**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (28 Sept-4 Oct) highlights include:

**The BMJ**

**Research:** Calcium intake and risk of fracture: systematic review
Research: Calcium intake and bone mineral density: systematic review and meta-analysis

[Calcium Supplements Aren't Doing Your Bones Any Good, Studies Say](https://www.time.com/3718054/calcium-supplements/) - TIME 30/09/2015
[Calcium supplements may not help your bones, study finds](https://www.cbsnews.com/news/calculator-supplements/) - CBS News 30/09/2015

Over 200 media outlets covered this story according to Google News including:

**UK**

**US**

**World**
Research: **Prevalence and compensation of academic leaders, professors, and trustees on publicly traded US healthcare company boards of directors: cross sectional study**

Academics received $55 million to serve on health care company boards in 2013 - Washington Post 30/09/2015  
Top academics earn millions as directors in for-profit healthcare companies - Times of India 02/10/2015  
Double Dipping: Many Leading Academics Serve on Industry Boards - Medscape 30/09/2015  

Also covered by NewsMax Health, Medical Daily, Fierce Health Finance, Becker’s ACS Review

Analysis: **Civilian deaths from weapons used in the Syrian conflict**

Study: Quarter of civilians killed in Syrian War are children, women - Al Jazeera America 30/09/2015  
Bombs in Syria Kill Children the Most, Researchers Say - NBC News 30/09/2015  
How the Syrian crisis is particularly deadly for women and children - Los Angeles Times 30/09/2015  


Personal view: **Hospitals are wrong to ban e-cigarette use**

Hospital e-cigarette ban fails smokers and non-smokers, says expert - Herald Scotland 01/10/15  
Hospitals 'should provide free e-cigarettes to patients' - OnMedica 01/10/15  
Patients should be encouraged to use free e-cigarettes in hospitals, argues academic - Medical Xpress 01/10/15  

Ongoing coverage:  
New analysis says 2001 study of Paxil for teens misrepresented results - Reuters 28/09/2015  
Researchers may not have reported an important side effect to an antidepressant drug used by teens - Business Insider 29/09/2015  

Also covered by Yahoo News, Bangor Daily News, Newsmx, Business Insider Australia, WHTC, Channel News Asia, GlobalPost, KFGO, Reuters India, Drug Watch

Ongoing coverage:  
The natural-food industry should get political - Al Jazeera America 02/10/2015  

Also covered by The Verge, Meat & Poultry
Rugby is dangerous – and we’re not doing enough to protect children who play it - The Conversation 01/10/2015

Butter vs margarine: which is really healthier? - the Daily Telegraph 01/10/2015

Shocking new figures reveal the extent of damage to children smoking in cars causes - Western Daily Press 01/10/2015


Bad news can make cancer symptoms WORSE - the Daily Mail 02/10/2015 (also in print)

Operating theatres are an 'old boys' club' - the Daily Mail & Scottish Daily Mail 02/10/2015 (also in print)


Wall Street analysts downplay drug pricing proposals - Politico 29/09/2015

5 Spicy Recipes That Can Help You Live Longer - Cheat Sheet 03/10/2015
Also covered by Healio

NHS drug shortages: why are we running out of some treatments in the UK? - The Daily Telegraph 29/09/2015

People discharged from hospital at weekends are more likely to be readmitted, figures show - Western Daily Press 30/09/2015

UK e-cigarette firm fights EU vaping laws in European court - the Guardian 01/10/2015

Unacceptable Preventable losses deny us collective progress - Fiji Times 01/10/2015

OPERATING THEATRES 'HOSTILE ENVIRONMENT FOR WOMEN', SAYS LEADING SURGEON - Care Appointments 01/10/2015

Over-medicalisation: doing more harm than good - the Saturday Paper 03/10/2015

No, you don't have to drink 8 glasses of water a day - The Business Times 02/10/2015 (in print only)

Have we been wrong about cholesterol? - Daily Mirror & Irish Daily Mirror 02/10/2015 (in print only)

Roller coaster crash heroes - Daily Mirror 28/09/2015 (in print only)

Head teacher confident her mile-a-day run for pupils has legs - The Times Scotland 29/09/2015 (in print only)
The BMJ Campaign: Corruption in Medicine

Interview with Dr David Berger about how doctors could be ethical and what drives corruption in the sector

Unregulated private insurance won’t help people cut health costs: Dr David Berger - The Times of India 04/10/2015

JOURNALS

Gut
Research: High-level adherence to a Mediterranean diet beneficially impacts the gut microbiota and associated metabolome

Mediterranean diet is your ticket to super gut health - Times of India 29/09/15
Mediterranean diet is as healthy as being vegan - Daily Mail 29/09/15
Another good reason for the Mediterranean diet - Chicago Tribune 29/09/15


Heart
Research: Cardiovascular biomarkers in patients with cancer and their association with all cause mortality

Cancer may be hidden danger to the heart - WebMD (US) 29/09/15
Cancer survival linked to cardiovascular hormone/peptide levels - Oncology Nurse Adviser 29/09/15

Also covered by the Daily Trust

Postgraduate Medical Journal
Fellowship of Postgraduate Medicine (FPM): 90th anniversary of PMJ

How asthma treatments went up in smoke (blog) - Irish Medical Times 02/10/15

BMJ Case Reports
Ongoing coverage:
Teen Girl Drinks Weight Loss Green Tea Bought Online And Turns Yellow - Tech Times 28/09/2015

Also covered by Christian Today, Times of Kabul, Clap Way, Latino Post, iSurfPaducah,
British Journal of Sports Medicine

The price we pay for sitting too much - Wall Street Journal 28/09/15
Also covered by MarketWatch, Boston.com, AOL UK.com, Yahoo7.com, Medical Daily

The amount of water you actually need per day - Food.com 28/09/15

Parents urged not to stop kids playing rugby - The Scotsman 28/09/15
Also covered by The Times, OnMedica, Herald Scotland, Glasgow Evening Times, The National

Sorry Boris Johnson, but suffering the humiliation of PE once a week is traumatic enough
The Independent 29/09/15

Exercise eases knee osteoarthritis, temporarily - Reuters UK 02/10/15

Pregnant 800 meter runner spurs research on pregnancy and elite athletes - Los Angeles Times 02/10/15

The science of running shoes: which type is best for you? - The Inquisitr 02/10/15

Rugby World Cup 2015: brain expert warns of concussion anxiety - BBC Sport 03/10/15

BMJ Open

Open peer review could result in better quality of peer review - Medical Xpress 29/09/15
Also covered by BMC Blogs, News-Medical.net

Statins may only postpone death by three or four days - Pulse 29/09/15

Liver health could indicate hepatosteotosis in patients with HCV - MD Magazine 30/09/15

Tonic water and lime put leg cramps on the run - Seattle Times 04/10/15

Occupational & Environmental Medicine

Cognitive behavioural therapy and work participation - Personnel Today 30/09/15