BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (9 - 15 March) highlights include:

**The BMJ**

**News: Rural West has highest rate of cold related deaths in US, CDC report shows**

Here's where cold temperatures are the deadliest in the US - The Verge 12/3/15
Cold Exposure Deaths Higher in Rural Western Areas of US - Live Science 12/3/15

Also covered by U.S. News & World Report, Healio and Medical Xpress.

**Research (1867): Antiseptic principle in the practice of surgery**
Research (1950): Smoking and Carcinoma of the Lung

Five research papers that revolutionised health - BBC News 15/3/15

**Data Briefing: UK NHS: Less money (but more bangs per buck)?**

Will NHS efficiency savings meet the funding gap? - Medical News Today 11/3/15

Also covered by Rochdale Online

**Editorial: Outsourcing the NHS**

Daily Politics - 12/3/15

**Campaign: Corruption in healthcare**

Healthcare corruption in India hits international headlines - The Times of India 11/3/15

**Research: Accessibility of trial reports for drugs stalling in development: a systematic assessment of registered trials**

Most Information in Drug Development is Lost - DDG Magazine 9/3/15
Most information in drug development is lost - McGill Reporter 11/3/15
Research: **Facilitated physical activity as a treatment for depressed adults: randomised controlled trial**

*Running man: how a pair of trainers gave one author the key to creativity* - The Observer 15/3/15

Research: **Age at retirement and long term survival of an industrial population: prospective cohort study**

*Lawrence Solomon: Here’s a retirement plan — don’t* - National Post, Canada 13/3/15 (in print)

Research: **China’s excess males, sex selective abortion, and one child policy: analysis of data from 2005 national intercensus survey**

*The problem of too many baby boys in China* - Al Jazeera 14/3/15

Research: **Effect of hormone replacement therapy on cardiovascular events in recently postmenopausal women: randomised trial**

*HRT halves risk of heart disease, study suggests* - The Daily Telegraph 10/3/15

Research: **Risk of narcolepsy in children and young people receiving AS03 adjuvanted pandemic A/H1N1 2009 influenza vaccine: retrospective analysis**

*Did the swine flu jab give little Mathilda a crippling sleep disorder?* - Daily Mail & Scottish Daily Mail 10/3/15

Research: **Smoking cessation treatment and risk of depression, suicide, and self harm in the Clinical Practice Research Datalink: prospective cohort study**

Continued media coverage:

*Kicking the habit can improve your mental health* - Western Daily Press 10/3/15

Analysis: **No clear evidence from countries that have enforced the wearing of helmets**

*Legislator sees safety in adult helmet law; cyclists see mostly harm* - LA Times 9/3/15 (in print)

Observation: **The hardest thing: admitting error**

*Buffett shows HSBC and Delta Air Lines how to say sorry* - Financial Times 12/3/15

Research: **Televised medical talk shows—what they recommend and the evidence to support their recommendations: a prospective observational study**

Continued media coverage:

*Dr. Oz’s dubious advice, in one chart* - Vox 14/3/15
Jimmy Kimmel Taps Docs to Mock Anti-Vaccine Deniers - Discovery News 5/3/15

BMJ Research (2002) on x-rays

Why so many broken bones are now being missed in A&E - Daily Mail & Scottish Daily Mail 10/3/15

Analysis: How should we define health?

Healthy, in a falling-apart sort of way - Herald Tribune 10/3/15
Healthy in a falling apart sort of way - Bangkok Post 10/3/15 in print (no link available)

Research: Law enforcement duties and sudden cardiac death among police officers in United States: case distribution study

How to beat chronic situation, by scientists - The Guardian of Nigeria 12/3/15

BMJ Open Peer Review

Will double-blind reviewing bring quality into focus? - Times Higher Education 12/3/15

Research: Fruit consumption and risk of type 2 diabetes: results from three prospective longitudinal cohort studies

Continued media coverage:
Cold-Pressed Juicing: It's No Pulp Fiction! - NDTV 14/3/15

Investigation: Sugar: Spinning a web of influence

Continued media coverage:
Sweethart deal: Big Sugar firms handed six-figure sums by UK govt for candy production & 'research' - RT 13/3/15

Research (1993): Is Friday the 13th bad for your health?

You've survived Friday 13th! - Independent Online 14/3/15


Natural remedies that help from head to toe - lodinews 13/3/15

Sir Anthony Grabham, BMA chairman - obituary - The Daily Telegraph 12/3/15
The BMJ Awards

Radiology team in line for top award - Swindon Advertiser 9/3/15

Journals

Annals of the Rheumatic Diseases

Research: Gout and the risk of Alzheimer's disease: a population-based, BMI-matched cohort study

Continued media coverage:
Having gout may reduce the chance of Alzheimer's - International New York Times 11/3/15 (in print)
In Gout, an Upside for the Mind - New York Times 10/3/15 (in print)

Research: Paracetamol: not as safe as we thought? A systematic literature review of observational studies

Continued media coverage:
Long term paracetamol use poses risks, says study - Bangkok Post 10/3/15 (no link available)

Journal of Epidemiology & Community Health

Research: Are fluoride levels in drinking water associated with hypothyroidism prevalence in England? A large observational study of GP practice data and fluoride levels in drinking water

Continued media coverage:
Fluoride in water link to thyroid problems - Irish Daily Mail 10/3/15 (link unavailable)

Heart

Research: Coffee consumption and coronary artery calcium in young and middle-aged asymptomatic adults

Continued media coverage:
What a daily coffee is really doing to your body - Daily Mail & Scottish Daily Mail 10/3/15
Surprising Perks of your Coffee - Daily Express 10/3/15 (link unavailable)
Modest coffee consumption good for heart - Bangkok Post 10/3/15 (no link available)

Editorial: Run for your life ... at a comfortable speed and not too far

Is running marathons bad for your health? - CBS 13/3/15
**BMJ Open**

Research: **Implications of private sector Hib vaccine coverage for the introduction of public sector Hib-containing pentavalent vaccine in India: evidence from retrospective time series data**

Poor public delivery systems hindrance to vaccine benefits - Vancouver Desi 10/3/15

Research: **Associations between source of information about sex and sexual health outcomes in Britain: findings from the third National Survey of Sexual Attitudes and Lifestyles (Natsal-3)**

Continued media coverage:
More kids in Britain learning about sex at school - Reuters 11/3/15
Study Suggests Teenagers Require More Sex Education - HealthAim 11/3/15

Also covered by Stuff.co.nz

**Tobacco Control**

Research: **Public support for raising the age of sale for tobacco to 21 in the United States**

Study Supports Raising Tobacco-Purchase Age to 21 - Washington Post 13/3/15 (in print)

Research: **Early evidence about the predicted unintended consequences of standardised packaging of tobacco products in Australia**

Pack it in - The Economist 12/3/15