BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (9-15 Feb) highlights include:

The BMJ

Investigation: Sugar: spinning a web of influence

Row over sugar firms’ links to scientists - BBC 12/02/15
Public scientists urged to quit over food and drink group links - Financial Times 12/02/15
Sweet firms’ links to nutrition studies probed - Scotsman 12/02/15
BBC Today Programme - 12/02/15 (from 13:05 mins)


Also broadcast by BBC 1 Breakfast, World Business Report on BBC 1 London, The World Tonight on BBC Radio 4 and BBC News at Five O’Clock.

Research: All cause mortality and the case for age specific alcohol consumption guidelines: pooled analyses of up to 10 population based cohorts

Editorial: Alcohol’s evaporating health benefits

That Glass of Merlot May Not Actually Be Good for Your Health - Bloomberg 11/02/15
Alcohol ‘has no health benefits’ and previous research flawed, study finds - The Australian 11/2/15
Alcohol Consumption May Not Reduce All-Cause Mortality - MedScape 12/02/15


**Research:** Outcome after resuscitation beyond 30 minutes in drowned children with cardiac arrest and hypothermia
**Editorial:** Resuscitating drowned children

Study Questions Value of Long Resuscitation in Drowned Kids - MedPage Today 11/02/15
40 people die every hour from drowning – and children are most at risk - The Journal 11/02/15
Jonge drenkeling niet te lang reanimeren - RTV Noord 11/02/15

Also covered by Medical Facts, NOS, Trouw, NU.nl, Telegraaff, Metronieuws, Blik op Nieuws, Leeuwarder Courant, Medisch Contact, Oog TV, Medical News Today, Medical Xpress, Science Codex, Medical Research, Philly.com, OnMedica, The Journal and Health Day.

**Research:** Milk intake and risk of mortality and fractures in women and men: cohort study

Le lait est-il bon pour la santé? - Le Monde 12/02/15
Milk does a body good? A look at the science - Bangkok Post 11/02/15 (link unavailable)
Editorial: Wakefield’s article linking MMR vaccine and autism was fraudulent

The history of measles: A scourge for centuries - LA Times 7/02/15

Research: Alternate Healthy Eating Index 2010 and risk of chronic obstructive pulmonary disease among US women and men: prospective study

Healthy diet lowers risk of lung disease - Food Navigator 9/02/15
Healthy diet linked to lower risk of chronic lung disease - South China Morning Post 9/02/15
Quit Smoking, Eat Right for Healthy Lungs - Hindustan Times 8/02/15
(link unavailable)

Research: The effectiveness and cost effectiveness of dark chocolate consumption as prevention therapy in people at high risk of cardiovascular disease: best case scenario analysis using a Markov model

Canadian chocolatier with a sweetness for ‘heirloom’ cocoa beans - The Financial Times 13/02/15

Campaign: Statins - a call for transparent data

Statins expert calls for safety checks over the drug - Sunday Express 15/02/15

Also covered by Scottish Sunday Express, Daily Mirror and Irish Daily Mirror.

JOURNALS

Open Heart

Research: Evidence from randomised controlled trials did not support the introduction of dietary fat guidelines in 1977 and 1983: a systematic review and meta-analysis
Editorial: The evidence base for fat guidelines: a balanced diet
Fat guidelines lacked any solid scientific evidence, study concludes - The Guardian 10/02/15
Butter, red meat, not so bad for you after all? - CBS News 10/02/15
Official diet advice on fats still stands despite new study - New Scientist 11/02/15


Also broadcast by WNAX, WBCO, Newstalk 106-8, BBC Radio 4 Today, BBC R4 PM, ITV news, BBC News, BBC Breakfast and Lorraine.

Annals of the Rheumatic Diseases

Research: Recent infections are associated with decreased risk of rheumatoid arthritis: a population-based case-control study

Infections could lower rheumatoid arthritis risk - International New York Times 11/02/15 (link unavailable)

Evidence Based Medicine

Research: An evidence based approach to an ancient pursuit: systematic review on converting online contact into a first date
Screen name choice is key to finding love online - BBC News Online 13/02/15
Up your online dating game with evidence based strategies - Scientific American 14/02/15
3 science backed tips for better online dating - New York Magazine 13/02/15


**Journal of Medical Ethics**

Research: Legal physician-assisted dying in Oregon and the Netherlands: evidence concerning the impact on patients in “vulnerable” groups

Why people with disabilities back death with dignity - Shanghai Daily 11/02/15

**BMJ Open**

Research: Sleep and use of electronic devices in adolescence: results from a large population-based study

Laptops and phones causing teens to lose sleep - Times of Oman 15/02/15

Research: The impact of complaints procedures on the welfare, health and clinical practise of 7926 doctors in the UK

Five year review of FTP due - Irish Medical Times 13/02/15

Research: Understanding the role of physician attire on patient perceptions
Patients prefer formal physician attire - Doctors Lounge 13/02/15

**Research:** Over-reassurance and undersupport after a ‘false alarm’: a systematic review of the impact on subsequent cancer symptom attribution and help seeking

Cancer alarms put patients off checking out future symptoms - OnMedica 12/02/15

Also featured in Science World Report.

**British Journal of Sports Medicine**

7 reasons fishing is good for you - BT.com 11/02/15

Children are not miniature adults - nwi.com 09/2/15

**Occupational & Environmental Medicine**

Ready steady cook! - Daily Mail 10/02/15 (link unavailable)

**Tobacco Control**

**Commentary:** Use and abuse of statistics in tobacco industry-funded research on standardised packaging

Row over Marlboro-funded research that undermined plain cigarette packs - The Guardian 14/02/15