BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (17 - 23 Aug) highlights include:

**BMJ Awards**

- Practice receives 'outstanding' rating from health watchdogs - Get West London 19/08/2015

**The BMJ**

**Research: Light to moderate intake of alcohol, drinking patterns, and risk of cancer**

- The Connection Between Light Drinking and Cancer: Study - TIME 19/08/2015
- Just one drink can raise breast cancer risk - experts - New Zealand Herald 19/08/2015
- Cancer risk 'even from light drinking' - BBC News 19/08/2015

This story was also covered by over 300 news articles according to Google News including coverage from:

**UK**


**International**


- Heated Debate as Assisted Dying Bill Inches Closer in UK - Medscape 19/08/2015
Study: Eating spicy food may lead to longer life - News Day 19/08/2015
Also covered by Chicago Tribune, CBS Local, Biotechin.Asia, Daily News,

A Doctor-Assisted Disaster for Medicine - The Wall Street Journal 19/08/2015 (also in print)

Doctor's diary: the economic case for NHS hearing aids - The Telegraph 17/08/2015

Female Viagra misses the point - The Daily Telegraph 18/08/2015 (also in print)

Why alcohol rules should be rewritten so that men over 55 can drink more - Daily Mail & Scottish Daily Mail 18/8/2015 (also in print)

NHS prescribes gluten-free pizza, cakes and biscuits - the Daily Telegraph 17/08/2015

A Doctor-Assisted Disaster for Medicine - Wall Street Journal 17/08/2015

Bangladesh sentences six to jail for deadly children's medicine - Yahoo News 17/08/2015

The missing nutrients - Live Mint 17/08/2015

We can't ignore that IT is changing our brains - Gulf News 17/08/2015

What is the Best Time for Sex? - The New Indian Express 17/08/2015
5:48 AM, The Best time To Have Sex With Your Partner - Focus News 19/08/2015
The best time love? to make 5.48 in the morning - Irish Daily Mail 20/08/2015 (in print)

Trans-fat junk food to be targeted under EU plans - Irish Daily Mail 19/08/2015 (in print; no link available)

Trans fats, not saturated fats, linked to greater risk of death - South China Morning Post 17/08/2015 (in print)

We can't ignore that IT is changing our brains - Gulf News (UAE) 18/08/2015

The missing nutrients - Mint (India) 18/08/2015

Feel Good Report: What Happens When You Eat Too Much Sugar - Gulfshore Life

Patients can contribute to medical studies now - The Times of India 19/08/2015

FDA To Decide On 'Female Viagra' Drug, Flibanserin, Now Called Addyi - Medical Daily 18/08/2015

Ask Your Physical Therapist: How effective is pain medication? - The Sentinel 18/08/2015

Freedom, Prescription Drugs and Social Irrationality - Huffington Post 18/08/2015

Real doctor takes issue with Dr. Google - Chron 19/08/2015

Technology can solve the productivity puzzle - but too many businesses don't know how - the Telegraph 19/08/2015

The week in higher education – 20 August 2015 - Times Higher Education 20/08/2015
An age-old dilemma: how to live for longer? - Irish Times 20/08/2015

Five tricks to combat the middle-age decline - the Telegraph 20/08/2015

Fatal Brain Disease Shows Up Decades After Growth Hormone Treatments - News Max 19/08/2015

There are risks to going gluten-free - the Daily Times 21/08/2015

John Hopkins U scientist questions CDC push for flu vaccine - International Business Times 20/08/2015

Half of decade-old metal hip implants defective - New Zealand Herald 22/08/2015

My toxic surgery ordeal - New Zealand Herald 22/08/2015

Do you bond with your family through food? - NewsMax 21/08/2015

Researching health symptoms online is a prescription for anxiety - Irish Examiner 22/08/2015

Britons to drink less alcohol as health warnings rise - Food Manufacturer 21/08/2015

EU examining setting maximum levels of trans fats in food - Agriland 22/08/2015

JOURNALS

BMJ Open

Research: Human trafficking and health: a cross sectional survey of NHS professionals’ contact with victims of human trafficking

Substantial number of UK NHS hospital staff treat victims of human trafficking - Newsroom America 21/08/15

British health workers unsure how to spot, help trafficked victims - Daily Mail 21/08/15

One in eight hospital staff have treated victims of human trafficking - Nursing Times 21/08/15

This story was also covered by Financial Express, Reuters Africa, Medical News Today, Daily News, Independent i, Metro + Metro Scotland, Economic Voice, Care Appointments, TakePart, Medical Xpress, BT.com, Yahoo News UK, Yahoo Finance, The Peninsula (Qatar), Gulf Times, Kuwait Times (misattrib to The BMJ) and Press Association.

Research: Heavier smoking may lead to a relative increase in waist circumference: evidence for a causal relationship from a Mendelian randomisation meta-analysis. The CARTA consortium (external PR)

Smoking 'leads to a pot belly' - Daily Mail 19/08/15
Smokers more likely to develop pot bellies - The Australian 20/08/15
Smokers more likely to develop pot bellies - Business Standard 19/08/15


Euthanasia's slippery slope - National Post (Canada) 21/08/15 (print only)
Also covered by The Washington Post, The Peninsula (Qatar), Sydney Morning Herald, The Age and Canberra Times.

Wealthy middle aged drinking - Independent Nurse 17/08/15 (print only)

Holistic care is key to cancer screening uptake in survivors of sexual abuse - Nursing Standard 19/08/15 (print only)

Depression is a likely issue in patients asking for euthanasia - Nursing Standard 19/08/15 (print only)

Vitamin D helps to prevent falls in the elderly - Daily Mail 19/08/15

Journal of Neurology Neurosurgery & Psychiatry

Research: Meta-analysis of modifiable risk factors for Alzheimer’s disease

The lifestyle choices that affect Alzheimer’s risk - Forbes 22/08/15
New study identifies nine risk factors for Alzheimer’s disease - TIME 20/08/15
Dementia levels stabilising across UK and Europe, study finds - ITV.com 21/08/15


Tobacco Control

Age 21 to buy cigarettes? - Chicago Tribune 19/08/15 (print only)

British Journal of Sports Medicine

Study says volleyball poses low injury risk to players - Malay Mail Online 22/08/15
Shoulder pain: when to worry - Huffington Post 21/08/15

For seniors, any exercise may be better than none - Reuters 21/08/15
This device could help office workers lose weight - The New Daily 19/08/15
Weightlifting expert allays stunted growth fears - GhanaWeb 18/08/15
Exercise all you want but a bad diet will doom you: experts - Times of India 17/08/15
There’s little evidence to help avoid stress fractures - Fox News 17/08/15

**Journal of Epidemiology & Community Health**

Don’t be so clingy - Mail on Sunday + Scottish Mail on Sunday 23/08/15

**Drug and Therapeutics Bulletin**

The dangerous food fad - The Spectator 22/08/15 (print only)
Can you trust the new food gurus? - Daily Mail + Scottish Daily Mail 21/08/15 (print only)

NHS prescribes gluten free pizza, cake, and biscuits - Daily Telegraph 18/08/15
Also covered by LBC and BBC R5 Live Daily.

**BMJ Quality & Safety**

How to dial down noise - Surgical Products 17/08/15 (print only) + Science Newsline