**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (2 - 8 Mar) highlights include:

**The BMJ**

**Analysis:** Estimating overdiagnosis in screening for abdominal aortic aneurysm: could a change in smoking habits and lowered aortic diameter tip the balance of screening towards harm?

*When screening tests turn healthy people into patients* - Medical News Today 4/3/15

*Screening For Abdominal Aortic Aneurysms May Have Benefits and Harms* - MedicalResearch.com 5/3/15

Also covered by McKnights and Medical Xpress.

**Research:** People’s willingness to accept overdetection in cancer screening: population survey

*Low public awareness of concept of ‘overdiagnosis’* - Cancer Research UK 4/3/15

**Analysis:** Overdiagnosis in mammography screening: a 45 year journey from shadowy idea to acknowledged reality

*Overdiagnosis Of Breast Cancer And Its Risks* - Health Aim 5/3/15

**Research:** Investigating the relationship between quality of primary care and premature mortality in England: a spatial whole-population study

*GPs' £1bn bonus scheme fails to cut death rates* - The Times & The Times Ireland 6/3/15

*QOF does not save lives, researchers claim* – GP online 4/3/15

Also covered by Pulse and OnMedica.

**Head to Head:** Is a smoking ban in UK parks and outdoor spaces a good idea?

Continued media coverage;

*So when is smoking going to be banned in all public places?* - Evening Standard 2/3/15

*Outdoor smoking ban* - Optometry Today 2/3/15

*Smoking, Ice-Cream and Logical Progressions: Why We Shouldn’t Ban Smoking in Outdoor Public Places* - Practical Ethics 5/3/15
Tamiflu

Fiona Godlee was featured in a documentary on Tamflu by ABC 3/5/15

Statins

A short comment by The Sunday Express agrees with the BMJ’s call for the release of all trial data - Give the statins facts (no link available) 8/3/15

Clinical Review: Assessment and management of behavioral and psychological symptoms of dementia

For Dementia Patients, Behavioral Therapy May Outweigh Antipsychotic Drugs - NPR 5/3/15
Experts “Say No” to Behavior-Calming Drugs for Alzheimer's patients - DDD Mag 3/3/15


Feature: Whistleblowing in India: what protections can doctors who raise concerns expect?

Continued media coverage:
Having Loved And Lost, One Man Takes On Medical Malpractice In India - NPR 7/3/15
Unnecessary surgeries, jacked up bills: Docs reveal all - Deccan Herald 6/3/15

Research: All cause mortality and the case for age specific alcohol consumption guidelines: pooled analyses of up to 10 population based cohorts

Continued media coverage:
A drink a day may not be good for everyone - Reuters 5/3/15

Also covered by Business Insider, Free Malaysia Today, Youth Health Magazine, NewsMax, amNY, KDAL, WKZO

Research: Nutritional content of supermarket ready meals and recipes by television chefs in the United Kingdom: cross sectional study

Continued media coverage:
Why watching Mary Berry could make you a stone heavier - The Daily Telegraph 6/3/15
Nigella and Mary Berry could be to blame for your muffin top - Irish Examiner 6/3/15
Here’s Why Watching Celebrity Cooking Shows Could Be Making You Fat - The Inquisitr 8/3/15

Research (Jan 2000): “I don't like Mondays”—day of the week of coronary heart disease deaths in Scotland: study of routinely collected data

Heart attack risk: Don't get angry on a Monday morning - The Age 2/3/15
Heart attack risk: Don't get angry on a Monday morning - Brisbane Times 2/3/15
**Editorial:** Wakefield’s article linking MMR vaccine and autism was fraudulent

Continued media coverage:
*Minister gives credit to TDH for reaching health targets* - Gisborne Herald 2/3/15

**Editorial:** The unknown risks of youth rugby

Continued media coverage:
*Rude Health: The Write stuff* - Independent 2/3/15

**News:** An exceptional man

*How Stephen Hawking, diagnosed with ALS decades ago, is still alive* - Washington Post 3/2/15 (in print)

**Analysis:** How should we define health?

*Healthy in a Falling Apart Sort of Way* - New York Times 2/3/15

**Research:** Relation between income inequality and mortality in Canada and in the United States: cross sectional assessment using census data and vital statistics

*Death by one-percenter* - National Post 3/3/15

**Research:** Differential risk of death in older residents in nursing homes prescribed specific antipsychotic drugs: population based cohort study

*Antipsychotics shouldn't be a default drug for dementia* - Globe & Mail 2/3/15

**Research:** Massachusetts health reform and disparities in joint replacement use: difference in differences study

*Report: RomneyCare spurred increase in hip, knee replacements* - Boston Business Journal 2/3/15

**Editorial:** Missing women—revisited

*Sustainable development goals must fulfil Beijing’s vision for women* - The Guardian 4/3/15

**Research:** Anatomy of health effects of Mediterranean diet: Greek EPIC prospective cohort study

*My Milk Manifesto* - Huffington Post 3/2/15
Research: Antidepressant use and risk of suicide and attempted suicide or self harm in people aged 20 to 64: cohort study using a primary care database

Continued media coverage:
The number of old people in the UK killing themselves has fallen. Why? - BBC Magazine 4/3/15

Medical Practice: Personal View
A travel guide to touch - New Scientist 2/3/15

Perspective: Autopathography: the patient's tale
How the digital age has changed our approach to death and grief - The Conversation 2/3/15

Feature: Out of joint: The story of the ASR
Class action starts against hip implants - Australian Doctor 3/3/15

Personal View: “This may hurt”: predictions in procedural disclosure may do harm
Mark my words, you won’t feel a thing - Australian Doctor 3/3/15

Clinical Review: ABC of palliative care: Anorexia, cachexia, and nutrition
Cachexia: the hidden illness driving loved ones apart - The Conversation 3/5/15
Cachexia: the hidden illness driving loved ones apart - The New Zeland Herald 4/5/15

Medical Classic: La Bohème and tuberculosis
Tuberculosis resistant cows engineering in China - Popular Science 5/3/15

Observation: Increased heart attacks in men using testosterone: the UK importantly lags far behind the US in prescribing testosterone
FDA Reconsiders, Orders Heart Attack Warning for Testosterone - Drug Watch 5/3/15

Investigation: Sugar: spinning a web of influence
Continued media coverage:
New WHO guideline clamps down on intake of free sugars - Medical News Today 5/3/15
Research: Beauty sleep: experimental study on the perceived health and attractiveness of sleep deprived people

How to tell if you’re exhausted, not just tired - The New Daily 8/3/15

Education & Debate: Women's health: women's health is a global issue

The 9 Biggest Health Issues Facing Women Today - Bustle 6/3/15

Journals

Heart

Research: Coffee consumption and coronary artery calcium in young and middle-aged asymptomatic adults

Drinking coffee linked to lower risk of clogging in the arteries - The Guardian 3/2/15
Moderate Amounts of Coffee May Help Keep Arteries Clear, Study Says - TIME - 3/2/15
Coffee may ward off heart problems but more studies are needed, say South Korean researchers - ABC News 3/3/15


Research: Stress resilience and physical fitness in adolescence and risk of coronary heart disease in middle age

Dealing badly with stress 'increases risk of heart disease later in life' - and even exercise can't undo the damage it causes - Daily Mail 5/3/15
Heart disease linked to teenage stress - The Australian 5/3/15
Exercise is not enough to protect heart against stress - CBS 5/3/15

Around 70 news articles listed on Google news including the Daily Telegraph, Daily News & Analysis, Yahoo News, ANINEWS, Shropshire Star, Medical News Today, Medical Daily, 6minutes, Times of Malta, Express & Star, Courier Mail, Rochdale Online, Norwich Guardian and New Kerala.
Annals of the Rheumatic Diseases

**Research:** Paracetamol: not as safe as we thought? A systematic literature review of observational studies

Paracetamol linked to high death rate - The Times & The Times Ireland 3/2/15
GP warning as paracetamol linked to 68% higher heart attack risk - GP Online 3/2/15
World's most popular painkiller poses risk with long-term use: study - CTV News 4/3/15


**Research:** Gout and the risk of Alzheimer's disease: a population-based, BMI-matched cohort study

Gout sufferers 'less likely to get dementia' - The Times & The Times Ireland 5/3/15
Gout could help prevent Alzheimer's, research shows - The Independent 4/3/15


Archives of Childhood Diseases

**Research:** Napping, development and health from 0 to 5 years: a systematic review

Continued media coverage:
When it comes to a child’s naptime, how much is too much? - The Global & Mail 5/3/15

**Research:** Survival in infants live born at less than 24 weeks’ gestation: the hidden morbidity of non-survivors

The miracle baby 'tricked' into life - Daily Mail, Scottish Mail on Sunday & Irish Mail on Sunday 8/3/15
**RMD Open**

Extended report: Fatigue in rheumatoid arthritis; a persistent problem: a large longitudinal study


**BMJ Open**

Research: A survey-based cross-sectional study of doctors’ expectations and experiences of non-technical skills for Out of Hours work

Getting lost in hospitals costs the NHS and patients - Guardian 5/3/15

Research: Sleep and use of electronic devices in adolescence: results from a large population-based study


Research: Associations between source of information about sex and sexual health outcomes in Britain: findings from the third National Survey of Sexual Attitudes and Lifestyles (Natsal-3)

Kids really do want to have 'the talk' with parents - Popular Science 5/3/15

In UK, More Teens Learning About Sex from School - PsychCentral 8/3/15

Also covered by Medical Daily, Medical Xpress and Health Canal.

**Open Heart**

Research: Daylight savings time and myocardial infarction

Prepare for heart risk from 'spring forward' - USA Today 5/3/15

Also covered by Detroit Free Press, Lansing State Journal and Patch.com

Research: Evidence from randomised controlled trials did not support the introduction of dietary fat guidelines in 1977 and 1983: a systematic review and meta-analysis

Continued media coverage:

Why Full-Fat Dairy May Be Healthier Than Low-Fat - TIME 5/3/15

Obesity – it weighs down the economy as well as your health - BizNews 6/3/15

Erratic dietary advice hard to stomach - Dominion Post 2/3/15 (link unavailable)
British Journal of Sports Medicine

Review: A systematic review of the effects of upper body warm-up on performance and injury

For Upper-Body Warm-Ups, Stretch Multiple Muscles At Once - Medical Daily 8/3/15

Tobacco Control

Research: The revision of the 2014 European tobacco products directive: an analysis of the tobacco industry’s attempts to ‘break the health silo’

Continued media coverage: Tobacco companies unduly influenced EU - Telegraph & Argus 3/3/15 (wrongly attributed to BMJ)