BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s highlights include:

**The BMJ**

**Editorial: Risks of the unregulated market in human breast milk**

- The Dangers of Buying Breast Milk Online - TIME 24/3/15
- Warning over risk to health of breast milk sold online - The Guardian 25/3/15
- Buying human breast milk online poses dangerous risks - Al Jazeera America 24/3/15


**Research: Short term exposure to air pollution and stroke**

- Air Pollution Raises Stroke Risk - New York Times 24/3/15
- Air pollution ‘link to stroke risk’ - BBC 25/3/15
- Air Pollution Could Trigger ‘Disabling Strokes’ Or Increase The Likelihood That You’ll Suffer Anxiety, Research Shows - Huffington Post 25/3/15

Editorial: Brain damage in American Football

Editorial calls for more research on link between football and brain damage - Harvard Health Blog 25/3/15
Maybe football shouldn't be played at all - Business Insider 24/3/15

Also covered by Business Insider Australia, Business Insider India, Family Practice News and Medical Xpress.

Editorial: Tuberculosis in India

Personal View: India should screen all tuberculosis patients for drug resistant disease at diagnosis
Personal View: End stigmatizing language in tuberculosis research and practice

India starts campaign to increase TB awareness - Mint (India) 25/3/15
World Tuberculosis Day: India Needs Political Will To Eradicate TB Shows Study - Huffington Post 24/3/15
India failing to tackle ‘massive TB crisis’: British Medical Journal - Daily Mail 24/2/15


Analysis: UK alcohol industry's “billion units pledge”: interim evaluation flawed

DH ‘should withdraw’ flawed report on alcohol pledge - OnMedica 25/3/15
Report on UK alcohol industry’s “billion units pledge” is flawed - International Supermarket News 25/3/15

Also covered by The Spirits Business, Harpers Wine & Spirit Trade Review, Care Appointments and Medical Xpress.

Research: Short term impact of smoke-free legislation in England: retrospective analysis of hospital admissions for myocardial infarction

World Pollutionwatch: Bans that benefit millions - The Guardian 29/3/15
Research: The financial cost of doctors emigrating from sub-Saharan Africa: human capital analysis

Immoral plunder of intellectual resources - The Guardian 26/3/15

Hospital bed occupancy rates hit record high risking care - Guardian 27/3/15

Research (2008): Right-left discrimination among medical students: questionnaire and psychometric study

Continued media coverage:
Why some people have trouble telling left from right (and why it’s so important) - The Conversation 23/3/15
Do you have trouble telling left from right? Here's when it's a problem - The Independent 23/3/15

(1970) For Debate: Impotence in Farm Workers using Toxic Chemicals

Could the TTIP deal undo development gains? - The Guardian 24/3/15

Research: The association between exaggeration in health related science news and academic press releases: retrospective observational study

Continued media coverage:
Is slack science reporting letting down the public? - The Guardian 24/3/15

Education & Debate (2002): Selling sickness: the pharmaceutical industry and disease mongeringCommentary: Medicalisation of risk factors

The testosterone and HGH boom: How critics say ‘disease mongering’ created a multibillion-dollar industry - Washington Post 24/3/15

Feature: Under the influence
Editorial: Alcohol’s evaporating health benefits

Continued media coverage:
Call time on soft approach to Big Alcohol - The Conversation 24/3/15

Head to head (2007): Should the NHS curb spending on translation services?

Theresa May’s hidden British value – monolingualism - The Conversation
Research: **Sex, health, and years of sexually active life gained due to good health: evidence from two US population based cross sectional surveys of ageing**

*The ages man's that define a life* - Daily Mail & Scottish Daily Mail 26/3/15

**Papers & Observation:** **Infantile Subdural Haematoma and its Relationship to Whiplash Injuries**

*Doctors who diagnosed Shaken Baby Syndrome now defend the accused* - The Washington Post 20/3/15

**Blog:** **Richard Smith: Dying of cancer is the best death**

Continued media coverage: *If you want to die a good death, start thinking about it now* - The Times 24/3/15

**Research:** **Tea drinking habits and oesophageal cancer in a high risk area in northern Iran: population based case-control study**

Continued media coverage: *Why that nice hot cuppa may be bad for you* - Daily Mail & Scottish Daily Mail 24/3/15

**Research:** **Effect of n-3 long chain polyunsaturated fatty acid supplementation in pregnancy on infants' allergies in first year of life: randomised controlled trial**

Continued media coverage: *Could your dishwasher give your child an allergy?* - Irish Daily Mail 24/3/15 (link unavailable)

**Research (1982): A chronic epidemic of hysterical blackouts in a comprehensive school**

*Mass hysteria is a powerful group activity* - The Observer 29/3/15 (also in print)

**Research (1989): Hay fever, hygiene, and household size**

*Siblings: Possibly Pesky, but May Protect Against JIA* - MedPage Today 28/3/15

**Clinical Review (2005): The psychological impact of alopecia**

*Thank You, Bruce Willis, For Making Bald Beautiful* - Huffington Post 27/3/15

**Research:** **Management of miscarriage: expectant, medical, or surgical? Results of randomised controlled trial (miscarriage treatment (MIST) trial)**
The Cost of a Miscarriage - Slate 26/3/15

Research: Contralateral mastectomy and survival after breast cancer in carriers of BRCA1 and BRCA2 mutations: retrospective analysis
Double mastectomy may up survival rate in BRCA breast cancer - Delhi Daily News 27/3/15

Sitting at your desk too long ‘as harmful as smoking’ - The Gulf Today 27/3/15

Patients And Physicians On Using Technology And Sharing Information - Media Post 27/3/15

Could wearable tech be as harmful as cigarettes? - Bangkok Post (Thailand) 25/3/15 (link unavailable)

Ed NHS promise on profit savaged - The Sun 28/3/15 (no link available)

Critics slam worrying number of fast food outlets in hospitals - Bristol Post 27/3/15

JOURNALS

Veterinary Record

Research: Cutaneous and renal glomerular vasculopathy as a cause of acute kidney injury in dogs in the UK
Alabama rot believed to have caused 30 deaths - BBC News Online 23/03/15
Vets’ warning as killer disease strikes 52 dogs - Daily Mail 24/03/15
Incurable US killer dog disease spreads across UK- signs to look out for - Express 24/03/15


Journal of Epidemiology & Community Health

Research: Childhood conscientiousness predicts the social gradient of smoking in adulthood: a life course analysis
Childhood personality linked to smoking habits - Times of Malta 25/03/15
Conscientious kids less likely to smoke in later life - New Kerala 24/03/15
Conscientious kids less likely to smoke as adults - OnMedica 24/03/15

This story was also covered by: Healio, Medical Daily, Medical Xpress, Business Standard, The Hans India and Yahoo News UK.
Research: **Pulmonary function as a risk factor for dementia death: an individual participant meta-analysis of six UK general population cohort studies**

*Occupational health research round-up April 2015* Personnel Today 27/03/15

Research: **Are fluoride levels in drinking water associated with hypothyroidism prevalence in England? A large observational study of GP practice data and fluoride levels in drinking water**

Continued media coverage:

- [Dangers of drinking fluoride](Express) Express 27/03/15
- [Reader poll: fluoride linked to hypothyroidism](Medscape) Medscape 24/03/15

**British Journal of Sports Medicine**

Research: **Is there evidence that walking groups have health benefits? A systematic review and meta-analysis**

Continued media coverage:

- [Don’t just talk the talk, Walk, with a group](USA Today) USA Today 29/03/15
- [Spring is here: walk outdoors to boost health](Newsday) Newsday 27/03/15

- [An imperfect dividing line](The New Yorker) The New Yorker 27/03/15
- [Wellness wake up call](The Daily Advertiser) The Daily Advertiser 23/03/15
- [Your warm up stretches may not be good enough to boost performance](The Star Online (Malaysia)) The Star Online (Malaysia) 23/03/15

**Gut**

Research: **Bacteria penetrate the normally impenetrable inner colon mucus layer in both murine colitis models and patients with ulcerative colitis**

- [Fiber famished gut microbes linked to poor health](Scientific American) Scientific American 23/03/15

**BMJ Quality & Safety**

- [From paper to cloud](The Times) The Times 23/3/15 (link unavailable)
- [Software for services](The Times) The Times 23/03/15 (link unavailable)
Heart & JECH
Research: Red wine, chocolate and vascular health: developing the evidence base
Editorial: World trade law and a framework convention on alcohol control

Call time on soft approach to Big Alcohol - The Conversation 24/3/15

Heart
Should all adults take a daily aspirin? Wall Street Journal 23/03/15

BMJ Open
‘False witnesses’ publish deeply flawed study on abortion mortality in Mexico - RH
Reality Check (Reproductive and Sexual Health and Justice) 25/03/15

Research: The role of gendered constructions of eating disorders in delayed help-seeking in men: a qualitative interview study

Perceptions harm anorexic men - PsychCentral 23/03/15

Drug & Therapeutics Bulletin
Inside Health BBC R4 - 25/03/15 (3.30pm)

Archives of Disease in Childhood
Research: Napping, development and health from 0 to 5 years: a systematic review

Dr Dillner’s dilemmas: Should I restrict my child’s naps? - The Guardian 22/03/15

Annals of the Rheumatic Diseases
Can cracking your knuckles cause arthritis? - Daily Mail 25/03/15
OA patients don’t face higher heart disease risk - MedPage Today 24/03/15
Mycophenolate Mofetil offers no advantage in lupus nephritis - Renal & Urology News 26/03/15