**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (21 - 27 Sept) highlights include:

**The BMJ**

**Feature:** The scientific report guiding the US dietary guidelines: is it scientific?

- How strong is the science behind the U.S. Dietary Guidelines? - CNN 24/09/2015


**Research:** Characteristics of efficacy evidence supporting approval of supplemental indications for prescription drugs in United States, 2005-14: systematic review

**Research:** Trends in utilization of FDA expedited drug development and approval programs, 1987-2014: cohort study

- 2 new studies show the FDA is rushing more drugs to market based on shoddy evidence - Vox 24/09/2015
- BMJ points up 'wide variations' in quality of data for new FDA indications - FiercePharma 24/09/2015
Also covered by News Medical and The Regulatory Affairs Professionals Society.

**Research:** Defining safe criteria to diagnose miscarriage

- Doctors told to delay diagnosis of miscarriage to save babies - The Guardian 24/09/2015
- Doctors diagnosing miscarriage 'too early' - The Daily Telegraph & The Daily Telegraph Scotland 24/09/2015
Also covered by the Daily Mirror, BT.com, Medscape, Medical Xpress, News-Medical.net, Nursing Times, AOL UK, Belfast Telegraph, Quartz and NHS Choices.

**Analysis:** Stillbirth should be given greater priority on the global health agenda
52 Million Stillbirths Expected in Next 20 Years - Newsweek 24/09/2015
Also covered by Yahoo News UK and Medical Xpress

Ongoing coverage:
Popular antidepressant neither safe nor effective for teens - Zee News 20/09/2015
Antidepressants and teens: do we have the complete picture? - ABC 24/09/2015
Antidepressant For Adolescents Was Misrepresented As Safe - Asian Scientist Magazine 25/09/2015

New NHS junior doctor contract would discriminate against women, senior medics warn - the Independent 25/09/2015

Saturated fats no longer the true enemy, experts say - The Globe and Mail 24/09/2015

Fragmented care and perverse incentives behind sharp rise in knee arthroscopies - OnMedica 24/09/2015

Medical Council blamed for corrupt healthcare system - Deccan Herald 22/09/15

Thousands of children are being medicated for ADHD – when the condition may not even exist - the Independent 21/09/2015

Breast milk isn't the latest 'superfood', says Dr Miriam Stoppard - the Daily Mirror & Irish Daily Mail 22/09/2015

Curbs were tightened yet emission levels rose - the Guardian 23/09/2015 (in print)

The Pitfalls of Tracking Your Health Data Too Closely - Tech.co 19/09/2015

Also covered by Apex Tribune

World Rugby isn’t doing enough to protect young players from head injuries - the Guardian 21/09/2015

'Sideline MCI, form union of honest doctors to tackle healthcare corruption' - the Times of India 21/09/2015

Pharma, healthcare sector under scanner as CCI decides to investigate unfair practices - DNA India 21/09/2015

'Universal urination duration' wins Nobel prize - The Herald 21/09/2015

Speed bumps used to diagnose appendicitis - Car Keys 21/09/2015

Doctors free to work both publicly and privately - the Irish News 22/09/2015

Licensed to swill: James Bond set to boost vodka sales - Yahoo News 22/09/2015
Also covered by Sky News Australia, Financial Xpress, Medical Xpress

Asbestos-related claims will increase, say experts - Hartlepool Mail 23/09/2015

Antidepressants Top Treatment Choice for Severe PMS: Researchers - Health Day
23/09/2015

JOURNALS

BMJ Case Reports

Case Report: Levamisole-contaminated cocaine: a hairy affair

Cocaine Cut With Horse-Worming Pill Causes Woman’s Skin To Rot - BuzzFeed 24/09/15
Corrupted cocaine sold in Britain making skin rot - the Daily Telegraph 24/09/15
Bad Cocaine is Rotting the Skin of Hardcore Partiers - Gizmodo UK 24/09/15
Also covered by Scottish Daily Record, News Every day, Metro, DAILY Star

Case Report: Chinese green tea and acute hepatitis: a rare yet recurring theme

Green Tea Hidden Dangers: Teen Contracts Acute Hepatitis - Huffington Post 24/09/15
Teenager who drank three cups of green tea a day develops hepatitis - Daily Mail + Irish Daily Mail 24/09/15
Teenage girl develops hepatitis after drinking too much green tea - Daily Telegraph 24/09/15

Over 100 media pick ups according to Google News including coverage from:

UK

US

World

British Journal of Sports Medicine

Ongoing coverage:
Tai Chi a Chinese gentle movement exercise may ease chronic disease - Washington Post 21/09/15
Also covered by Tech Times, Homecare.co.uk, Hindustan Times, Irish Medical Times, 9news.com.au, Statesman Journal, dailyRx, NHS Choices, Medical Research.com, The Weather Space

Running doc: with fall marathon season here, time to talk stretching - New York Daily News 21/09/15

Getting active after a cancer diagnosis may extend life - Reuters UK 23/09/15
My body is like an old sailboat - Huffington Post 24/09/15

Fidgeting may ward off sitting disorders - Chicago Tribune 24/09/15 (print only) +Celebrity Cafe (blog) 24/09/15

US sports protection increasingly important as NFL looks to learn from rugby to reduce concussion issues - Companiesandmarkets.com 25/09/15

BMJ Open

7 unusual triggers of headache you didn't know - TheHealthSite 26/09/15

Never any safe level of alcohol in pregnancy - Irish Medical Times 23/09/15

BMJ Quality & Safety

Most Americans will experience at least one diagnostic error - HealthDay 22/09/15

Injury Prevention

Law buckles toddlers into rear-facing seats - San Francisco Chronicle 23/09/15 (print only)

Journal of Epidemiology & Community Health

Fish out a way to fight depression - New Indian Express 26/09/15

Occupational & Environmental Medicine

Tailored safety training may reduce work related pain - Reuters UK 25/09/15

Long shifts double injury, illness risk for EMS workers - Safety + Health 22/09/15

Protecting healthcare workers: handling hazardous drugs - Pharmacy Times 21/09/15

Annals of the Rheumatic Diseases

Anklyosing spondylitis tied to all cause mortality - Medscape 23/09/15