderful time, it's time to speak up - The Daily Telegraph 12/12/2015

It's time for doctors to apologise to their ME patients - the Daily Telegraph 07/12/2015

Essure Birth Control: FDA is Killing Women with Their Sloppy Work - Rings of Fire 07/12/2015

Hospitals fail to follow antidote stock rules, audit finds - Supply Management 07/12/2015

Flavouring found in e-cigarettes linked to 'popcorn lung' - NHS Choices 08/12/2015

Keep your face to the sun! - The Times of India 08/12/2015

Using small plates can combat obesity - Live Mint 08/12/2015

Why dietitians, doctors STILL dish up bad diet advice - Biz News 09/12/2015

Warfarin + Sulfonylureas May Increase Risk of Hospitalization - Doctors Lounge 09/12/2015

The Government’s New Food Rules Will Be a Huge Deal. Bacon Lovers Are Not Going to Be Happy - Mother Jones 09/12/2015

Facing an anti-venom shortage, WHO tries to mobilise new suppliers - BioPharma Reporter 09/12/2015

More brain injuries caused by sparring than real fights - Fox Sports 09/12/2015

Town’s GP crisis raised in Scottish Parliament - Fife Today 10/12/2015

Bollywood Star Committed Suicide After Massive Guilt Following Abortion - Life News 11/12/2015

Chocolate indulgence is not really ‘sinful’ - Inquirer 12/12/2015

Unprotected sex behind record rise in HIV cases - Times of Malta 13/12/2015
JOURNALS

BMJ Open

Research: Alcohol consumption and mortality in patients with mild Alzheimer’s disease: a prospective cohort study

Two drinks a day keep Alzheimer’s risk at bay - Times of India 11/12/15
For early stage Alzheimer’s alcohol may be a good thing - Newsweek 11/12/15
Why drinking with friends may prevent death from Alzheimer’s - Daily Telegraph 11/12/15

More than 200 items on Google

UK coverage:

International coverage:

Other coverage:


Journal of Epidemiology & Community Health

House of Lords debate (disability benefits) BBC Parliament - 10/12/15

Journal of Family Planning and Reproductive Health Care

Research: Who has a repeat abortion? Identifying women at risk of repeated terminations of pregnancy: analysis of routinely collected health care data

Aberdeen study finds link between long-term contraception use and abortion - The National 10/12/2015
Contraceptive implant linked to repeat abortion - The Pharmaceutical Journal 14/12/2015

Also covered by Medical News Today, Science 2.0, Science Codex, Rochdale Online, Medical Xpress