**BMJ in the News** is a weekly digest of BMJ stories, plus any other news about the company that has appeared in the national and a selection of English-speaking international media.

This week’s (12-18 Oct) highlights include:

**BMJ**

**BMJ to support medical researchers in the Kingdom of Saudi Arabia to develop research skills**
- KnowledgeSpeak 13/10/2015
**BMJ to support KSA’s medical researchers in developing research skills**
- Arab Wide Web 16/10/2015
**BMJ to support KSA’s medical researchers in developing research skills**
- Gulf News 247 11/10/2015

Also covered by Emirates Week, Saudi Gazette, Day of Dubai, Go Dubai, En Maktoob, Biospace, Press Box, AL Press

**The BMJ**

**Research:** *Safety and efficacy of hysteroscopic sterilization compared with laparoscopic sterilization: an observational cohort study*

**Women With Essure Contraceptive Implant Needed More Surgeries, Study Finds**
- New York Times 13/10/2015
**Essure Sterilization Device Causes ‘Serious Safety Concern’: Study**
- NBC News 13/10/2015
**Higher risk of surgery seen with Bayer Essure contraceptive: study**
- Reuters 13/10/2015


**Research:** *Use of the English urgent referral pathway for suspected cancer and mortality in patients with cancer: cohort study*
Thousands of cancer patients dying because GPs fail to refer for tests - The Daily Telegraph 14/10/2015 (also in print)
Thousands of cancer patients die needlessly due to referral delays - The Guardian 14/10/2015 (also in print)
Cancer referral delays 'leading to deaths' - WebMD 14/10/2015

Comment issued by Macmillan Cancer Support.

Editorial: Child health at risk from welfare cuts

Welfare cuts will impact the poorest children, warn experts - Nursing in Practice 14/10/2015
Experts warn that poor kids will be hit hardest by welfare cuts - International Business Times 15/10/2015

Also covered by the Financial, Science Codex, Phys.Org, Health Canal, Medical Xpress,

Doctors ask Cabinet Office to investigate Jeremy Hunt’s patient deaths comments - The Guardian 15/10/15

Jeremy Hunt 'misled Parliament' over NHS death figures claims official complaint by 3,500 doctors – The Mirror 15/10/2015

Modern life is rubbish? Sleep is just the same as ever, say scientists - The Guardian 15/10/15 (also in print)

When size matters, world rugby feels the impact - Reuters 15/10/15

A New Look at an Old Study: How Do We Stop Data Spinning? - MedScape 15/10/2015

What the Government’s Dietary Guidelines May Get Wrong - The New Yorker 14/10/2015

Do Mammograms Kill More Women Than They Save? - Scientific American 13/10/2015

The Helmet-Law Backlash - The Wall Street Journal 13/10/15 (no link available)

Study challenges safety for teens of two depression drugs - Science News for Students 13/10/2015

Seroxat study 'failed' to report effects - Irish Examiner 14/10/2015

Drinking in pregnancy - OnMedica 13/10/2015

Detecting Cancer While It Is Still Small Impacts Survival - Oncology Nurse Advisor 13/10/2015
Tories determined to dismantle the NHS - Wales Online 13/10/2015 (letter)

Calcium intake for adults over 55 - The Sun Herald 13/10/2015

Doctors call on Hunt to make more concessions in pay row - The Guardian 12/10/2015 (also in print)

By the way ... Drug firm gifts for doctors are seedy - Daily Mail & Scottish Daily Mail 13/10/2015 (also in print)

Are Bike Helmet Laws Really Better for Our Health? - The Wall Street Journal 13/10/2015 (also in print)

How These Booze Makers Co-Opted the Pink Ribbon - The Daily Beast 12/10/2015

New Study Says Paxil Unsafe for Teens - The Legal Examiner 12/10/2015

Nutrition Coalition loses board member over medical journal article - Politico 12/10/2015

Why sex won't give you a heart attack - unless you're having an affair - Daily Mail 13/10/2015

Pregnant women 'should avoid alcohol' - World First 12/10/2015

World Arthritis Day - Effective tips for preventing arthritis - The Health Site 12/10/2015

How Glasses Can Help Solve Rural China’s Schooling Problem - Huffington Post 12/10/2015

Why you should not self-diagnose based on online information - Today 14/10/2015

Adolescence ... in climate change adaptation - Fiji Times 15/10/2015

Province funding child activity efforts - The Oshawa Express 13/10/2015

Overselling breast-feeding - International New York Times 18/10/2015

So much for the Olympic legacy! 400,000 fewer are doing sports after London's 2012 Games - Daily Mail 17/10/2015

Ask The Pharmacist: How probiotics improve bone strength - Naples Daily News 18/10/2015
Evidence Based Mental Health

**Perspective: App based psychological interventions: friend or foe?**

Most anti-depression apps don’t work: study  Business Standard 13/10/15
Most NHS depression apps are unproven, warn health experts  Telegraph.co.uk
NHS should remove unproven apps from library  OnMedica 13/10/15


British Journal of Sports Medicine

**Editorial: Alarming weight cutting behaviours in mixed martial arts: a cause for concern and a call for action**

Cage fighting has become even more dangerous thanks to extreme dieting  The Conversation 13/10/15
Mixed martial arts fighters may go to dangerous lengths to shed pounds  HealthDay 13/10/15
Mixed martial arts fighters may go to dangerous lengths to shed pounds  Philly.com 14/10/15

Also covered by: Medical News Today, News-Medical.net, Medical Xpress, Economic Voice, Doctors Lounge

Review: Is higher serum cholesterol associated with altered tendon structure or tendon pain? A systematic review

High cholesterol may cause tendon abnormalities  Business Standard 17/10/15
Study sees link between high cholesterol and tendon troubles  Doctors Lounge 16/10/15
High cholesterol linked to increased tendon pain  16/10/15

Also covered by: New Kerala, Chandigarh Tribune, Daily Pioneer (India), DaijiWorld, Odisha Sun Time, Siasat Daily, Jagran Post, News x, NDTV, Zee News, Medical Research.com, HealthDay, OnMedica, Laboratory Equipment, Science Codex, Medical Xpress, OzarksFirst.com

How Coke paid millions to diet experts  Dominion Post (New Zealand) 10/10/15

The hydration myth: why less is more  The Times + Times Ireland 13/10/15

Benefits of good posture  The Star (Malaysia) 11/10/15 (print only)
Tai Chi may help reduce pain in chronic illness  Youth Health Magazine 12/10/15 + LiveMint (India)

Tai chi builds strength and reduces pain  New Indian Express 17/10/15

Sitting for long periods doesn’t make death more imminent  Washington Post 14/10/15

Negative thinking boost injury risk over the course of a year  Shape Magazine 13/10/15

The only thing you need to pick the best running shoes  Business Insider  16/10/15

Athletes best judges of whether they are overtraining  Reuters UK 16/10/15

How to tackle the high cost of illness cover  Mail on Sunday + Scottish version 18/10/15

Follow on PR

Regular exercise before pregnancy may help stave off pelvic pains  - South African Broadcasting Corporation 15/10/15


Gut

Research:  Clinical significance of snoRA42 as an oncogene and a prognostic biomarker in colorectal cancer

Gene found to be linked to increased recurrence of bowel cancer  OnMedica 16/10/15
Gene may predict recurrence of bowel cancer  Medical News Today 16/10/15
Baylor, Collaborators Pinpoint Potential Prognostic snoRNA Biomarker for Colorectal Cancer  GenomeWeb 16/10/15

Also covered by:  Medical Insider, Newswise, Science Codex, Medical Xpress

Archives of Disease in Childhood

Is it your fault your child’s obese?  Daily Mail 16/10/15 + Yahoo News, Reuters UK

BMJ Case Reports

39-Year-Old Man Breaks His Thigh Bone Doing Yoga  - Softpedia News 12/10/15
Man breaks thigh bone doing yoga  - Daily Times 12/10/15
Man broke his thigh bone doing YOGA pose  - Daily Mail 12/10/15

BMJ Open

The scary advance of mendercide in Nepal  BioEdge  17/10/15
Open peer review better quality than traditional process  Times Higher Education  15/10/15

News in detail  KnowledgeSpeak  13/10/15

**BMJ Open Diabetes Research & Care**

Diabetics find exercising more difficult  Times of India 15/10/15


**BMJ Quality & Safety** (external PR)

Social media posts can reveal individual’s health status through language used: Study  International Business Times Australia  15/10/15

Your Facebook, Twitter posts may hold clues to your health  India.com  14/10/15

Facebook and Twitter posts could indicate if people are going to get ill  The Independent  14/10/15

**Also covered by:** Financial Express, Business Today, iHealthBeat, Latinos Health, Health Canal.com, Inverse

**Heart**

Chocolate can reduce risk of heart disease and strokes, Scots scientists reveal  Scotland Now  14/10/15

**Injury Prevention**

Selfie zones, misting towers, might reduce scenic spot drownings  Reuters US  16/10/15

**Practical Neurology**

Beachcomber  Daily Express + Scottish Daily Express  13/10/15 (print only)

**Sexually Transmitted Infections**

Young mothers more likely to have unprotected sex with fathers of their children  Fox News  13/10/15 + Financial Express, GlobalPost, Channel News Asia, PhillyVoice.com

**Veterinary Record**

Professor John Bleby (obituary)  Daily Telegraph  15/10/15