**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (31 Aug - 6 Sept) highlights include:

**The BMJ**

**Analysis:** Increased mortality associated with weekend hospital admission: a case for expanded seven day services?


'The weekend effect' means 11,000 extra NHS deaths a year - the Telegraph 06/09/2015

Hospital patients admitted at weekends '15% more likely to die' - The Observer 06/09/2015


**Research:** Mental illness, challenging behaviour, and psychotropic drug prescribing in people with intellectual disability: UK population based cohort study

Study raises fears 'chemical cosh' is overused - The Guardian 02/09/2015

Doctors Overuse Antipsychotic Drugs to Treat Intellectual Disability - Newsweek 02/09/2015

People with intellectual disabilities are being given antipsychotics - Ars Technica 04/09/2015

This story was also covered by Ars Technica, Nursing Times, NHS Choices, OnMedica, Web MD, New Scientist, Rapid News Network, TV Newsroom, Healio, Medical Xpress, Medical Daily, The Economic Voice, Disability Scoop, Psychiatry Advisor, Bulletin Leader, Health Canal, Celebrity Cafe, PPP Focus, 2 Minute Medicine, Psych Central, homecare.co.uk, domain-B, Care 2 Home and BioEdge. Comment issued by the Epilepsy Society. Also broadcast by the Today Programme, BBC Radio 5 Live and Victoria Derbyshire BBC News.

**Feature:** The unethical revenue targets that India’s corporate hospitals set their doctors

Indian doctors over-prescribe tests to meet revenue goals - Hindustan Times 04/09/2015

'Many Indian doctors under pressure to meet revenue targets' - Business Standard 04/09/2015
Indian doctors under pressure to meet revenue targets - Times of India 04/09/2015

Despite negative reputation, doc-owned hospitals don't cherry-pick the healthiest patients - FierceHealthcare 03/09/2015

Every hospital patient will be given a barcode as part of plan to create a 'paper free' NHS - the Independent 01/09/2015

Here's how to health proof your kids as they head back to school - Mirror 31/08/2015

Saturated Fat: Why Avoiding It Doesn't Always Lower Heart Disease - Kera News 31/08/2015

The Big Calcium Lie: What Your Doctor Doesn't Know About Bone Health - News Max 30/08/2015

British Medical Journal Study: Pro-Life Laws on Abortion Don't Lead to Higher Maternal Morality Rates - LifeNews 31/08/2015

Reproducing results: how big is the problem? - Times Higher Education 03/09/2015

Goodbye mayonnaise, hello harissa: how UK shoppers' tastes have changed - the Independent 02/09/2015

Industry files complaint against France's off-label law - PM Live 02/09/2015

Xarelto Lawsuits Increasing Across the Country - Legal Examiner 02/09/2015

Six-year inquiry 'failed to find full awful truth about scandal of tainted blood' - the Sunday Express & Scottish Sunday Express 06/09/2015

Debunking the 8-glass myth - The Bangkok Post 01/09/2015 (only in print)

Student BMJ

News: More than 80% of medical students with mental health issues feel under-supported, says Student BMJ survey

One in seven medical students 'has considered suicide' - The Independent 02/08/2015

Survey: 15% of Med Students in the UK Have Considered Suicide - TIME 02/09/2015

This story was also covered by Discovery News, Psychiatry Advisor, Medical Daily, Medical Xpress, Healio, Yahoo News UK, Inverse, Youth Health Magazine, Techie News, 6minutes and OnMedica.
Informing athletes about concussion may not change behavior - Reuters US 04/09/15

Eight glasses of water a day won’t keep the doctors away - New York Daily News 02/09/15

Why walking clubs and sit-stand desks work - Savings and Workplace Benefits 02/09/15

Barefoot vs shod running: it’s a dead heat - Globe & Mail 01/09/15

Daily exercise can help us to live longer - Daily Mirror + Irish Daily Mirror 01/09/15 (print only)

Newer migrants to Ontario face fewer heart health risks says study - Globe & Mail 31/08/15

Expansion of euthanasia in Belgium and Netherlands should be a warning to Britain - LifeNews.com 04/09/15 (also in National Right to Life News)

Risk of heart attacks with antiepileptics of small clinical relevance at population level - Pharmaceutical Journal 03/09/15

Is food the safest and most powerful form of medicine? - Huffington Post 03/09/15
Mediterranean diet associated with healthy heart says cardiologist Aseem Malhotra - India West 31/08/15
Shifting focus from calories to nutritional value: new fad or sound science? - Science 2.0 01/09/15

Diabetes, depression, predict poor survival, rehospitalization in patients with heart failure - Healio 31/08/15

Nine risk factors may explain two thirds of AD cases - Medscape 01/09/15


The surprising health risks of being the firstborn child - Health.com 01/09/15
Also Independent Online (South Africa) + Body and Soul (Australia) + New York Magazine

Annals of the Rheumatic Diseases
Arthritis may be worse in poorer countries but seem worse in rich ones - Reuters UK 04/09/15

Gout: a risk factor for aFib? - MedPage Today 01/09/15

Drug and Therapeutics Bulletin

Continue prescribing gluten free foods on NHS, argue dieticians - OnMedica 02/09/15