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Urgent action is needed to restore the integrity of the medical evidence base, say Fiona Godlee and Elizabeth Loder

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788 Apgar score and risk of cerebral palsy
Low scores are strongly associated with
cerebral palsy and its subtypes, says Nigel
Paneth

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#### 789 Variation in caesarean delivery rates

Specific risk groups should be monitored at a local level, say Marian Knight and Elizabeth A Sullivan

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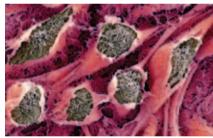
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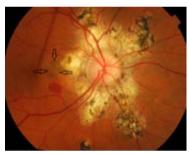
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## PICTURE OF THE WEEK

The R K Khanna Tennis Complex, one of the venues for the 2010 Commonwealth Games, is fumigated at the end of the day to stop the breeding of mosquitoes that have caused an outbreak of dengue fever in New Delhi, India. At least one official has been taken to hospital after contracting the disease, and several athletes have pulled out of the competition.

#### THE WEEK IN NUMBERS

**3 in 10** Proportion of cases of haemophilia in which there is no family history (**Practice**, **p 827**)

**52.8%** Reporting rate for euthanasia in Flanders, Belgium, in 2007 (Research, p 819)

Up to 115% Percentage by which the benefit of reboxetine was overestimated compared with placebo in published data (Research, p 816)

1 in 10 Cases of blindness attributed to uveitis among people of working age in the Western world (Clinical Research, p 821)

#### QUOTE OF THE WEEK

"If left unpruned, quangos would spread like rhododendrons, individually displaying exotic blooms but collectively blighting the scenery"

Nigel Hawkes, freelance journalist, London, on the government spending review

(Observations, p 808)

#### **OUESTION OF THE WEEK**

Last week's poll asked "Should the NHS mental health services fear the private sector?"

62% said yes (total 189 votes cast)

This week's poll asks "Would a tax on high fat or sugar foods help reduce obesity levels?"

**bmj.com** cast your vote

#### **EDITOR'S CHOICE**

## Evidence debased medicine

Around 4600 people had taken part in trials of reboxetine, yet adequate data on outcomes had been published for only 1600 or so of the participants Our current evidence base on the benefits and harms of many treatments contains incomplete and questionable evidence. This week Elizabeth Loder and Fiona Godlee call for the record to be set straight and announce a *BMJ* theme issue in late 2011 for research that analyses uncovered evidence (p 787). The aim is to restore trust in the evidence base, not to point fingers.

This is an early call, but such studies take time because they often depend on freedom of information requests and protracted negotiations with companies. Dirk Eyding, Beate Wieseler, and colleagues from the German Institute for Quality and Efficiency in Health Care (IQWiG) show how it's done.

Their health technology assessment of the antidepressant reboxetine began in the usual way last year with an extensive literature search for primary and secondary studies (p 816). They found a yawning gap: around 4600 people had taken part in trials of reboxetine, yet adequate data on outcomes had been published for only 1600 or so of the participants (p 809). Over the next seven months the institute issued its preliminary conclusion that no benefit of reboxetine could therefore be proved; Pfizer (the drug's manufacturer) stated "we provided IQWiG with sufficient data" but then released most of the missing data; and the full assessment showed that, overall, reboxetine had no benefit. At the start, IQWiG had asked the manufacturer to sign an agreement requiring: (1) submission of a list of all sponsored published and unpublished trials investigating reboxetine: (2) submission of documents (generally the clinical study reports) compliant with the CONSORT criteria for all relevant trials selected by IQWiG; and

(3) permission for publication of all previously unpublished relevant data.

Pfizer's provision of the data was an important, if belated, move. We hope that other drug companies and device manufacturers will see the BMJ's theme issue next year as an opportunity to release and use data constructively and to improve clinical decision making. Some have already asked editors' advice on transparency and, despite or perhaps owing to—the BMI's reputation for being tough on industry, this journal's editors have recently accepted unpaid invitations to talk with companies about publication ethics. Fiona Godlee and I have visited GlaxoSmithKline and AstraZeneca, and several of us have spoken at industry focused conferences run by organisations including the Drug Information Association and the International Society for Medical Publication Professionals. I have participated, too, in the consultations that produced two sets of guidance for industry based authors: the Good Publication Practice guidance (GPP2) (BMI 2009:339:b4330) and the Authors' Submission Toolkit (10.1185/03007995.2010.499344).

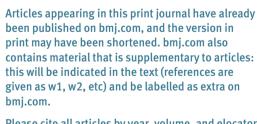
There's ever more that journals can and should do to improve the evidence base, however. And this week Gerd Gigerenzer and colleagues rightly chastise us for failing to enforce transparent reporting of risks in journal abstracts (p 791). They urge institutions to cancel their subscriptions if we don't implement policies in the next two years to frame risks properly. We have been warned.

Trish Groves, deputy editor, BMJ tgroves@bmj.com

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Career Focus, jobs, and courses appear after p 838

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