BMJ in the News is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (4-10 Apr) highlights include:

The BMJ

Personal View: Food should be labelled with the equivalent exercise to expend its calories

Food should be labelled with the exercise required to burn off its calories - The Today Programme 07/04/2016
Should food labels include exercise 'equivalents'? - CNN 07/04/2016
Food packets 'should list exercise needed to burn calories' - Scotsman 06/04/2016

Also broadcast by news on BBC's Book of the Week, BBC News at One (TV), BBC News (TV)

Analysis: Effect of policy, economics, and the changing alcohol marketplace on alcohol related deaths in England and Wales

Deaths caused by alcohol set to 'rise relentlessly' due to tax cuts making spirits and cider cheaper - the Daily Mail 07/04/2016
Alcohol related deaths likely to rise, warn experts - OnMedica 7/04/2016
Alcohol-Related Deaths May Increase In The UK Due To Economic Changes, Cuts In Alcohol Taxation - Medical Daily 07/04/2016

Research: Defibrillation time intervals and outcomes of cardiac arrest in hospital: retrospective cohort study from Get With The Guidelines-Resuscitation registry
Research: Early administration of epinephrine (adrenaline) in patients with cardiac arrest with initial shockable rhythm in hospital: propensity score matched analysis

Advice to delay second shock not linked with improved survival - Nursing Times 08/04/2016
Revised Cardiac Arrest Guidelines To Delay Second Shock Doesn't Save Lives - Headlines & Global News 07/04/2016
Cardiac arrest: new studies question clinical practice - Medical News Today 07/04/2016

Also covered by Doctors Lounge, UPI, philly.com, HealthDay
Amid public feuds, a venerated medical journal finds itself under attack - STAT 05/04/2016
Co-published by ProPublica and The Boston Globe

The 'chemsex' trend and its consequences - BBC News TV 07/04/2016


The sugar conspiracy - the Guardian 07/04/2016


Antidepressant class not linked to increased cardiovascular risk - the Pharmaceutical Journal 04/04/2016

Depressed People May Want to Take Heart - dailyRx News 04/04/2016

Seven ways you could be risking your eyesight – and what to do about it - the Daily Mirror 04/04/2016

Curb your antibiotics use, warn experts - Irish Independent 05/04/2016

Sin taxes are an insult to the intelligence of adults - The Australian 05/04/2016

Are you a cyberchronidac? - Irish Independent 06/04/2016

Google launches 'health card' in India to provide credible information on diseases - International Business Times, India Edition 06/04/2016

How sunbathing can LOWER your levels of vitamin D - Daily Mail 06/04/2016

We’re leaving in our droves - if Hunt keeps trying to impose his contract, there won't be any junior doctors left - the Independent 06/04/2016

Challenging the American consensus on e-cigarettes - Medical Xpress 06/04/2016

Vaginal seeding: Could this birthing trend protect your baby from disease? - the Daily Telegraph 08/04/2016

7 ways to protect your peepers - Daily Mirror 05/04/2016 (mentions a study on use of peppermint in treatment of IBS)
Also covered by Daily Mirror Northern Ireland, Irish Daily Mirror
JOURNALS

Open Heart

Arrhythmias and sudden death: Long term risk of atrial fibrillation after the death of a partner

Be still my beating heart: atrial fibrillation connected to death of partner  
Sydney Morning Herald 07/04/16
This is how loss of partner affects your heartbeat  
Times of India 02/04/16
Death of loved one may actually break your heart  
CBS News 06/04/16

Also covered by:

UK

International

Other

Archives of Disease in Childhood

Editorial: Is asthma overdiagnosed?

Asthma 'over-diagnosed and trivialised'  
BBC News 06/04/16
Asthma inhalers given out almost as a 'fashion accessory', experts warn  
The Guardian 05/04/16
50% of 'asthmatics' don't really have the disease, say experts  
Times of India


BMJ Open

Research: **Prenatal exposure to cannabis and maternal and child health outcomes: a systematic review and meta-analysis**

Pot use during pregnancy tied to low birthweight babies  Philly.com 06/04/16
New study shows what happens to babies if mother smoke marijuana during pregnancy  Business Insider 08/04/16
Pot during pregnancy linked to poor fetal outcomes  MedPage Today 06/04/16

Also covered by: OnMedica, Medical Daily, Reuters, HealthDay, Medical Research.com, Zimbabwe Mail, Daily Mail, Australia Network News, WebMD, Examiner.com, MD Magazine

5 surprisingly ultra processed foods blocking your weight loss goals  US News & World Report 08/04/16

Public don’t understand overdiagnosis  Cancer Research UK 07/04/16

Pig organs could solve donor shortage  Independent i +The Independent 07/04/16 (print only)

Polypharmacy common in older people with ID  Irish Health 06/04/16

BMJ Global Health

Analysis: **Global Surgery 2030: a roadmap for high income country actors**

Billions without access to safe reliable surgery  STAT  07/04/16
Make access to surgery a global priority for health, report says  American Council on Science & Health 07/04/16
Ditch colonial thinking to boost access to surgery for world’s poor, rich nations told  Science Codex 07/04/16

Also covered by: Science Daily, Medical Xpress, Devex, Medical Research.com, Medical News Today

India steps up fight against cigarette firms over prominence of health warnings on packs  South China Morning Post 05/04/16

**BMJ Open Diabetes Research & Care**

*It's good to eat walnuts, but is it true that they prevent heart disease?*  EconoSimes 08/04/16

**BMJ Open Respiratory Research**

*Underweight or Obese Women Who Drink and Smoke May Have Higher Asthma Risk*  HealthDay 09/04/16

*Also in:* Science Daily, Deccan Chronicle, The Economic Times, NDTV

**BMJ Quality & Safety**

*When Patients Are a Pain for Their Doctors* - Wall Street Journal 04/03/16

**British Journal of Ophthalmology**

*An ‘eye-opening’ stem-cell technique*  Hindu Business Line, 05/04/16 (print only)

**British Journal of Sports Medicine**

*Experts say there’s little evidence meldonium enhances performance*  The Jordan Times 09/04/16

*Experts say there’s little evidence meldonium enhances performance*  USA Today 08/04/16

*7 unexpected reasons to exercise*  Bustle.com 07/04/16

*Group walking is a boon for the body and mind*  Chicago Tribune 06/04/16 (print only)

*Soccer is one smoking gun away from a real doping scandal*  Goal.com 05/04/16

**Drug and Therapeutics Bulletin**

*Andrew Herxheimer (obit)*  The Times + Scotland + Ireland (print only) 07/04/16

**Gut**

*GUT FEELING ABOUT A NEW DIET*  The Independent 05/04/16 (link unavailable)

**Injury Prevention**

*Gun safety information online is lacking*  Reuters UK 07/04/16

*Also in:* Fox News, Yahoo News, Reddit.com, World News USA, Breaking News Point

**Journal of Epidemiology & Community Health**
5 Ways Fresh Fruit and Veggies May Replace Medications   Care2.com

**Journal of Medical Ethics**

Portrait of Down syndrome revealed in study   Chicago Tribune   06/04/16

**How doctors want to harvest euthanasia patients’ organs before they die**   Daily Mail   08/04/16

**Brisbane maths teacher blows the whistle on detention centre ‘misinformation’**   Brisbane Times   09/04/16