BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (24 - 30 Aug) highlights include:

The BMJ

Five million adults in England 'at risk of diabetes' - BBC 26/08/2015


Can female viagra really change women's libido? - New Zealand Herald 29/08/2015

Sweet result as honey ointment hits the spot - New Zealand Herald 29/08/2015

Is new female sexual desire drug Flibanserin worth getting excited about? - Stuff.co.nz 29/08/2015

The obesity problem needs action, not analysis - the Telegraph 27/08/2015

Does more expensive food mean it is healthier? - The Australian 28/08/2015

Will happy friends make me happier? - The Guardian 24/08/2015

Despite one death, 25 is the right age to start smear tests - The Times 25/08/2015

The Persistent Health Myth Of 8 Glasses of Water a Day - the New York Times 24/08/2015

Pediatrician debunks myth that people must drink 8 glasses of water daily - International Business Times 26/08/2015

Also covered by The Straits Times, Business Day

Weight loss tips & tricks: 'Teen Mom' star Amber Portwood sheds 36lbs., thanks to diet - Latinos Health 25/08/2015

Should you be using HRT face moisturiser? - the Daily Mail & Scottish Daily Mail 27/08/2015

11 reasons why getting a dog will make your life - and health - better - BT.com 26/08/2015

Peak of Victoria's flu season to come in September - The Age 27/08/2015

Sex O'Clock: Exact time both men and women are in sync for love making - Standard Digital 26/08/2015

Enjoy some butter in your burger, but just have one - Calgary Herald 26/08/2015

Once again, science tell us butter is better for you than margarine - Digital Journal
25/08/2015

Just One Drink Per Day Can Open Door to Alcohol-Caused Cancer, Says New Study - Huffington Post 24/08/2015

This story was also covered by MD Magazine, The Raw Food World News, Press Examiner, HealthNewsDigest.com, JBH News, Fx Report Daily, Times Gazette, the Telegraph (Australia). Also broadcast by Channel 5 Lunchtime News & Sky News tonight with Adam Boulton (24/08/2015)

JOURNALS

Injury Prevention (US Focus)

Research: Masculine discrepancy stress, substance use, assault and injury in a survey of US men

Science proves Napoleon Complex terrifyingly real - New York Post 24/08/15
Proof that traditional masculinity may actually be dangerous - HuffPost US 25/08/15
Men who feel less masculine may be more prone to violence study suggests - US News & World Report 25/08/15


Gun crime is unfamiliar to Europeans - Chicago Tribune 27/08/15 (print only)

Archives of Disease in Childhood (Fetal & Neonatal Edition) (US Focus)

Research: Lower rate of selected congenital heart defects with better maternal diet quality: a population based study

Heart abnormality risk could be significantly reduced if mom’s diet is healthier - Headlines & Global News 25/08/15
Mom’s healthy diet linked to lower heart defect risk at birth - US News & World Report 24/08/15
Pregnant women’s diet linked to baby heart risk - BBC News Online 25/08/15

Editorial: It is time to stop counting calories, and time instead to promote dietary changes that substantially and rapidly reduce cardiovascular morbidity and mortality

Counting calories? Don’t bother - New Zealand Herald 29/08/15
Eat Mediterranean-type food for healthy heart - Business Standard 27/08/15
Eat healthily for a good heart, say experts - Sky News 27/8/15


Research: Firstborns have greater BMI and are more likely to be overweight or obese: a study of sibling pairs among 26,812 Swedish women

Your birth order may matter when it comes to weight - Washington Post 27/08/15
Birth order matters: older sisters likely to be heavier - International Business Times 28/08/15
Fatter than your siblings? It could be because you are older - New Scientist 27/08/15


Workplaces that encourage healthy lifestyles will have fewer obese workers - India Today 31/08/15

This story was also covered by Yewitness News (South Africa), Food World News, New Age Online, Fox News, Bangladesh News 24, Medical Daily, Free Malaysia Today, Business Insider, GlobalPost, Channel News Asia, AsiaOne, Reuters, Yahoo News and Barrington Review.
BMJ Open (external PR)

**Research:** Alcohol use, socioeconomic deprivation and ethnicity in older people

**One fifth of over 65s drinking at unsafe levels**  The Guardian 24/08/15
**One in five senior citizens drinking unsafe levels of alcohol**  The Washington Post 24/08/15
**Wealthier adults drink unsafe amounts of alcohol**  Business Standard 24/08/15


**Euthanasia expands in Europe** - Philly.com 25/08/15

**Pot belly linked to heavy smoking** - eMedicine News 25/08/15

**Trafficking victims: Workers lack training** - Arab Times (Kuwait) 23/08/15 (print only)

**People with back injuries treated with opioids off work longer** - CBC.canada 27/08/15

**Journal of Neurology Neurosurgery & Psychiatry**

**How being a baker can give you asthma** - Daily Mail + Scottish Daily Mail (print only) 25/08/15

**Are you at risk of developing dementia?** - Daily Mail 24/08/15

**Journal of Medical Ethics**

**Interview: Julian Savulescu editor of JME** - BioEdge 21/08/15

**British Journal of Sports Medicine**

**Wellness in the workplace: how health initiatives can boost staff productivity** - The Guardian 28/08/15

**NHS report finds that lack of exercise is responsible for type 2 diabetes in the UK** - Diabetes UK 28/08/15

**BMJ Quality Improvement Reports**

**Quality Control Improves TB Rates** - Voice of America 27/08/15